

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Family					
aunt	***	n C	/ɑːnt/	the sister of your mother or father, or the wife of your uncle	Elinor is Effie's aunt.
couple	***	n C	/ˈkʌp(ə)l/	two people who are married or involved in a romantic relationship with each other	The couple got married four years later.
cousin	**	n C	/ˈkʌz(ə)n/	a child of your uncle or aunt. This person can also be called your first cousin	Charlie shares a flat with his cousin.
daughter	***	n C	/ˈdɔːtə(r)/	your female child	I now have a lovely daughter.
grandfather	**	n C	/ˈgræn(d)ˌfɑːðə(r)/	the father of one of your parents	Who was her grandfather?
grandmother	**	n C	/ˈgræn(d)ˌmʌðə(r)/	the mother of one of your parents	Effie is Jason Joseph's grandmother.
husband	***	n C	/ˈhʌzbənd/	the man that a woman is married to	Judy and her husband Larry live in Atlanta.
mother-in-law		n C	/ˈmʌðə(r) ɪn lɔː/	the mother of your husband or wife	Diane is Mia's mother-in-law.
nephew	*	n C	/ˈnefjuː/	a son of your brother or sister, or a son of your husband's or wife's brother or sister	Jason Joseph is Neil's nephew.
niece	*	n C	/niːs/	a daughter of your brother or sister, or a daughter of your husband's or wife's brother or sister	Tara is my niece.
parent	***	n C	/ˈpeərənt/	a mother or father	Are your parents from this town?
pet	**	n C	/pet/	an animal or bird that you keep in your home and look after	How long have you had your pet?
son	***	n C	/sʌn/	your male child	She now has four sons.
son-in-law		n C	/ˈsʌn ɪn lɔː/	the husband of your daughter	Have you met my son-in-law?
uncle	**	n C	/ˈʌŋk(ə)l/	the brother of one of your parents, or the husband of your aunt	I'm going to visit my uncle soon.
wife	***	n C	/waɪf/	the woman that a man is married to	Oliver lives in north London with his wife and children.
Friendship					
best friend		n C	/ˈbest frend/	the friend that you like best	How often do you and your best friend see each other?
classmate		n C	/ˈklaːsˌmeɪt/	someone in your class at school	I get on well with my classmates.
colleague	**	n C	/ˈkɒliːg/	someone who works in the same organization or department as you	I'm having a drink with a colleague.
get on (well) with (sb)		phr	/ˈget ɒn (weɪ) wɪð/	if people get along, they like each other and are friendly to each other	We didn't get on well at first.
have a lot in common with (sb)		phr	/hæv ə lɒt ɪn kɒmən wɪð/	to have the same interests or opinions as someone else	We have a lot in common.

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keep in touch with (sb)		phr	/ki:p in tʌtʃ wið/	to continue to write or speak to someone although you do not see them often	We keep in touch by phone.
neighbour	***	n C	/'neɪbə(r)/	someone who lives near you	Are they good neighbours?
roommate		n C	/'ru:m,meɪt/	someone who you share a room with, for example at university	My roommate is away for the weekend.
Other words & phrases					
accommodation	**	n U	/ə,kɒmə'deɪʃ(ə)n/	a place for someone to stay, live, or work in	Good pay and free accommodation.
accountant	**	n C	/'kaʊntənt/	someone whose job is to prepare financial records for a company or person	Her father was an accountant.
advert(isement)		n C	/əd'vɜ:(r)t[ɪsmənt]/	a short film on television or short article on radio that is intended to persuade people to buy something	I can find information in newspaper advertisements.
appointment	***	n C	/ə'pɔɪntmənt/	an arrangement to see someone at a particular time, especially for a business meeting or to get a professional service	I have an appointment at 10 o'clock.
attractive	**	adj	/ə'træktɪv/	an attractive person is pleasant to look at, especially in a way that interests you sexually	The British like attractive TV personalities.
background	***	n C	/'bækgraʊnd/	the type of family, social position, or culture that someone comes from	We come from similar backgrounds.
beach	***	n C	/'bi:tʃ/	an area of sand or small stones beside the sea or a lake	He spent the day lying on the beach.
best-selling		adj	/'best'selɪŋ/	a product that many people buy	She has written two best-selling novels.
blonde	*	adj	/'blɒnd/	blonde hair is pale yellow in colour	My daughter has blonde hair.
box	***	n C	/'bɒks/	a container with straight sides, a flat base, and sometimes a lid	Add the books to the box.
bucket	**	n C	/'bʌkɪt/	a round open container with a handle, used for carrying liquid and substances such as sand or soil	She washes the clothes in a bucket.
building	***	n C	/'bɪldɪŋ/	a structure made of a strong material such as stone or wood that has a roof and walls, for example a house	It is the only building in the village with electricity.
busy	***	adj	/'bɪzi/	having a lot of things to do	I'm very busy this week.
career	***	n C	/kə'riə(r)/	a job or series of related jobs that you do, especially a profession that you spend a lot of your working life in	He has planned his career carefully.
celebrity	*	n C	/sə'lebrəti/	a famous person, especially in entertainment or sport	The winner of the poll was the celebrity Cheryl Cole.
charity	***	n C / U	/'tʃærəti/	an organization to which you give money so that it can give money and help to people who are poor or ill, or who need advice and support	They donated all the money to charity.
circus		n C	/'sɜ:(r)kəs/	a group of people, and usually animals, that travels from place to place and entertains people by performing skilful or funny movements and tricks	The Boehmers are a circus family.

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clothes	***	n pl	/kloʊðz/	the things that you wear such as shirts, dresses, trousers etc	She washes the clothes in a bucket.
colleague	**	n C	/'kɒli:g/	someone who works in the same organization or department as you	I have a meeting with a colleague at 5 o'clock.
college	***	n C/U	/'kɒlɪdʒ/	in the UK, a place that gives students qualifications below the level of a university degree, often in the skills they need to do a particular job	We were at college together.
concert	**	n C	/'kɒnsə(r)t/	an event at which an orchestra, band, or musician plays or sings in front of an audience	He likes attending concerts.
contact	***	v	/'kɒntækt/	to write to someone or talk to them on the telephone	Which of the ways shown do you use to contact other people?
corn	**	n U	/kɔ:(r)n/	crops such as wheat and barley	Gemma cooks simple dinners of corn.
couple	***	n C	/'kʌp(ə)l/	two people who are married or involved in a romantic relationship with each other	The couple got married four years later.
district	***	n C	/'dɪstrɪkt/	an area of a town or country	Oliver lives in the fashionable district of Primrose Hill.
doll	*	n C	/dɒl/	a children's toy in the shape of a small person	I bought my daughter a new doll for her birthday.
dress	***	n C	/dres/	a piece of clothing that covers a woman's body and part of her legs	She's wearing a red dress.
electricity	***	n U	/ɪ'lek'trɪsəti/	a form of energy that can produce light, heat, and power for machines, computers, televisions etc	There is no electricity in the home.
email	***	n C	/'i:meɪl/	a system for sending messages from one computer to another	We keep in touch by email.
enquiry	***	n C	/'ɪn'kwɪəri/	a question intended to get information about someone or something	This customer has made an enquiry about our products.
experience	***	n U	/'ɪk'spɪəriəns/	knowledge and skill that is gained through time spent doing a job or activity	Experienced teacher offers private English lessons.
expert	***	n C	/'ekspɜ:(r)t/	someone who has a particular skill or who knows a lot about a particular subject	She's an expert on the subject.
famous	***	adj	/'feɪməs/	if someone or something is famous, a lot of people know their name or have heard about them	Which famous person would you like as your neighbour?
fan	**	n C	/'fæn/	someone who likes watching or listening to something such as a sport, films, or music very much, or who admires a famous or important person very much	She does not, perhaps, want to live close to her fans.
farmhouse	*	n C	/'fɑ:(r)m,haʊs/	the main house on a farm, where the farmer lives	They live in a big farmhouse in the countryside.
fashionable	**	adj	/'fæʃ(ə)nəb(ə)l/	popular at a particular time	Jamie Oliver lives in a fashionable part of London.
find out		v	/'faɪnd aʊt/	to discover a fact or piece of information	Use the questions to find out about your colleagues.

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fit	**	adj	/fɪt/	healthy, strong, and able to do physical exercise without getting very tired	Get fit and make friends at the same time.
flat	***	n C	/flæt/	a set of rooms for living in, usually on one floor of a large building. The usual American word is apartment	We have a beautiful room in our flat.
flowery		adj	/ˈflaʊəri/	full of flowers	She's wearing a dress with a flowery pattern.
gardening		n U	/ˈgɑː(r)d(ə)nɪŋ/	the activity of planning and looking after a garden	My father's hobby is gardening.
guitar	***	n C	/ɡɪˈtɑː(r)/	a musical instrument with six strings, used in a wide variety of musical styles.	The boy with the guitar (Nicholas) was Christine's boyfriend.
health	***	n U	/helθ/	the condition of your body, especially whether or not you are ill	Vera and Farai run a health centre.
hobby	*	n C	/ˈhɒbi/	something that you enjoy doing when you are not working	What are their hobbies?
housework	*	n U	/ˈhaʊs,wɜː(r)k/	the work that you do to keep your house clean and tidy	I have so much housework to do today!
include	***	v	/ɪnˈkluːd/	to contain someone or something as a part	His neighbours include film stars.
judge	***	n C	/dʒʌdʒ/	someone whose job is to make decisions in a court of law	Cheryl Cole, who is a judge on the reality TV show The X Factor.
juggle		v	/ˈdʒʌɡ(ə)l/	to keep objects moving through the air by catching them as they fall and throwing them back into the air	The Boehmer Family can juggle very well.
juggling		n U	/ˈdʒʌɡlɪŋ/	trying to balance several things that you are holding without dropping any of them	They do different kinds of juggling.
laugh	***	v	/lɑːf/	to make the noise with your voice that shows you think something is funny	A true friend makes you laugh.
library	***	n C	/ˈlaɪbrəri/	a place where books, documents, CDs etc are available for you to look at or borrow	Her mother worked in a library.
lovely	***	adj	/ˈlʌvli/	very attractive	You have a lovely garden.
male	***	adj	/meɪl/	belonging to the sex that does not give birth; relating to men	He wants to have a male child.
meat	***	n U	/mi:t/	the flesh of an animal or bird eaten as food	Do you eat meat?
medical	***	adj	/ˈmedɪk(ə)l/	relating to medicine and the treatment of injuries and diseases	They found jobs with a medical charity.
member	***	n C	/ˈmembə(r)/	someone who belongs to a club, organization, or group	I'm a member at the gym.
message	***	n C	/ˈmesɪdʒ/	a piece of written or spoken information that you send to someone, especially when you cannot speak to them directly	This is a message for Mr Smith.
model	***	n C	/ˈmɒd(ə)l/	someone whose job is to show clothes, make-up etc by wearing them at fashion shows or in magazine photographs	The winner of the poll was the celebrity, model and pop singer, Cheryl Cole.
motor home		n	/ˈməʊtə(r) həʊm/	a large road vehicle designed for living in while travelling	They also have a 10-metre-long motor home.
nurse	***	n C	/nɜː(r)s/	someone who is trained to look after ill or injured people, usually in a hospital	She met her husband who was also a nurse.

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obviously	***	adv	/ˈɒbvɪəsli/	in a way that is clear for almost anyone to see or understand	The British public obviously think they know a lot about Cheryl Cole.
opinion	***	n C	/əˈpɪnjən/	the attitude that you have towards something, especially your thoughts about how good it is	A recent opinion poll asked 1,000 people in Britain this question.
perform	***	v	/pə(r)'fɔ:(r)m/	to do something in front of an audience in order to entertain them, for example by acting in a play or singing	They now perform all over America.
pink	**	adj	/pɪŋk/	between red and white in colour	He's wearing a pink shirt.
politician	***	n C	/ˌpɒlə'tɪʃ(ə)n/	someone who has a job in politics, especially a Member of Parliament	There was not a single politician in the top twenty names.
poll	**	n C	/pəʊl/	an occasion when a lot of people are asked what they feel about something, usually by a company paid by a political party, television programme etc	Cheryl Cole was the most popular person in the poll.
pop singer		v C	/pɒp 'sɪŋə(r)/	someone who sings popular music, especially someone who sings well or as a job	The winner of the poll was the celebrity, model and pop singer, Cheryl Cole.
popular	***	adj	/ˈpɒpjʊlə(r)/	a popular activity, place, thing etc is one that many people like	How popular is she?
practise	**	v	/ˈpræktɪs/	to repeat an activity regularly so that you become better at it	What languages can you practise on Thursday evenings?
prefer	***	v	/prɪ'fɜ:(r)/	to like or want someone or something more than someone or something else	Which do you prefer?
press	***	v	/pres/	to push one thing against another	For general enquiries, press 5.
primary school	*	n C	/ˈpraɪməri sku:l/	a school for children between the ages of four or five and eleven	There is a small primary school in the village,
prime minister	***	n C	/praɪm 'mɪnɪstə(r)/	the political leader in countries such as the UK that are governed by a parliament	Who is the prime minister of England?
private	***	adj	/ˈpraɪvət/	used only by a particular person or group, or available only to them	Experienced teacher offers private English lessons.
pub	***	n C	/pʌb/	a place where people go to drink alcohol, especially in the UK and Ireland	Would you like to go to the pub?
public	***	n U	/ˈpʌblɪk/	people in general	The British public obviously think they know a lot about Cheryl Cole.
quiet	***	adj	/ˈkwaɪət/	making very little or no noise	It is a quiet and beautiful residential area.
recent	***	adj	/ˈri:s(ə)nt/	happening or starting a short time ago	A recent opinion poll asked 1,000 people in Britain this question.
recruitment agency		n C	/rɪ'kru:tmənt 'eɪdʒ(ə)nsi/	a business that provides a service finding employment for people	What is the name of the recruitment agency?
repair	**	v	/rɪ'peə(r)/	to fix something that is broken or damaged	Can you repair my computer?

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result	***	n C	/rɪ'zʌlt/	something that is caused directly by something else that has happened previously	He lost his job as a result of the company's problems.
roots	***	n pl	/ru:ts/	the place, culture, or family that someone comes from originally	Both Farai and I wanted to go back to our roots.
secret	***	n C / adj	/'si:kɹət/	a piece of information that is known by only a small number of people, and is deliberately not told to other people	She tries to keep her address a secret.
secretary	***	n C	/'sekɹətɹi/	someone in an office who works for someone else and who does jobs such as arranging meetings, making phone calls, and preparing letters	I spoke to his secretary on the phone.
share	***	v	/ʃeə(r)/	to use or to have something at the same time as someone else	They share photos, audio and video clips.
shirt	***	n C	/ʃɜ:(r)t/	a piece of men's clothing that covers the top part of the body. It usually has long sleeves and buttons down the front	He's wearing a white shirt.
show	***	n C	/ʃəʊ/	a performance, especially in a theatre	All the children take part in the show.
similar	***	adj	/'sɪmlə(r)/	things that are similar share some qualities but are not exactly the same	We come from similar backgrounds.
simple	***	adj	/'sɪmp(ə)l/	easy to understand, solve, or do	Gemma cooks simple dinners.
soap opera		n C	/səʊp 'ɒp(ə)rə/	a television or radio series about the imaginary lives of a group of people	My grandmother watches all the soap operas.
staff	***	n U	/stɑ:f/	the people who work for a particular company, organization, or institution: can be followed by a singular or plural verb	We are looking for staff for shops, restaurants and offices in this area.
surprise	***	n C/U	/sə(r)'praɪz/	an unusual or unexpected event	What a surprise!
temporary	***	adj	/'temp(ə)rəri/	existing, done, or used for only a limited period of time	We are looking for temporary staff.
terrible	***	adj	/'terəb(ə)l/	causing or involving serious harm or damage	That's terrible news!
theme park		n C	/'θi:m pɑ:(r)k/	a large park where people pay to play games and have fun and where all the entertainment is designed according to one theme	The first show was at a theme park.
together	***	adv	/tə'geðə(r)/	used for saying that people are with each other or are doing something with each other	We were at college together.
tone	***	n C	/təʊn/	a sound made by a piece of equipment as a signal or warning	Speak after the tone.
traditional	***	adj	/trə'dɪʃ(ə)nəl/	relating to or based on very old customs, beliefs, or stories	We had lunch at a traditional English pub.
typical	***	adj	/'tɪpɪk(ə)l/	like most people or things of the same type	Listen to a description of a typical English family.
university	***	n C/U	/'ju:nɪ'vɜ:(r)səti/	an educational institution where students study for degrees and where academic research is done	She studied at Leeds University.
urgently		adv	/'ɜ:(r)dʒ(ə)ntli/	urgent things are things that you need to deal with immediately	We are urgently looking for staff.
user	***	n C	/'ju:zə(r)/	someone who uses something such as a service or a piece of equipment	Facebook has over twenty-five million users.

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vegetable	***	n C	/ˈvedʒtəb(ə)l/	a part of a plant used as food, for example a potato, bean, or cabbage	Gemma cooks simple dinners of corn and vegetables.
village	***	n C	/ˈvɪlɪdʒ/	a very small town in the countryside	Gemma was born in a quiet village in the south of England.
voicemail		n U	/ˈvɔɪsmel/	an electronic system that records and stores spoken messages from people	You have reached the voicemail of Katie Jones.
vote	***	n C/v	/vəʊt/	to formally express an opinion by choosing between two or more issues, people etc	How many people voted for Cheryl Cole?
website	**	n C	/ˈwebˌsaɪt/	a place on the Internet where information is available about a particular subject, organization etc	Facebook is one of the most popular websites.
wedding	***	n C	/ˈwedɪŋ/	a ceremony in which two people get married	When was her wedding?
winner	***	n C	/ˈwɪnə(r)/	someone who wins a race, competition, or prize	The winner of the poll was Cheryl Cole.
wonder	***	v	/ˈwʌndə(r)/	to think about something because you want to know more facts or details about it	I wonder if they have arrived yet.

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Adjectives with prepositions					
afraid of	***	adj	/ə'freɪd əv/	frightened of, for example because you feel you are in danger	I was afraid of the older children.
bored with	**	adj	/'bɔ:(r)d wɪð/	feeling impatient or dissatisfied, because you are not interested in something or because you have nothing to do	I was bored with my school.
fond of	**	adj	/'fɒnd əv/	liking and caring about someone very much, especially as a result of knowing them well or for a long time	I was fond of my science teacher.
good at	***	adj	/'gʊd ət/	able to do something well	I was good at mathematics.
interested in	***	adj	/'ɪntrəstɪd ɪn/	wanting to know about or take part in something	I was interested in science and technology.
keen on	**	adj	/'ki:n ɒn/	liking someone, or thinking that they are attractive	I was keen on sports and swimming.
terrible at	**	adj	/'terəb(ə)l ət/	very bad in quality or ability	I was terrible at arriving on time.
worried about	*	adj	/'wʌrɪd əbaʊt/	unhappy because you are thinking about your problems or about bad things that could happen	I was worried about my grades.
Education					
break	***	n C	/breɪk/	a period of time between lessons when students and teachers can eat, rest, or play.	English children must sometimes stay in class at break.
cafeteria		n C	/,kæfə'tɪəriə/	an informal restaurant in a place such as a college or hospital where you take the food to the table yourself	The school has its own cafeteria and an exciting social programme.
certificate	**	n C	/sə(r)'tɪfɪkət/	an official document stating that you have passed an examination, successfully completed a course, or achieved the necessary qualifications to work in a particular profession	Susan got a certificate when she passed the test.
compulsory	**	adj	/kəm'pʌlsəri/	something that is compulsory must be done because of a rule or law	Compulsory subjects are maths, Irish and English.
computer	***	n C	/kəm'pjʊ:tə(r)/	a machine that stores programs and information in electronic form and can be used for a variety of processes, for example writing, calculating, and communicating on the Internet	James does all his work on the computer.
course	***	n C	/kɔ:(r)s/	a series of lessons or lectures in an academic subject or a practical skill	What kinds of courses does the school offer?
desk	***	n C	/desk/	a table that you sit at to write or work, often with drawers in it	I was walking up and down between the rows of desks.
education system		n C	/,ɛdʒu'keɪʃ(ə)n 'sɪstəm/	the activity of educating people in schools, colleges, and universities, and all the policies and arrangements concerning this	Ireland now has one of the best education systems in the world.
examination	***	n C	/ɪg,zæmɪ'neɪʃ(ə)n/	an important test of your knowledge, especially one that you take at school or university	What English language examinations do people take in your country?
exam	**	n C	/ɪg'zæm/	an important test of your knowledge, especially one that you take at school or university	I failed my exams.

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experienced	**	adj	/ɪk'sprɪəriənst/	someone who is experienced has skill at something because they have done it a lot	Our qualified and experienced teachers provide top quality tuition with flexible timetables.
fail (an exam)	***	v	/feɪl/	to be unsuccessful in achieving a satisfactory level or standard	I failed my exams.
fee	***	n C	/fi:/	an amount of money that you pay to be allowed to do something such as join an organization	Special fees for international students.
get a place (at university)		phr	/get ə pleɪs/	to be able to attend an educational institution where students study for degrees and where academic research is done	I got a place at Cambridge University.
grade	**	n C	/greɪd/	a letter or number that shows the quality of a student's work	I was worried about my grades.
headmaster	*	n C	/hed'mɑ:stə(r)/	a male teacher who is in charge of a school. A more usual word is headteacher	The headmaster was standing at the door of the class.
headmistress		n C	/hed'mɪstrəs/	a female teacher who is in charge of a school. A more usual word is headteacher	Can I speak to the headmistress?
head teacher	*	n C	/hed'ti:tʃə(r)/	a teacher who is in charge of a school	At the end of the month the head teacher organized a party for all the new teachers.
homework	*	n U	/'həʊm,wɜ:(r)k/	work that a teacher gives a student to do out of class	I never did my homework.
language laboratory		n C	/'læŋgwɪdʒ lə'bɒrət(ə)rɪ/	a room containing special electronic equipment to help students learn a foreign language	The school has a language laboratory and a library.
leaving age		n C	/'li:vɪŋ eɪdʒ/	the time of life when you are allowed by law to leave school	Most children are happy to stay at school after the minimum leaving age of sixteen.
leaving certificate		n C	/'li:vɪŋ sə(r)'tɪfɪkət//	an official document stating that you have passed an examination and are able to leave education	Students take their final exams (the 'Leaving Certificate').
lesson	***	n C	/'les(ə)n/	a period of time in which students are taught about a subject in school	How often did you have lessons with her?
location	***	n C	/ləʊ'keɪʃ(ə)n/	the place or position where someone or something is or where something happens	The Victoria School has a central location near the Opera House.
mixed sex		adj	/'mɪkst seks/	a group that contains both males and females	The school they go to is mixed sex.
multi-media centre		n C	/'mʌlti'mi:diə ,sentə(r)/	a place for using video, sound, and other methods of communication in computers	The school has an ultra-modern multi-media centre.
native speaker		n C	/'neɪtɪv ,spi:kə(r)//	someone who has learnt a particular language from the time that they began to speak	Claudia is a native speaker of Italian, but she also speaks English very well.
pass (an exam)	***	v	/pɑ:s/	to be successful in an examination or test by achieving a satisfactory standard	Did you pass your English exam?
private school		n C	/'praɪvət sku:l/	a school providing education that the children's parents pay for directly	There are private schools and state schools.
(corporal) punishment	*	n U	/('kɔ:(r)p(ə)rəl 'pʌnɪʃmənt/	the physical punishment of someone by hitting them	The government banned corporal punishment in 1982.

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pupil	***	n C	/ˈpju:p(ə)l/	someone, especially a child, who goes to school or who has lessons in a particular subject	He's a pupil at the Victoria School.
qualification	***	n C	/ˌkwɒlɪfɪˈkeɪʃ(ə)n/	something such as a degree or a diploma that you get when you successfully finish a course of study	They have professional qualifications.
registration form		n C	/ˌredʒɪˈstreɪʃ(ə)n fɔ:(r)m/	a form that you use to record names or information on an official list	Please fill out the registration form.
result	***	n C	/rɪˈzʌlt/	a piece of information that is obtained by examining, studying, or calculating something	Class sizes are small and exam results are good.
single sex		adj	/ˈsɪŋɡ(ə)l seks/	a group that contains either males or females	Only about half the schools are single-sex.
social programme/ activity		n C	/ˈsəʊʃ(ə)l ˈprəʊɡræm / ækˈtɪvəti/	a series of social events	The school has its own cafeteria and an exciting social programme.
state school		n C	/ˈsteɪt sku:l/	in the UK, a school that is supported with money from the government and that provides a free education for children	There are private schools and state schools.
subject	***	n C	/ˈsʌbdʒɪkt/	something that you learn or teach in a school, for example English, mathematics, or biology	English is my favourite subject.
term	***	n C	/tɜ:(r)m/	one of the periods of time into which the year is divided for students. In the UK, there are usually three terms: the autumn term, the spring term, and the summer term	It was the end of term and the students were doing their exams.
timetable	**	n C	/ˈtaɪm,teɪb(ə)l/	a list of the times of lessons or courses at a school, college, or university	Our qualified and experienced teachers provide top quality tuition with flexible timetables.
tuition	*	n U	/tju:ˈɪʃ(ə)n/	the work that a teacher does when they teach a particular subject, especially to one person or to a small group	Our qualified and experienced teachers provide top quality tuition with flexible timetables.
university	***	n C	/ˌju:nɪˈvɜ:(r)səti/	an educational institution where students study for degrees and where academic research is done	I went to university.
School subjects					
art	***	n U	/ɑ:(r)t/	painting, drawing, and sculpture as subjects you study	My favourite subject was art.
biology	*	n U	/baɪˈɒlədʒi/	the scientific study of living things	We learned a lot in biology yesterday.
Greek		n U	/ɡri:k/	the language that was spoken in ancient Greece	Latin and Greek used to be important school subjects.
history	***	n U	/ˈhɪst(ə)ri/	the study of the events of the past	I want to study history at university.
Irish		n U	/ˈaɪrɪʃ/	relating to Ireland, or its language or culture	Compulsory subjects are maths, Irish and English.
Latin		n U	/ˈlætɪn/	the language that people spoke in ancient Rome	Latin and Greek used to be important school subjects.
mathematics (maths)		n U	/ˌmæθəˈmæɪtɪks/; / mæθs/	the study or use of numbers and shapes to calculate, represent, or describe things	Compulsory subjects are maths, Irish and English.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
music	***	n U	/ˈmju:zɪk/	the art or activity of writing, performing, or studying music	I have a music lesson this afternoon.
religion	***	n U	/rɪˈlɪdʒ(ə)n/	a system of beliefs in a god or gods that has its own ceremonies and traditions	This is very different from the past when Latin, Greek and Religion used to be the most important subjects.
science	***	n U	/ˈsaɪəns/	the study and knowledge of the physical world and its behaviour that is based on experiments and facts that can be proved, and is organized into a system	I was fond of my science teacher.
technology	***	n U	/tekˈnɒlədʒi/	advanced scientific knowledge used for practical purposes, especially in industry	I was interested in science and technology.
Other words & phrases					
accent	**	n C	/ˈæks(ə)nt/	a way of saying words that shows what country, region, or social class someone comes from	Patrick has a strong Irish accent.
actually	***	adv	/ˈæktʃʊəli/	used for emphasizing what is really true or what really happened	We expected rain, but actually it was quite sunny.
and so on		phr	/ænd səʊ ɒn/	used instead of mentioning more of a similar type of thing that has already been mentioned	I told the students all the rules: no talking, no mobile phones and so on.
anyway	***	adv	/ˈeniˌweɪ/	despite something that you have previously mentioned	I don't usually listen to rock music, but I enjoyed the concert anyway.
artist	***	n C	/ˈɑ:(r)tɪst/	a professional performer in music, dance, or the theatre	Who are your favourite artists?
as usual		phr	/əz ˈju:ʒʊəl/	equal to the amount or level that is usual/possible/necessary/expected	I was in charge that day and, as usual before the start of the exam, I told the students all the rules.
(fall) asleep	**	adj	/(fɔ:l) əˈsli:p/	to start to sleep	You fall asleep in a public place.
ban	**	v	/bæn/	to say officially that people must not do, sell, or use something	The government banned corporal punishment in 1982.
behaviour	***	n U	/bɪˈheɪvjə(r)/	the way that someone behaves	The teacher wasn't happy with Lisa's behaviour.
borrow	**	v	/ˈbɒrəʊ/	to receive and use something that belongs to someone else, and promise to give it back to them later	You can borrow books from the school library.
brilliant	***	adj	/ˈbrɪljənt/	very intelligent	He's a brilliant scientist.
care (about sb)	***	v	/keə(r)/	to be interested in someone and want them to be well and happy	I really care about my children.
club	***	n C	/klʌb/	an organization for people who have a common interest in a particular activity or subject	Do you go to French club on Fridays?
choose	***	v	/tʃu:z/	to decide which you want from a number of people or things	In addition, they must choose two or three extra subjects.
(multinational) company	***	n C	/(ˌmʌltɪˈnæʃ(ə)nəl) ˈkʌmp(ə)ni/	an organization that provides services, or that makes or sells goods for money in more than one country	My father worked for a multinational company.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
competition	***	n C	/ˌkɒmpə'tɪʃ(ə)n/	an organized event in which people try to win prizes by being better than other people	You and your partner win first prize in a competition.
complicated	**	adj	/ˈkɒmplɪˌkeɪtɪd/	difficult to do, deal with, or understand, especially because of involving a lot of different processes or aspects	For years, Ireland had one of the most complicated education systems in the world.
cool	***	adj	/ku:l/	rather cold, often in a pleasant way	Put the milk in the fridge to keep it cool.
costume	*	n C	/ˈkɒstju:m/	clothes that performers wear in a play, film etc	I went to a costume hire shop and got a witch's costume.
embarrass	*	v	/ɪmˈbærəs/	to make someone feel nervous, ashamed, or stupid in a social situation	How to embarrass your parents.
enjoy	***	v	/ɪnˈdʒɔɪ/	to get pleasure from something	Did you enjoy your school days?
exciting	**	adj	/ɪkˈsaɪtɪŋ/	interesting and full of action, especially when you do not know what is going to happen next	The school has its own cafeteria and an exciting social programme.
fancy dress costume/party		n C	/ˈfænsi dres ˈkɒstju:m / ˈpɑ:(r)ti/	clothes that you wear for fun to make you look like a particular famous person or a particular type of person, at a fancy-dress party	I bought a fancy dress costume for the party.
flexible	**	adj	/ˈfleksəb(ə)l/	able to make changes or deal with a situation that is changing	Our qualified and experienced teachers provide top quality tuition with flexible timetables.
flight	***	n C	/flaɪt/	a journey through air or space in a vehicle such as a plane	Two weeks all inclusive (flight, accommodation, school fees).
fun	**	adj	/fʌn/	enjoyable	The party was great fun.
funny	***	adj	/ˈfʌni/	someone or something that is funny makes you laugh	His father told funny stories to Frank.
gig	*	n C	/gɪg/	a public performance, especially of jazz or popular music	Did you go to the gig last night?
government	***	n C	/ˈgʌvə(r)nɪmənt/	the people who control a country, region, or town and make decisions about its laws and taxes: followed by a singular or plural verb	The government banned corporal punishment in 1982.
great	***	adj	/greɪt/	enthusiastic about something or someone	Yes. I thought it was great.
hire	**	v	/ˈhaɪə(r)/	if you hire something, such as a car, room, or piece of equipment, you pay the owner so that you can use it, especially for a short time	I went to a costume hire shop.
in addition		phr	/ɪn əˈdɪʃ(ə)n/	used for adding an extra piece of information to what has already been said or written	In addition, they must choose two or three extra subjects.
in charge (of)		phr	/ɪn tʃɑ:(r)dʒ/	if you are in charge, you have control over someone or something and are responsible for them	I was in charge that day.
(all) inclusive		adj	/ɔ:l ɪnˈklu:sɪv/	including everyone or everything, especially all the costs, charges, and services that make up the total price of something	Two weeks all inclusive (flight, accommodation, school fees).
jealous	*	adj	/ˈdʒeləs/	unhappy because someone has something that you would like or can do something that you would like to do	I'm jealous because my colleague has a new car.
minimum	**	adj/n	/ˈmɪnɪməm/	as small in amount or degree as necessary or possible	The minimum leaving age in England is sixteen.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
miss (a lesson)	***	v	/mɪs ə 'les(ə)n/	to fail to be present for something, or to not be in a place when someone else is there	He missed lessons.
mobile phone		n C	/'məʊbaɪl fəʊn/	a small phone that you can carry around with you	I told the students all the rules: no talking, no mobile phones and so on.
native	*	adj	/'neɪtɪv/	living in a particular country, area, or city since birth	Alice is a native of England.
normal	***	adj	/'nɔ:(r)m(ə)l/	something that is normal is how you expect it to be, and is not unusual or surprising in any way	All the other teachers were wearing normal clothes.
of course	***	adv	/əv kɔ:(r)s/	used for saying 'yes' very definitely, in answer to a question	'Yes, of course,' said my brother.
organize / organise	***	v	/'ɔ:(r)gənaɪz/	to prepare or arrange an activity or event	Why did Doug's head teacher organize a party?
painter	**	n C	/'peɪntə(r)/	an artist who paints pictures	She's a brilliant painter.
pool	***	n U	/'pu:l/	a game in which two players hit balls into holes at the edges of a table using a long stick called a cue	He spent a lot of time playing pool.
provide	***	v	/'prə'vaɪd/	to give someone something that they want or need	Our qualified and experienced teachers provide top quality tuition with flexible timetables.
row	***	n C	/'rəʊ/	a series of people or things arranged in a straight line	I was walking up and down between the rows of desks.
rule	***	n C	/'ru:l/	a statement explaining what someone can or cannot do in a particular system, game, or situation	I told the students all the rules.
shopping bag		n C	/'ʃɒpɪŋ bæɡ/	a large bag with handles for carrying your shopping	A very large woman with a big shopping bag stood in front of us.
silly	**	adj	/'sɪli/	not serious, important, or practical	The phone had a really silly ring tone.
stupid	**	adj	/'stju:pɪd/	not intelligent, or not able to consider or judge things carefully	My boss is so stupid!
sympathetic	**	adj	/'sɪmpə'tetɪk/	kind to someone who has a problem and willing to understand how they feel	Fortunately, he was very sympathetic later in the morning when I explained that I was feeling ill.
ultra-modern		adj	/'ʌltrə'mɒdə(r)n/	using the most recent methods, ideas, designs, or equipment	The school has an ultra-modern multi-media centre.
witch	*	n C	/'wɪtʃ/	a woman in stories who has magic powers	I went to a costume hire shop and got a witch's costume.
worry (about sb/ sth)	***	v	/'wɒri/	to feel nervous and upset because you keep thinking about a problem that you have or could have in the future	I was worried about my grades.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
House & home					
(be) away from home		phr	/bi: ə'weɪ frəm həʊm/	not at home	How do you feel when you are away from home?
get home		phr	/get 'həʊm/	return to the place where you live	What time do you usually get home in the evenings?
home town		n C	/'həʊm taʊn/	the city or town where you lived as a child	Some of them gave their names to their home towns.
homework	*	n U	/'həʊm,wɜ:(r)k/	work that a teacher gives a student to do out of class	Most days, I do some homework.
housewife	*	n C	/'haʊs,wɪf/	a woman who does not work outside the home and whose main job is looking after her children, cooking, cleaning etc	She doesn't want to be a housewife.
housework	*	n U	/'haʊs,wɜ:(r)k/	the work that you do to keep your house clean and tidy	I spent the day doing housework.
leave home		phr	/li:v 'həʊm/	to go away from home	My brother wants to leave home when he's 18.
Towns					
accommodation	**	n U	/ə,kɒmə'deɪʃ(ə)n/	a place for someone to stay, live, or work in	There isn't much cheap accommodation.
art gallery		n C	/'ɑ:(r)t ɡæləri/	a building where people go to see paintings and other art	The art gallery is opposite the library.
bar	***	n C	/bɑ:(r)/	a place where you go to buy and drink alcoholic drinks	There are a lot of good bars and restaurants.
bridge	***	n C	/brɪdʒ/	a road, railway, or path that goes over a river, over another road etc, and the structure that supports it	Cross the bridge.
bus station		n C	/bʌs 'steɪʃ(ə)n/	a building where buses start and finish their journeys, or where buses that travel long distances stop to let passengers get on and off	The shopping centre is between the art gallery and the bus station.
castle	**	n C	/'kɑ:s(ə)l/	a large strong building with thick walls, built in the past to protect the people inside from being attacked	The opera house is next to the castle.
cathedral	**	n C	/kə'thi:drəl/	the most important church in an area that a bishop controls	The cathedral is opposite the stadium.
church	***	n C	/tʃɜ:(r)tʃ/	a building that Christians go to in order to worship	Is there a church in the village?
cinema	**	n C	/'sɪnəmə/	a building where you pay to go and watch a film	There is an IMAX cinema in the city centre.
crime	***	n C / U	/kraɪm/	an illegal activity or action	It's a poor area and there's a lot of crime.
culture	***	n U	/'kʌltʃə(r)/	activities involving music, literature, and other arts	There isn't much culture in the city.
flat	***	n C	/flæt/	a set of rooms for living in, usually on one floor of a large building	There are a lot of cheap flats.
industrial	***	adj	/ɪn'dʌstriəl/	used about countries or areas with many industries	Most Afro-Americans live in the southern states and the industrial cities.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
library	***	n C	/ˈlaɪbrəri/	a place where books, documents, CDs etc are available for you to look at or borrow	The art gallery is opposite the library.
metro		n C	/ˈmetrəʊ/	an underground railway system in a city	The metro doesn't take you into the centre of Old Montreal.
museum	***	n C	/mjuːˈzi:əm/	a building where many valuable and important objects are kept so that people can go and see them	There are excellent museums (if you like that kind of thing).
nightclub		n C	/ˈnaɪtˌklʌb/	a place where people go in the evening to dance, drink alcohol, or watch entertainers	We spent the evening in a nightclub.
nightlife		n U	/ˈnaɪtˌlaɪf/	evening entertainment in places such as nightclubs and bars	There isn't enough nightlife for us, so we go to the area near the university for that.
opera house		n C	/ˈɒp(ə)rə haʊs/	a theatre where operas are performed	The opera house is next to the castle.
park	***	n C	/pɑː(r)k/	in a town, an open public area with grass and trees, often with sports fields or places for children to play	You can have picnics in the park.
pollution	***	n U	/pəˈluːʃ(ə)n/	the process of damaging the air, water, or land with chemicals or other substances	The city has a problem with pollution.
public transport	*	n U	/ˈpʌblɪk trænsˌpɔː(r)t/	buses, trains etc that everyone can use	Public transport is excellent and we're near the city centre.
restaurant	***	n C	/ˈrest(ə)rɒnt/	a building or room where meals and drinks are sold to customers sitting at tables	There are a lot of good bars and restaurants.
roundabout	*	n C	/ˈraʊndəˌbaʊt/	a circular area where three or more roads meet that you have to drive around in one direction in order to get onto another road	Turn left at the roundabout.
shopping centre		n C	/ˈʃɒpɪŋ sentə(r)/	an area where a group of different shops and businesses such as banks and restaurants are all built next to each other	The shopping centre is between the art gallery and the bus station.
stadium	*	n C	/ˈsteɪdɪəm/	a large building, usually without a roof, where people watch sports events such as football matches or races	The cathedral is opposite the stadium.
studio	***	n C	/ˈstjuːdiəʊ/	a room or rooms where music or a film, television show, or radio show is recorded; a small flat that has only one main room	The TV show was made in a studio.
theatre	***	n C	/ˈθiətə(r)/	a building, room, or outside area used for performing plays	Do you know where the theatre is?
traffic	***	n U	/ˈtræfɪk/	the vehicles that are travelling in an area at a particular time	There are too many tourists and there's too much traffic.
tram		n C	/træm/	a long narrow vehicle that travels along metal tracks in the middle of a street and is used as public transport in some places	We can take the tram to the city centre.
train station		n C	/treɪn ˈsteɪʃ(ə)n/	the place where trains stop to let passengers on and off	Two football supporters want to get from the football stadium to the train station.
Other words & phrases					
abroad	***	adv	/əˈbrɔːd/	in or to a foreign country	Do many people from your country live abroad?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
adopt	***	v	/ə'dɒpt/	to decide to start using a particular idea, plan, or method	Some of the Britons married Romans and began to adopt Roman customs.
area	***	n C	/'eəriə/	a part of a city, town, country etc	There is a little crime in the area, but not too much.
banker	***	n C	/'bæŋkə(r)/	someone who has an important position in a bank or other financial organization	My uncle is a banker.
cash	***	n U	/kæʃ/	money in the form of notes and coins	Do you have much cash with you?
century	***	n C	/'sentʃəri/	a period of 100 years, usually counted from a year ending in -00	Most of these families left Scotland in the 19th Century.
chat	**	v	/tʃæt/	to talk in a friendly way	I'm just calling to have a chat.
cheap	***	adj	/tʃi:p/	not expensive	There isn't much cheap accommodation.
clan		n C	/klæn/	a large group of families that are related to each other, especially in Scotland	The family is part of a large Scottish clan.
coal	***	n U	/kəʊl/	a hard black substance that is dug from the ground and burned as fuel to provide heat	Newcastle used to be involved in the coal industry.
colony	**	n C	/'kɒləni/	a country that is controlled by another country	The country used to be a British colony.
community	***	n C	/kə'mju:nəti/	the people who live in an area	There aren't many places in California that do not have a Spanish-speaking community.
conference	***	n C	/'kɒnf(ə)rəns/	a large meeting, often lasting a few days, where people who are interested in a particular subject come together to discuss ideas	Jessica has to go to a conference on Friday.
countryside	***	n U	/'kʌntri,said/	the area outside towns and cities, with farms, fields, and trees	Beautiful countryside.
custom	**	n C	/'kʌstəm/	something that people do that is traditional or usual	Some of the Britons married Romans and began to adopt Roman customs.
dirty	**	adj	/'dɜ:(r)ti/	not clean	The bathroom looks a bit dirty.
discourage	*	v	/dɪs'kʌrɪdʒ/	to try to prevent something from happening, especially because you do not approve of it or think it is harmful	I don't want to discourage you.
drive (sb) mad		v	/draɪv (sb) məd/	to annoy someone by doing something	My teenage children drive me mad.
emigrant		n C	/'emɪgrənt/	someone who leaves their country in order to live in another country	Lots of English emigrants go to Australia.
encourage	***	v	/'ɪn'kʌrɪdʒ/	to suggest that someone does something that you believe would be good	I don't want to encourage you.
flatmate		n C	/'flæt,meɪt/	someone who you share a flat with	You are sitting in the living room with your flatmates.
flag	**	n C	/flæg/	a piece of cloth decorated with the pattern and colours that represent a country or organization	The flag of the United Kingdom is called the Union Flag.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
found	***	v	/faʊnd/	to start an organization, company, political party etc	Viking invaders from Norway also founded colonies.
grim	*	adj	/grɪm/	a grim place is ugly and unpleasant	The city looks rather grim.
guest	***	n C	/gest/	someone who you have invited to your home, for a party or a meal, or to stay the night	There really isn't any space in the house when we have guests.
hang on		v	/'hæŋ ɒn/	to continue doing something and achieve success even though there are difficulties	Manchester United managed to hang on and win the game.
immigrant	*	n C	/'ɪmɪgrənt/	someone who comes to live in a country from another country	Some of the first immigrants to America were Dutch.
immigration	*	n U	/'ɪmɪ'greɪʃ(ə)n/	the process in which people enter a country in order to live there permanently	Immigration to Scotland increased in the 19th Century.
independence	***	n U	/'ɪndɪ'pendəns/	the ability to make decisions and live your life free from the control or influence of other people	I don't get any independence.
invade	*	v	/'ɪn'veɪd/	to take or send an army into another country in order to get control of it	The Romans invaded Britain.
invasion	**	n C	/'ɪn'veɪʒ(ə)n/	an occasion when one country's army goes into another country to take control of it by force	After this invasion, some of the Britons married Romans.
migrant		n C	/'maɪgrənt/	someone who travels to another place or country in order to find work	The company employs a lot of migrant workers.
multicultural		adj	/'mʌltɪ'kʌltʃərəl/	involving or consisting of people of different cultures	Like most European countries, Scotland is a multicultural society.
normal	***	adj	/'nɔ:(r)m(ə)l/	something that is normal is how you expect it to be, and is not unusual or surprising in any way	The weather is normal for this time of year.
occupy	***	v	/'ɒkjʊpaɪ/	if someone occupies a room, building, area of land, seat, bed, or other place during a period of time, they use it	The Britons occupied the south and the area that is now called England.
online		adj / adv	/'ɒnlaɪn/	connected to or available through a computer or a computer network, especially the Internet	She often buys clothes online.
ordinary	***	adj	/'ɔ:(r)d(ə)n(ə)ri/	normal or average, and not unusual or special	What do you do on an ordinary day?
origin	***	n C	/'ɒrɪdʒɪn/	the place or moment where something begins to exist	We can still see the origins of many Scottish people in surnames like Macleod.
outdoor	*	adj	/'aʊt'dɔ:(r)/	done outside	It's a good place for outdoor sport.
owner	***	n C	/'əʊnə(r)/	someone who owns something	K. Inamoto is a restaurant owner.
passenger	***	n C	/'pæsɪndʒə(r)/	someone who travels in a motor vehicle, aircraft, train, or ship but is not the driver or one of the people who works on it	Many of the passengers on the Titanic were leaving for a new life in America.
peace	***	n U	/'pi:s/	a situation in which there is no war between countries or groups	I don't get any peace in my room with the others there.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
picnic	*	n C	/ˈpɪknɪk/	a meal eaten outside, especially in the countryside	The river here is really beautiful and you can have picnics in the park.
population	***	n C	/ˌpɒpjʊˈleɪʃ(ə)n/	all the people who live in a particular area	In total, about 20% of the population probably have Irish origins.
producer	***	n C	/prəˈdjuːsə(r)/	someone whose job is to organize the work and money involved in making a film, play, television programme, CD etc	Who was the film's producer?
programme	***	n C	/ˈprəʊgræm/	a plan of activities for achieving something	The charity has recently started a new programme to educate more children.
put (sb) off		v	/pʊt (sb) ɒf/	to make someone not want to do something, or to make someone not like someone or something	I don't want to put you off.
reunion		n C	/riːˈjuːniən/	a social event for people who have not seen each other for a long time, for example members of the same family or people who studied or worked together	I met a lot of old friends at the reunion.
rollerblading		n U	/ˈrɒlɪŋ(r),bleɪdɪŋ/	the sport of moving along on boots with small wheels on the bottom	There is an interesting park to go rollerblading in the summer.
scarf	*	n C	/skaː(r)f/	a piece of cloth that you wear round your neck or head to keep warm or to make yourself look nice	She's wearing a grey scarf.
settle down		v	/ˈset(ə)l daʊn/	to begin to live a quieter life by getting married or staying permanently in a place	I want to settle down soon and have children.
settle	***	v	/ˈset(ə)l/	to go and live permanently in a particular place	Two centuries later, Anglo-Saxons also settled in the south.
skating	*	n U	/ˈskeɪtɪŋ/	the activity or sport of moving quickly over a surface on skates	There is an interesting park to go ice-skating in the winter.
sofa	*	n C	/ˈsəʊfə/	a large, soft, comfortable seat with arms and a back that two or three people can sit on	You can sit down on the sofa if you like.
space	***	n U	/speɪs/	an empty or available area	There really isn't any space in the house when we have guests.
strange	***	adj	/streɪndʒ/	unusual or unexpected, especially in a way that surprises or worries you	The car is making a strange noise.
tartan		adj / n	/ˈtɑː(r)t(ə)n/	a pattern of colourful lines and squares on cloth that is typical of Scotland	He's wearing a tartan jumper.
tough	***	adj	/tʌf/	difficult	The exam was very tough.
tourist	***	n C	/ˈtuərɪst/	someone who is visiting a place on holiday	There are not many hotels for tourists.
tribe	**	n C	/traɪb/	a large group of related families who live in the same area and share a common language, religion, and customs	The first people of Scotland belonged to two tribes called the Picts and the Britons.
twin	**	n C	/twɪn/	one of two children born at the same time to the same mother	My brother and I are twins.
whisky	*	n U	/ˈwɪski/	a strong alcoholic drink produced in Scotland, made from barley	Can I have a large whisky, please?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Weddings					
bouquet		n C	/bu:'keɪ/	a collection of flowers, cut and tied together in an attractive way	The bride throws a bouquet of flowers in the air.
bride	*	n C	/braɪd/	a woman who is getting married, or who has recently married	The bride and groom cut the wedding cake together.
bridesmaid		n C	/'braɪdz,meɪd/	a girl or young woman who helps a bride before and during her wedding	A group of young girls (bridesmaids) follow her into the church.
ceremony	**	n C	/'serəməni/	the formal traditions, actions, or words used to celebrate a traditional or religious event	Where and when were the ceremony and the reception?
champagne		n U	/ʃæm'peɪn/	a type of French sparkling wine that people often drink to celebrate special occasions	They drink champagne and eat the wedding cake.
church	***	n C	/tʃɜ:(r)tʃ/	a building that Christians go to in order to worship	The ceremony usually takes place in a church.
groom		n C	/gru:m/	a man who is getting married, or who has recently married	What did the bride and groom wear?
guest	***	n C	/gest/	someone who has been invited to a party, meeting, or other event by the people organizing it	How many guests were there?
honeymoon	*	n C	/'hʌni,mu:n/	a holiday that two people take after they get married	The married couple often leave the party early to go on their honeymoon.
marriage	***	n C / U	/'mæɪdʒ/	the relationship between two people who are husband and wife	Is marriage changing in your country?
priest	**	n C	/'pri:st/	someone whose job is to lead worship and perform other duties and ceremonies in some Christian churches	The priest performs the marriage ceremony.
reception	**	n C	/'rɪsepʃ(ə)n/	a formal party to welcome someone or to celebrate something	Where and when were the ceremony and the reception?
registry office		n C	/'redʒɪstri 'ɒfɪs/	a place in the UK where births, deaths, and marriages are officially recorded and where you can get married without a religious ceremony	They got married in a registry office.
ring	***	n C	/'rɪŋ/	a piece of jewellery in the form of a circle that you wear on a finger	A woman wears her wedding ring on the third finger of the left hand.
speech	***	n C	/'spi:tʃ/	a formal occasion when someone speaks to an audience	Did anyone make a speech?
wedding cake		n C / U	/'wedɪŋ keɪk/	a special cake eaten at weddings	They drink champagne and eat the wedding cake.
Relationships					
ask (sb) out		phr	/ɑ:sk (sb) aʊt/	to invite someone to go with you to a cinema, restaurant etc because you want to start a romantic or sexual relationship with them	He asked her out.
be crazy about (sb)		phr	/'bi 'kreɪzi ə'baʊt/	very much in love with someone	He was crazy about her.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
be in love with (sb)		phr	/bi in 'lʌv wið/	to care very much about someone, especially members of your family or close friends	She was in love with him too.
divorce	**	n C	/dɪ'vɔ:(r)s/	a legal way of ending a marriage	The number of divorces is increasing all the time.
divorced	**	adj	/dɪ'vɔ:(r)st/	no longer married because the marriage has been legally ended	Every time I get divorced, I keep the house.
fall in love with (sb)		phr	/fɔ:l in 'lʌv wið/	to start to love someone	I do not fall in love very quickly.
get married to (sb)		phr	/get 'mærid tə/	if someone marries, they become the husband or wife of someone	She didn't want to get married to him.
go (out) on a date		phr	/gəʊ (aʊt) ɒn ə deɪt/	an arrangement in which two people spend some time together, in order to find out whether they like each other enough to start a relationship	They went on a date to the cinema.
go out with (sb)		phr	/gəʊ aʊt wið/	to go somewhere to do something enjoyable	I usually go out with my best friend.
have an argument about (sth)		phr	/hæv ən 'ɑ:(r)gju:mənt ə'baʊt/	an angry disagreement between people	He quickly forgets about arguments with his friends.
have (sth) in common		phr	/hæv (sth) in 'kɒmən/	to have the same interests or opinions as someone else	They seem to have a lot in common.
partner	***	n C	/'pɑ:(r)tnə(r)/	someone who you live with and have a sexual relationship with	Who doesn't know that his partner is cheating on him?
split up		phr	/splɪt ʌp/	to end a marriage or a sexual or romantic relationship	Who has split up with her boyfriend?
Other words & phrases					
active	***	adj	/'æktɪv/	someone who is active does a lot of different activities and has a lot of energy and interests	She's getting older, but she's still very active.
agency	***	n C	/'eɪdʒ(ə)nsi/	a business that provides a service for people or companies, especially by giving them information or making arrangements	My brother works for a large agency.
anxious	**	adj	/'æŋkʃəs/	worried because you think something bad might happen	People with an anxious relationship style are often worried that something bad will happen in their relationships.
arrange	***	v	/ə'reɪndʒ/	to plan and manage the details of a project or event that involves many people	It took months to arrange the wedding.
average	***	adj	/'æv(ə)rɪdʒ/	the amount, level, standard etc that is typical of a group of people or things	The average UK wedding usually costs about £13,000.
avoid	***	v	/ə'vɔɪd/	to try to prevent something from happening	She's trying to avoid spending too much money.
basic	***	adj	/'beɪsɪk/	forming the main or most important part of something, without which it cannot really exist	There are three basic styles of relationship.
believe in sth	***	v	/brɪ'li:v ɪn/	to think that someone or something exists	Do you believe in God?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
bookstore		n C	/ˈbʊkˌstɔː(r)/	a shop that sells books	I bought this at a small bookstore.
boss	***	n C	/bɒs/	the person who is in charge of you at work	Can I speak to your boss, please?
business	***	n C / U	/ˈbɪznəs/	an organization that buys or sells products or services for money	My sister has her own business.
calculate	**	v	/ˈkælkjuleɪt/	to discover a number or amount using mathematics or with a piece of equipment such as a calculator	Now calculate your score.
carry on		v	/ˈkæri ɒn/	to continue doing something	Can you carry on working until 7 today?
cheat (on sb)	*	v	/tʃi:t/	to secretly have sex with someone other than your husband, wife, or partner. You can also say that someone is unfaithful to their husband, wife, or partner	Who doesn't know that his partner is cheating on him?
check	***	v	/tʃek/	to examine someone or something in order to find out if something is present	I check my emails twice a day.
cigar		n C	/sɪˈɡɑː(r)/	a tube of dried tobacco leaves that people smoke	Charles likes having a cigar in the evenings.
close (to)	***	adj	/kləʊs/	connected by shared interests and shared feelings such as love and respect	They want to be close to other people.
cold	**	n C	/kəʊld/	cold air, or a cold environment	I think I'll need a coat because it's cold outside.
communicate	**	v	/kəˈmjuːnɪkeɪt/	to express thoughts, feelings, or information to another person or animal, for example by speaking or writing	I communicate with my friends by text, Twitter or Facebook more than three times a day.
conclusion	***	n C	/kənˈkluːʒ(ə)n/	something that you decide is true after thinking about it carefully and looking at all the evidence	The conclusion seems clear: marriage is very much alive and well.
confident	**	adj	/ˈkɒnfɪd(ə)nt/	someone who is confident believes in their own abilities and so does not feel nervous or frightened	People with a secure relationship style usually feel confident and safe in their relationships.
cover	***	n C	/ˈkʌvə(r)/	the outside page at the front or back of a book or magazine	On the cover of every popular magazine someone is getting married.
dead	***	adj	/ded/	no longer alive	Imagine you are a famous person (alive or dead).
disadvantage	**	n C	/ˌdɪsədˈvɑːntɪdʒ/	something that makes someone or something less effective, successful, or attractive	What are the advantages and disadvantages of getting married?
excuse	**	n C	/ɪkˈskjuːs/	a reason that you give to explain why you have done something bad, or why you have not done something that you should have done	From time to time, I invent excuses when I don't feel like going out.
friendly	***	adj	/ˈfren(d)li/	someone who is friendly is always pleasant and helpful towards other people	Everyone she met at the conference was very friendly.
generation	***	n C	/ˌdʒenəˈreɪʃ(ə)n/	a group of people in society who are born and live around the same time	'The prison of marriage belongs to an older generation!'
gnome		n C	/nəʊm/	an imaginary little man in children's stories who wears a pointed hat and can do magic	My daughter is reading a story about a gnome.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
intelligent	**	adj	/ɪn'telɪdʒ(ə)nt/	good at thinking clearly and quickly, at understanding difficult ideas and subjects, and at gaining and using knowledge	He's very intelligent.
invent	**	v	/ɪn'vent/	to make up a story, excuse etc that is not true	I invent excuses when I don't feel like going out.
jacket	***	n C	/'dʒækɪt/	a short coat that covers the upper part of the body and is made in many styles for different occasions and different kinds of weather	What is the man with the white jacket doing?
journalist	**	n C	/'dʒɜ:(r)nəlɪst/	someone whose job is to report the news for a newspaper, magazine, radio programme, or television programme	The journalist wrote a brilliant article.
kid	***	n C	/kɪd/	a child	How many kids do you have?
kiss	***	v	/kɪs/	to touch someone with your lips because you love them or have sexual feelings for them	They kiss each other on the cheek when they meet.
magazine	***	n C	/'mæɡə'zi:n/	a large thin book with a paper cover, containing reports, photographs, stories etc, usually published once a month or once a week	On the cover of every popular magazine someone is getting married.
matter	***	v	/'mætə(r)/	to be important	It doesn't matter if you're married or not.
newsagent		n C	/'nju:z,eɪdʒ(ə)nt/	someone whose job is to sell newspapers and magazines. The shop that they work in is also called a newsagent or a newsagent's	Go to any newsagent and look at the magazines on sale.
on my/her own		phr	/ɒn maɪ / hɜ:(r) əʊn/	alone	I sometimes prefer to spend my free time on my own.
outgoing		adj	/'aʊt'gəʊɪŋ/	someone who is outgoing is friendly and enjoys meeting and talking to people	Sally is a very outgoing person.
perfect	**	adj	/'pɜ:(r)fɪkt/	as good, correct, or accurate as it is possible to be	She has found the perfect job.
personality	***	n C	/'pɜ:(r)sə'næləti/	the part of a person that makes them behave in a particular way in social situations, for example in a friendly or unfriendly way, or in a confident or shy way	Does he have the right personality for the job?
prefer	***	v	/'prɪ'fɜ:(r)/	to like or want someone or something more than someone or something else	I sometimes prefer to spend my free time on my own.
princess	**	n C	/'prɪn'ses/	a female member of a royal family, especially one whose parent or grandparent is the king or queen	We can see the Princess now.
prison	***	n C	/'prɪz(ə)n/	an institution where people are kept as punishment for committing a crime	'The prison of marriage belongs to an older generation!'
professor	**	n C	/'prɒ'fesə(r)/	a senior teacher in a college or university	Marriage, said one of my professors at university, belongs to the past.
promise	***	v	/'prɒmɪs/	to tell someone that you will definitely do something	I told you the truth. I promise.
realise / realize	***	v	/'ri:ələɪz/	to know and understand something	Thomas realised he was in love with Jane.
referee	**	n C	/'refə'ri:/	someone whose job is to make sure that players in a game obey the rules	Three players spoke to the referee.

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rely on (sb)	**	v	/rɪˈlaɪ ɒn/	to trust someone or something to do something for you	I know that I can always rely on my friends.
romantic		adj	/rəʊˈmæntɪk/	making you have feelings of love and excitement	They had a very romantic evening.
secret	***	adj / n C	/ˈsiːkrət/	a piece of information that is known by only a small number of people, and is deliberately not told to other people	I never tell my secrets to people I do not know well.
secure	**	adj	/sɪˈkjʊə(r)/	safe from attack, harm, or damage	People with a secure relationship style usually feel confident and safe in their relationships.
shame	**	n U	/ʃeɪm/	a guilty and embarrassed feeling that you have when you or someone else has behaved badly	His actions brought shame on his family.
share	***	v	/ʃeə(r)/	to use or to have something at the same time as someone else	I share photos with all my friends online.
single mother		n C	/ˈsɪŋɡ(ə)l mʌðə(r)/	a woman bringing up children on her own	She has a job and she's a single mother.
smile	***	n C / v	/smaɪl/	to raise the corners of your mouth when you are happy, pleased, or being friendly, or when you think something is funny	She smiled with victory.
solve	***	v	/sɒlv/	to find a solution to something that is causing difficulties	I usually try to solve my problems myself.
statue	**	n C	/ˈstætʃuː/	a human or animal image that is made of stone, wood, metal etc and is usually large	They took a photo of the statue.
swap	*	v	/swɒp/	to give something to someone in exchange for something else	Who decides to swap homes?
thief	**	n C	/θiːf/	someone who steals something	The police caught the thief quite easily.
trust	***	v	/trʌst/	to be confident that someone is honest, fair, and reliable	They find it difficult to trust others.
unusual	***	adj	/ʌnˈjuːzʊəl/	not normal, common, or ordinary	Did anything interesting or unusual happen?
vegetarian		adj / n C	/ˌvedʒəˈteəriən/	someone who chooses not to eat meat or fish; relating to or intended for vegetarians	Sandra is a vegetarian.
vice versa		adv	/ˌvaɪs ˈvɜː(r)sə/	the opposite of what has been said	If I help you finish your work and vice versa, we can go out together later.
victory	***	n C	/ˈvɪkt(ə)ri/	a situation in which someone's principles or goals become officially accepted	'We won,' she said with a smile of victory.
yoga		n U	/ˈjəʊgə/	an activity that involves doing physical and breathing exercises to make you stronger and make your mind and body relax	Mike does yoga to relax in the evenings.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Compound nouns					
backpack		n C	/ˈbæk.pæk/	a bag that you carry on your back, used when you are walking long distances or travelling to several different places	Can I put my camera in your backpack?
boyfriend	**	n C	/ˈbɔɪ.frend/	a man or boy that you are having a sexual or romantic relationship with	Do you have a boyfriend?
cable car		n C	/ˈkeɪb(ə)l kɑː(r)/	a small vehicle that hangs from a cable, used for taking people up and down mountains	Now a hotel company is going to build a cable car to the top of Machu Picchu.
camping-gas stove		n C	/ˈkæmpɪŋɡæs stəʊv/	a small piece of equipment that produces a flame for cooking by burning gas, and that can be used outside	They cooked dinner on the camping-gas stove.
credit card		n C	/ˈkredɪt kɑː(r)d/	a small plastic card that you use to buy things now and pay for them later	Can I pay by credit card?
dinner party		n C	/ˈdɪnə(r) pɑː(r)ti/	a social event in which you invite people to your house for an evening meal	We're going to have a dinner party on Friday.
first-aid kit		n C	/ˈfɜː(r)steɪd kɪt/	a small box or bag with the things that you would need to treat someone if they were injured or suddenly became ill	Don't forget to pack the first-aid kit.
flashlight		n C	/ˈflæʃ.laɪt/	a small electric light operated by batteries that you hold in your hand	I've lost my flashlight.
guide book	*	n C	/ˈɡaɪd.bʊk/	a book for tourists that provides information about a place	What does it say in the guide book?
insect spray		n U	/ˈɪnsekt spreɪ/	a liquid for killing flies and similar insects	Did you pack the insect spray?
mobile phone		n C	/ˈməʊbaɪl fəʊn/	a small phone that you can carry around with you	You can reach me on my mobile phone.
penknife		n C	/ˈpen.naɪf/	a small knife with one or more blades that fold into the handle	I can cut that with my penknife.
sleeping bag		n C	/sliːpɪŋ bæɡ/	a warm bag that you sleep in, especially when camping	Sarah's sleeping bag is very comfortable.
sunglasses		n pl	/ˈsʌŋ.glɑːsɪz/	glasses with dark lenses that you wear to protect your eyes when the sun is bright	I need to buy some new sunglasses.
tea bag		n C	/tiː bæɡ/	a small paper bag with tea leaves inside that you put boiling water over to make tea	The Inca Trail is crowded and dirty with old tea bags and water bottles everywhere.
tour guide		n C	/ˈtuə(r) ɡaɪd/	someone whose job it is to show tourists around a place and explain its history, architecture etc	Ana Redondo, a tour guide, explains the problem.
T-shirt		n C	/tiːʃɜː(r)t/	a soft shirt that usually has short sleeves and no collar	This T-shirt is losing its colour.
video camera		n C	/ˈvɪdɪəʊ ˈkæm(ə)rə/	a piece of equipment used for recording something onto videotape	We're going to take a video camera.
water bottle		n C	/ˈwɔːtə(r) bɒt(ə)l/	a container that you fill with water and carry with you	The Inca Trail is crowded and dirty with old tea bags and water bottles everywhere.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Air travel					
attendant	*	n C	/ə'tendənt/	someone whose job is to look after passengers	You want to request some things from the flight attendant.
board	*	v	/bɔ:(r)d/	to get onto a ship, aircraft, train, or bus	When does his plane board?
boarding card		n C	/'bɔ:(r)dɪŋ kɑ:(r)d/	a card that each passenger has to show before they are allowed to get on a plane or a ship	Go to the departure gate and show your boarding card.
book	***	v	/'bʊk/	to buy tickets, or to arrange to have or use something at a particular time in the future	Book your flight and get your ticket.
check in		v	/tʃek ɪn/	to arrive at a hotel or a private hospital where you have arranged to stay and give your personal details to the person working at the reception desk	Go to the counter at the hotel and check in.
check-in		n U	/tʃekɪn/	the place you go to when you arrive at an airport or hotel	Go to the check-in counter at the hotel.
departure	**	n C	/dɪ'pɑ:(r)tʃə(r)/	an occasion when someone leaves a place, for example to go on a journey	What is his departure gate?
duty-free		adj	/'dju:tɪfri:/	duty-free goods are cheaper than the usual price because you do not pay any tax on them	Go to the departure hall and into the duty-free shop.
fasten	*	v	/'fɑ:s(ə)n/	to close something such as a piece of clothing or a bag using the buttons, zip, clip etc on it	Could you fasten your seat belt and close the table in front of you, please?
flight	***	n C	/'flaɪt/	a journey through air or space in a vehicle such as a plane	You are a passenger on a long-distance flight.
gate	***	n C	/'geɪt/	the place at an airport where people get on a plane	Go to the departure gate and show your boarding card.
hall	***	n C	/'hɔ:l/	a large room used for meetings, concerts, or other public events	Go to the departure hall and into the duty-free shop.
hand luggage		n U	/'hænd 'lʌgɪdʒ/	small bags that passengers are allowed to carry with them on a plane or bus	Put your hand luggage in the overhead locker.
land	***	v	/'lænd/	to come down to the ground or to a surface after moving or falling through the air	The plane is going to land in about 20 minutes.
locker	*	n C	/'lɒkə(r)/	one of a row of small cupboards above the seats in a plane where passengers can store things during a flight	Put your hand luggage in the overhead locker.
luggage	*	n U	/'lʌgɪdʒ/	bags and suitcases that you take on a journey	Go to the check-in and check in your luggage.
overhead	*	adj	/'əʊvə(r)'hed/	above your head	Put your hand luggage in the overhead locker.
pack	***	v	/'pæk/	to put your possessions into a bag, case, or box so that you can take or send them somewhere	Pack your bags.
passenger	***	n C	/'pæsɪndʒə(r)/	someone who travels in a motor vehicle, aircraft, train, or ship but is not the driver or one of the people who works on it	Where is the passenger going?

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passport	*	n C	/ˈpɑːspɔː(r)t/	an official document containing your photograph and showing which country you are a citizen of. You use your passport when travelling to foreign countries	Can I see your passport, please?
passport control		n U	/ˈpɑːspɔː(r)t kənˈtrəʊl/	an area, for example in an airport or a railway station, where your passport is checked when you go from one country to another	Show your ticket and passport at passport control.
seat	***	n C	/si:t/	a seat as a passenger on a plane, bus etc or as a member of the audience in a theatre, which you pay for in order to use	What is the passenger's seat number?
seat belt		n C	/ˈsi:t belt/	a strong belt in a car or plane that you fasten around yourself to hold you in your seat	Fasten your seat belt and wait for take-off.
security	***	n U	/sɪˈkjʊərəti/	the department within an organization that protects buildings and workers	Go through security.
security guard		n C	/sɪˈkjʊərəti ɡɑː(r)d/	someone whose job is to guard something	The security guard checked our luggage.
take-off		n C / U	/ˈteɪk ɒf/	an occasion when a plane leaves the ground and starts to fly	Fasten your seat belt and wait for take-off.
terminal	**	n C	/ˈtɜː(r)mɪn(ə)l/	a large building at an airport where passengers arrive and leave	Go to the airport terminal.
ticket	***	n C	/ˈtɪkɪt/	a piece of paper that shows you have paid for a journey on a train, plane etc	Book your flight and get your ticket.
Hotels					
air conditioning		n U	/eə(r) kənˈdɪʃ(ə)nɪŋ/	a system that makes the air inside a building, room, or vehicle colder	Does the room have air conditioning?
central heating		n U	/ˈsentrəl ˈhiːtɪŋ/	a system for heating a whole building by sending hot air or water through pipes to all the rooms	There was no central heating.
connection	***	n C	/kəˈnekʃ(ə)n/	a means of communicating using a telephone or computer network	For me, an internet connection is the most important.
countryside	***	n U	/ˈkʌntriˌsaɪd/	the area outside towns and cities, with farms, fields, and trees	It's a small village in the countryside.
facility	***	n C	/fəˈsɪləti/	something such as a room or piece of equipment that is provided at a place for people to use	What facilities are available?
gym	*	n C	/dʒɪm/	a large hall or room with special equipment for doing physical exercises	The door to the gym is locked.
lift	**	n C	/lɪft/	a machine that carries people up or down between different levels of a tall building	There was a broken lift.
location	***	n C	/ləʊˈkeɪʃ(ə)n/	the place or position where someone or something is or where something happens	The hotel is in a great location.
minibar		n C	/ˈmɪnɪˌbɑː(r)/	a small cupboard of alcoholic drinks for guests in a hotel bedroom	There's no water in the minibar.
room service		n U	/ru:m ˈsɜː(r)vɪs/	a service provided by a hotel that allows you to have food and drink brought to your room	Can we order room service?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
satellite TV	**	n C	/ˈsætəlart/	television programmes that are sent to your television using satellite communications	Does the hotel have satellite TV?
sauna		n C	/ˈsə:nə	a small hot wooden room that people sit in in order to sweat (=produce water from their skin)	I'm going for a sauna before dinner.
shower	**	n C	/ˈʃaʊə(r)/	a piece of equipment that produces a flow of water that you stand under to wash your body	They had a cold shower.
single	***	adj	/ˈsɪŋɡ(ə)l/	designed for one person, or used by one person	I'd like a single room, please.
twin	**	n C	/ˈtwɪn/	a twin-bedded room has two single beds (=beds for one person)	Can we book a twin room?
vacancy	*	n C	/ˈveɪkənsi/	a room in a hotel that is available for someone to stay in	Do you have any vacancies next weekend?
Verb patterns					
be interested in + verb + <i>-ing</i>	***	v	/bi ˈɪntrestɪd ɪn/	wanting to know about or take part in something	I'm more interested in finding out about the people who live in that part of the world.
hope to + <i>infinitive</i>	***	v	/həʊp tə/	to want and expect to do something	I hope to go with a friend.
intend to + <i>infinitive</i>	***	v	/ɪnˈtend tə/	to have a plan in your mind to do something	If he hasn't got enough money, I intend to go alone.
look forward to + verb + <i>-ing</i>		v	/lʊk ˈfɔ:(r)wə(r)d tə/	to feel happy and excited about something that is going to happen	I'm really looking forward to riding the motorbike.
plan to + <i>infinitive</i>	***	v	/plæn tə/	to intend to do something	I plan to visit the village where my father was born.
want to + <i>infinitive</i>	***	v	/wɒnt tə/	to feel that you would like to do something	I want to have an exhibition of the photos when I get back.
would like to + <i>infinitive</i>		v	/wʊd laɪk tə/	used for saying that you want to do something	I would really like to see the monster.
Other words & phrases					
activist	*	n C	/ˈæktɪvɪst/	someone who takes part in activities that are intended to achieve political or social change, especially someone who is a member of an organization	Ana is an activist who belongs to an organization that wants to save Machu Picchu.
afterwards	***	adv	/ˈɑ:ftə(r)wə(r)dz/	after something else that you have already mentioned	We could have a drink then go for dinner afterwards.
ancient	***	adj	/ˈeɪnʃ(ə)nt/	very old	Follow the trail of the conquistadors and discover the ancient Peruvian cities.
attendant	*	n C	/əˈtendənt/	someone whose job is to look after passengers	You want to request some things from the flight attendant.
beach	***	n C	/bi:tʃ/	an area of sand or small stones beside the sea or a lake	The Rio Hotel, for example, has an Ipanema beach.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
beauty	***	n U	/ˈbju:ti/	the quality of being beautiful or very good to look at	Experience the beauty of the seas of Borneo.
bell	**	n C	/bel/	a metal object shaped like an upside down cup that makes a noise when its sides are hit by a metal piece inside it	They rang the church bells at the wedding.
breathtaking	*	adj	/ˈbreθ,tɛɪkɪŋ/	extremely impressive or beautiful	The city ruins, the Inca bridge, the mountain views and the beautiful river valley below are all absolutely breathtaking.
build	***	v	/bɪld/	to make a building or other large structure by putting its parts together	Now a hotel company is going to build a cable car to the top of Machu Picchu.
calm	**	adj	/kɑ:m/	not affected by strong emotions such as excitement, anger, shock, or fear	Please try to stay calm.
capital	***	n C	/ˈkæpɪt(ə)l/	the most important place for an activity or industry	It is the hotel capital of the world.
casino		n C	/kəˈsi:nəʊ/	a place where people gamble (=risk money in the hope of winning more) by playing card games, roulette, or slot machines	Many tourists never go outside their hotels, which have everything you could possibly want: bars, restaurants, casinos ...
cleanliness		n U	/ˈkleanlɪnəs/	the process of keeping yourself and your possessions and property clean	This hotel doesn't seem very concerned with cleanliness.
climb	***	v	/klaɪm/	to walk to the top of something high	You can climb the Eiffel Tower or visit the Arc de Triomphe at the Paris Hotel.
cloud	***	n C	/klaʊd/	a white or grey mass of very small drops of water in the sky	Fly a Russian MiG-29 jet and see the world from above the clouds.
comb	*	n C / v	/kəʊm/	an object that you pull through your hair to make it tidy, with a row of thin pointed parts called teeth	Can I borrow your comb?
comfortable	***	adj	/ˈkɒmfətəb(ə)l/	feeling physically relaxed, without any pain or other unpleasant feelings	These seats are very comfortable.
crowded	*	adj	/ˈkraʊdɪd/	containing a lot of people, especially too many	The Inca Trail is crowded and dirty.
depend	***	v	/dɪˈpend/	used when you cannot give a definite answer, because different things are possible in different situations	It depends on what time we arrive.
destination	**	n C	/ˌdestɪˈneɪʃ(ə)n/	the place where someone or something is going	Today it is also one of the most popular tourist destinations in the world.
discover	***	v	/dɪˈskʌvə(r)/	to find a place, fact, or substance that no one knew about before	Discover the Jamaica and Puerto Rico of Christopher Columbus.
distillery		n C	/dɪˈstɪləri/	a place where strong alcoholic drinks such as whisky are made	Looking for the Loch Ness monster (includes visits to whisky distilleries)
dive	**	n C / v	/daɪv/	a time of swimming underwater using special equipment so that you can breathe	An unforgettable dive to the wreck of the Titanic.
dolphin	*	n C	/ˈdɒlfɪn/	a large sea animal, similar to a fish, with a long nose	I'm looking forward to swimming with the dolphins.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
exhibition	***	n C	/ˌɛksɪˈbɪʃ(ə)n/	a public show where art or other interesting things are put so that people can go and look at them	I want to have an exhibition of the photos when I get back.
explore	***	v	/ɪkˈsplɔː(r)/	to travel to a place in order to learn about it or to search for something valuable such as oil	In 1911 the American explorer Hiram Bingham discovered the ruins of the city.
extraordinary	**	adj	/ɪkˈstrɔː(r)d(ə)n(ə)ri/	very unusual and surprising	It is one of the most extraordinary places in the world.
extremely	***	adj	/ɪkˈstriːmli/	very: used for emphasizing an adjective or adverb	It is extremely popular with tourists.
fast food	*	n U	/ˈfɑːst fuːd/	food that is made and served very quickly, especially food such as a burger that you can take away with you	The company is also going to build a large hotel and tourist centre with souvenir shops, fast food restaurants and so on.
festival	***	n C	/ˈfestɪv(ə)l/	an event that is held to celebrate a particular thing or activity	Experience the magic of the Hungry Ghost Festival in Malaysia.
fix	***	v	/fɪks/	to repair something	I'll fix the shower this evening, OK?
forest	***	n C	/ˈfɒrɪst/	a large area of land covered by trees and other plants growing close together	See the lost Mayan pyramids in the rain forest of Mexico.
get changed		phr	/get ˈtʃeɪndʒd/	to put on new clothes different from those worn before	Do you want to get changed before dinner?
ghost	**	n C	/gəʊst/	the spirit of a dead person that someone sees or hears	Explore the Pacific islands of southern Japan in the company of Shojo ghosts.
give up		v	/gɪv ʌp/	to stop doing something that you do regularly	He had to give up playing golf when he hurt his back.
hand in		v	/hænd ɪn/	to give something to a person in authority	Can everyone hand in the homework on Friday?
hang on		v	/hæŋ ɒn/	to hold tightly to something	Hang on to the end of the rope.
historic	**	adj	/hɪˈstɔːrɪk/	a historic place is important because it is old and interesting or impressive	Follow the path of Alexander the Great through the historic cities of Turkey.
horrible	**	adj	/ˈhɒrəb(ə)l/	very unpleasant	Our room smells of cigarettes. It's horrible.
hunt	**	n C / v	/hʌnt/	to try to find someone or something	Yeti Hunt – Two weeks in the high Himalayas on the trail of the yeti
ice	***	n U	/aɪs/	water that has frozen and become solid	We went in a submarine to visit a wreck under the Arctic ice.
in advance		phr	/ɪn ədˈvɑːns/	if you do something in advance, you do it in preparation for a particular time or event in the future	Did you book your train tickets in advance?
incredible	*	adj	/ɪnˈkredəb(ə)l/	surprising, or difficult to believe	We had incredible journey from Chicago to Los Angeles.
jet	**	n C	/dʒet/	a plane that can fly very fast and gets its power from a jet engine	Fly a Russian MiG-29 jet and see the world from above the clouds.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
journey	***	n C	/ˈdʒɜː(r)ni/	an occasion when you travel from one place to another, especially when there is a long distance between the places	Others take the train and then a bus for the last part of the journey.
jungle	*	n C / U	/ˈdʒʌŋɡ(ə)l/	a thick tropical forest	I plan to spend two weeks in the jungle.
kayak		n C	/ˈkaɪæk/	a small covered canoe (=narrow boat with a point at each end) that you move with a single paddle that has two flat ends	I went in a kayak down the Katun River.
key	***	n C	/kiː/	a small piece of metal used for opening or locking a door or a container, or for starting the engine of a vehicle	They gave their key to the woman at reception.
local	***	adj	/ˈləʊk(ə)l/	in or related to the area that you live in, or to the particular area that you are talking about	There are going to be a lot more tourists and that means more jobs for the local people.
lock	***	v	/lɒk/	to fasten something such as a door or a container, usually with a key, so that other people cannot open it	The door to the gym is locked.
luxury	*	n U	/ˈlʌkʃəri/	something expensive that you enjoy but do not really need	When we got home from the camping trip, hot water felt like a luxury.
magic	**	n U	/ˈmædʒɪk/	the mysterious power that some people believe can make impossible things happen if you do special actions or say special words called spells	Experience the magic of the Hungry Ghost Festival in Malaysia.
map	***	n C	/mæp/	a drawing of an area that shows the positions of things such as countries, rivers, cities, and streets	I'll give you a map.
metal	***	n C / U	/ˈmet(ə)l/	a hard, usually shiny element that exists naturally in the ground or in rock, for example lead, gold, or iron	The boat is made of metal.
mind	***	v	/maɪnd/	to feel annoyed, upset, or unhappy about something	I don't mind where we go this evening.
minister	***	n C	/ˈmɪnɪstə(r)/	an official in charge of a government department in the UK and some other countries	Tomorrow, we are meeting government ministers.
monster	**	n C	/ˈmɒnstə(r)/	an imaginary creature that is large and frightening	Looking for the Loch Ness monster (includes visits to whisky distilleries)
motorbike	*	n C	/ˈməʊtə(r),baɪk/	a road vehicle that has two wheels and an engine and looks like a large heavy bicycle	I'm really looking forward to riding the motorbike.
nervous	**	adj	/ˈnɜː(r)vəs/	feeling excited and worried, or slightly afraid	The singer looks a bit nervous.
object	***	n C	/ˈɒbdʒekt/	a thing that you can see and touch that is not alive and is usually solid	You can take six objects with you.
organization	***	n C	/ˌɔː(r)ɡənəɪˈzeɪʃ(ə)n/	a group of people who have a particular shared purpose or interest, for example a political party or charity	Ana's organization is trying to stop the cable car.
path	***	n C	/pɑːθ/	a way from one place to another that people can walk along	A centuries-old path that takes three or four days on foot.
receipt	**	n C	/rɪˈsiːt/	a document that you get from someone showing that you have given them money or goods	Can I have a receipt, please?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
rubbish	**	n U	/ˈrʌbɪʃ/	things that you throw away because they are no longer useful, such as old food, paper or plastic used for wrapping things, and empty containers	Tourists leave their rubbish on the Inca Trail.
ruins	*	n pl	/ˈruːnz/	the parts of anything that are left after the rest of it has been destroyed	Looking after the ruins is expensive.
save	***	v	/seɪv/	to regularly put money in a bank or invest it so that you can use it later	We're going to save money to buy a flat.
search	***	v	/sɜː(r)tʃ/	an attempt to find something	Police are searching for the criminal.
shout	***	v	/ʃaʊt/	to say something in a loud voice	You'll need to shout because the music is too loud.
sign	***	n C	/saɪn/	a written symbol that has a particular meaning, such as % meaning 'per cent' or \$ meaning 'dollar'	What is your star sign?
sky diving		n U	/ˈskaɪ,dɑɪvɪŋ/	the sport of jumping out of a plane and falling for as long as possible before opening your parachute	Paragliding and sky diving in America's Wild West
smell	**	n C / v	/smel/	to have a quality that you notice when you breathe in through your nose	Our room smells of cigarettes.
souvenir	*	n C	/ˌsuːvəˈnɪə(r)/	something that you buy during a holiday or at a special event to remind you later of being there	The company is also going to build a large hotel and tourist centre with souvenir shops.
spider	*	n C	/ˈspaɪdə(r)/	a small creature with eight legs that usually weaves a web to catch insects	There's a spider in the bath!
spokesman	***	n C	/ˈspəʊksmən/	a male spokesperson	'The cable car is good news for Machu Picchu,' says a company spokesman.
stairs	***	n pl	/steə(r)s/	a set of steps that allow you to go from one level of a building to another	The elevator wasn't working so I took the stairs.
submarine	*	n C	/ˈsʌbməriːn/	a ship that can travel both on the surface of the water and under water	We went in a submarine to visit a wreck under the Arctic ice.
temple	**	n C	/ˈtemp(ə)l/	a building used for worship in some religions, typically religions other than Christianity	I want to visit the old temples.
throw	***	v	/θrəʊ/	to use your hand to send an object through the air	Throw me the ball.
trail	**	n C	/treɪl/	a path through the countryside, especially one designed for walking for pleasure	Follow the trail of the conquistadors and discover the ancient Peruvian cities.
treasure	**	n C / U	/ˈtreʒə(r)/	a collection of valuable things, especially jewels or gold and silver objects	Mayan Treasures – See the lost Mayan pyramids in the rain forest of Mexico.
vacancy	*	n C	/ˈveɪkənsi/	a room in a hotel that is available for someone to stay in	The hotel has no vacancies at the moment.
valley	***	n C	/ˈvæli/	a low area of land between mountains or hills, usually with a river flowing through it	Cycling through the volcanic valleys of Reunion Island

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
view	***	n C	/vju:/	the ability to see something from a particular place	The city ruins, the Inca bridge, the mountain views and the beautiful river valley below are all absolutely breathtaking.
volcano	*	n C	/vɒl'keɪnəʊ/	a mountain that forces hot gas, rocks, ash, and lava (=melted rock) into the air through a hole at the top	I intend to take a lot of photos of the volcanoes and the animals and everything.
wall	***	n C	/wɔ:l/	an upright side of a room inside a building	My wife is looking forward to seeing the wall.
waterfall	*	n C	/'wɔ:tə(r),fɔ:l/	a place where water flows over the edge of a cliff, rock, or other steep place onto another level below	The Rio Hotel, for example, has an Ipanema beach, waterfalls, four swimming pools and sixteen restaurants.
welcome	***	v	/'welkəm/	to greet someone in a polite and friendly way when they have come to see you or to help you	Good evening everybody, and welcome.
wreck	*	n C	/rek/	a ship that has sunk	An unforgettable dive to the wreck of the Titanic.
yacht	*	n C	/jɒt/	a large expensive boat that is used for racing or sailing	He's spending 2 weeks on his yacht.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Food					
bacon	*	n U	/ˈbeɪkən/	meat from a pig that is treated with smoke or salt, and is often cooked in rashers (=thin pieces)	Elvis got up late and his first meal of the day was breakfast at five o'clock in the afternoon: bacon and eggs.
bean	**	n C	/bi:n/	a seed of various plants that is cooked and eaten or ground and drunk	There are more than 100 different varieties of coffee bean.
beer	***	n C / U	/bɪə(r)/	a yellow or brown alcoholic drink made from malt (=grain that has been left in water and then dried) and hops (=a type of plant)	Juice is healthier for you than beer.
breakfast	***	n C	/ˈbrekfəst/	the first meal you have in the morning	Another time, he ordered a large ice cream for breakfast.
cake	***	n C / U	/keɪk/	a sweet food made by baking a mixture that usually contains sugar, eggs, flour, and butter or oil	After that, it was snacks: pizza and hot dogs, hamburgers and fries, chocolate and cakes.
caviar		n U	/ˈkævi,ɑ:(r)/	fish eggs eaten as food, usually spread on bread	The best caviar in the world comes from Russia.
chicken	**	n C / U	/ˈtʃɪkɪn/	the meat of a chicken	I think that the chicken burgers at The Alabama Chicken are good.
chip	**	n C	/tʃɪp/	a long thin piece of potato cooked in hot oil	Pizzas are cheaper than steak and chips.
chocolate	**	n C / U	/ˈtʃɒklət/	a sweet brown food eaten as a sweet or used for flavouring other food	The President gave him a large box of chocolates.
coffee	***	n C / U	/ˈkɒfi/	a hot, slightly bitter drink made by pouring hot water over brown powder consisting of coffee beans that have been ground (=crushed into very small pieces)	Do you prefer tea or coffee?
cookbook		n C	/ˈkʊk, bʊk/	a book that contains recipes (=a list of the things you need and instructions for preparing and cooking food)	To begin with, this is not a cookbook.
cookie		n C	/ˈkʊki/	a small sweet biscuit	Elvis' last meal before he died was four scoops of ice cream with six chocolate cookies.
crisp	*	n C	/krɪsp/	a thin flat round piece of potato that has been cooked in fat and is eaten cold	I just had a packet of crisps for lunch.
diet	***	n C	/ˈdaɪət/	the food that a person or animal usually eats	It's important to have a healthy diet.
dish	**	n C	/dɪʃ/	food prepared and cooked in a particular way	Spaghetti is my favourite dish.
donut/doughnut		n C	/ˈdəʊ, nʌt/	a round sweet food, often in the shape of a ring, that is made by cooking dough in oil	One day he was feeling a bit hungry and ate 250g of chocolate and then 12 donuts.
egg	***	n C	/eg/	the round object with a shell that a female bird produces and a baby bird develops in	Elvis got up late and his first meal of the day was breakfast at five o'clock in the afternoon: bacon and eggs.
(French) fries		n pl	/ˈfrentʃ ˈfraɪz/	chips (=long thin pieces of potato cooked in hot oil)	After that, it was snacks: pizza and hot dogs, hamburgers and fries, chocolate and cakes.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
fruit	***	n U	/fru:t/	a type of food that grows on trees or plants	Would you like a piece of fruit?
ham	*	n U	/hæm/	the meat from the top part of the back legs of a pig, preserved using salt or smoke	Can I have a ham sandwich please?
hamburger		n C	/ˈhæm,bɜ:(r)gə(r)/	a food made by pressing small pieces of beef (=meat from a cow) into a flat round shape and cooking it in oil	They serve the best hamburgers in our town.
herb	*	n C	/hɜ:(r)b/	a plant used for adding flavour to food or as a medicine	Spaghetti with a sauce made with tomatoes, meat, onions and herbs.
hot dog		n C	/hɒt dɒg/	a sandwich that consists of two narrow pieces of bread with a sausage (=tube of meat) inside	The hot dogs at The Happy Sandwich are nice.
ice cream	*	n C	/aɪs kri:m/	a frozen sweet food made from cream or milk and sugar, often with fruit or chocolate added to flavour it	Elvis didn't like ice cream very much.
ingredient	**	n C	/ɪnˈɡri:diənt/	one of the foods or liquids that you use in making a particular meal	Bolognese sauce from supermarkets is made from many different ingredients.
junk food		n C	/dʒʌŋk fu:d/	food that is not healthy because it contains a lot of fat, salt, and sugar	He ate a lot of junk food.
lemon	**	n C / U	/ˈlemən/	fruit with a hard yellow skin and sour juice	Squeeze the lemon over the fish.
meal	***	n C	/mi:l/	an occasion when you eat, especially breakfast, lunch, or dinner	I can order a meal in a restaurant.
meat	***	n U	/mi:t/	the flesh of an animal or bird eaten as food	Spaghetti with a sauce made with tomatoes, meat, onions and herbs.
microwave	*	n C / v	/ˈmaɪkrəˌweɪv/	an oven that cooks food very quickly by passing electricity through it, instead of using heat	Heat it up in the microwave before you eat it.
mineral water		n U	/ˈmɪn(ə)rəl ˈwɔ:tə(r)/	water containing minerals that comes from under the ground and that you can buy in bottles and drink	Could we have a bottle of mineral water, please?
noodles		n plur	/ˈnu:d(ə)ls/	a type of pasta in the form of long thin pieces that cook quickly	Would you like rice or noodles?
onion	**	n C	/ˈɒnjən/	a round vegetable with thin dry skin and many layers inside that tastes and smells very strong	Spaghetti with a sauce made with tomatoes, meat, onions and herbs.
pasta	*	n U	/ˈpæstə/	an Italian food made from flour and water, and sometimes eggs	Which sauce would you like on your pasta?
peanut butter		n U	/ˈpi:nʌt bʌtə(r)/	a soft food made by crushing peanuts that you usually spread on bread	I love peanut butter on toast.
pizza	*	n C / U	/ˈpi:tʃə/	a food that consists of flat round bread with tomato, cheese, vegetables, meat etc on it	Pizzas are cheaper than steak and chips.
potato	**	n C	/pəˈteɪtəʊ/	a very common hard round vegetable that has a brown, red, or yellow skin and is white or yellow inside	Can you pass the mashed potato?
recipe	**	n C	/ˈresəpi/	a set of instructions for cooking or preparing a particular food	It's a more traditional recipe.
rice	**	n U	/raɪs/	a food consisting of small white or brown grains that are eaten cooked	I can't eat all this rice.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
salad	**	n C / U	/ˈsæləd/	a food containing a mixture of raw vegetables such as lettuce, tomatoes, and cucumbers, usually served with a salad dressing	I'll have the chicken salad, please.
salt	**	n U	/sɔ:lt/	a white substance that is often added to food before or after cooking to improve its flavour	There isn't enough salt on these crisps.
sauce	**	n C / U	/sɔ:s/	a liquid food that you put on other foods to give them a particular flavour	Fresh sauce is healthier than sauce in bottles.
sausage	*	n C	/ˈsɒsɪdʒ/	a food that consists of a tube of skin containing very small pieces of meat mixed with spices	Elvis got up late and his first meal of the day was breakfast at five o'clock in the afternoon: sausage and eggs.
snack	*	n C	/snæk/	a small amount of food that you eat between meals	Elvis even had a fridge in his bedroom for his favorite snacks.
sorbet		n U	/ˈsɔ:(r)beɪ/	a sweet food made from fruit juice, ice, and sugar	We had a delicious sorbet for desert.
sparkling		adj	/ˈspɑ:(r)k(ə)lɪŋ/	sparkling drinks are full of bubbles	Would you like still or sparkling water?
steak	*	n C / U	/steɪk/	the meat from a cow, especially a piece without fat that is high in quality	Pizzas are cheaper than steak and chips.
strawberry	*	n C	/ˈstrɔ:b(ə)ri/	a small soft red fruit with a lot of very small seeds on its skin	Emma loves strawberries and cream.
sugar	***	n U	/ˈʃʊgə(r)/	a sweet substance consisting of very small white or brown pieces that is added to food or drinks to make them taste sweet	Do you prefer tea or coffee? How do you take it? (white/black, strong/weak, with/without sugar)
tomato	**	n C	/təˈmɑ:təʊ/	a round red fruit eaten as a vegetable raw in salads or cooked	Spaghetti with a sauce made with tomatoes, meat, onions and herbs.
yoghurt/yogurt	*	n C / U	/ˈjɒgə(r)t/	a food made from milk that has become thick and slightly sour, sometimes with fruit added to it	Is there any yoghurt left in the fridge?
Eating out					
bill	***	n C	/bɪl/	a written statement showing how much money you owe someone for goods or services you have received	Shall we get the bill?
course	***	n C	/kɔ:(r)s/	one of the parts of a meal	You have a fixed choice of two or three courses.
dessert	*	n C / U	/dɪˈzɜ:(r)t/	sweet food that you eat after the main part of a meal	No dessert, thanks. Just coffee.
diner		n C	/ˈdaɪnə(r)/	someone who is eating a meal at a restaurant	For their food and drink, the 15 diners paid £150,000.
main course		n C	/meɪn kɔ:(r)s/	the biggest part of a meal	I'd like a hamburger for my main course.
serve	***	v	/sɜ:(r)v/	to provide food and drink for someone to eat at a meal	They serve the best hamburgers in our town.
service	***	n U	/ˈsɜ:(r)vɪs/	work or duties done for a person or an organization	I like The New York Donut Shop but the service is slow.
service charge		n C	/ˈsɜ:(r)vɪs tʃɑ:(r)dʒ/	an amount of money added to your bill in a restaurant to help to pay the waiter	The service charge is 10%.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
set menu		n C	/set 'menju:/	a list of the food that is only available for a specific meal	It will be cheaper if we order the set menu.
starter	*	n C	/'stɑ:(r)tə(r)/	a small amount of food eaten at the start of a meal	No starters for me, thanks.
VAT	*	n U	/ˌvi: eɪ 'ti:/	Value Added Tax: a tax on goods and services	That's £25 including VAT.
waiter	*	n C	/'weɪtə(r)/	a man or boy who brings food and drink to your table in a restaurant or café	Do the waiters and waitresses wear uniforms?
waitress	*	n C	/'weɪtrəs/	a woman or girl who brings food and drink to your table in a restaurant or café	Do the waiters and waitresses wear uniforms?
Other words & phrases					
addict	*	n C	/'ædɪkt/	someone who likes a particular activity very much and spends as much time as they can doing it	The most famous coffee addicts in the world were probably the French writers Balzac and Voltaire.
alcohol	**	n U	/'ælkə,hɒl/	drinks such as wine and beer that can make people drunk	You can't order alcohol until you're 18.
annual	***	adj	/'ænjʊəl/	happening once a year	Are you going to the annual dinner this weekend?
army	***	n C	/'ɑ:(r)mi/	a large organization of soldiers who are trained to fight wars on land	Elvis ate army meals when he was doing his military service.
artificial	**	adj	/,ɑ:(r)tɪ'fɪʃ(ə)l/	made by people and used instead of something natural	Are those flowers real or artificial?
ashtray		n C	/'æʃ,treɪ/	a small flat container where people who smoke put ash and the cigarettes they have finished smoking	Can we have an ashtray for the table, please?
authentic	*	adj	/ɔ:'θentɪk/	traditional or original, or very similar to this	The restaurant serves authentic Italian food.
bean	**	n C	/bi:n/	a seed of various plants that is cooked and eaten or ground and drunk	There are more than 100 different varieties of coffee bean.
bedroom	***	n C	/'bedru:m/	a room that you sleep in	He had food in his bedroom.
boring	**	adj	/'bɔ:ɪŋ/	not at all interesting, and making you feel impatient or dissatisfied	When he was young, Elvis ate boring school dinners.
box	***	n C	/bɒks/	a container with straight sides, a flat base, and sometimes a lid	The President gave him a large box of chocolates.
busy	***	adj	/'bɪzi/	full of people	Burger Paradise is always busy.
chapter	***	n C	/'tʃæptə(r)/	one of the sections into which a book is divided	The food in the first two or three chapters is quite normal.
chemical	***	n C	/'kemɪk(ə)l/	a substance used in chemistry or produced by a process involving chemistry	Dangerous chemicals have leaked out of a factory.
costume	*	n C	/'kɒstju:m/	clothes that performers wear in a play, film etc	I love her costume.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
count	***	v	/kaʊnt/	to calculate how many people or things there are in a group	He always counted 60 beans for each cup of coffee that he made.
customer	***	n C	/'kʌstəmə(r)/	a person or company that buys goods or services	It now serves coffee to more than 11 million customers around the world every week.
delicious	*	adj	/dɪ'lɪʃəs/	with a very pleasant taste or smell	That was delicious.
diameter	*	n C	/daɪ'æmɪtə(r)/	a straight line that crosses a circle through the centre, or the length of this line	It was 10cm in diameter.
dish		n C	/dɪʃ/	food prepared and cooked in a particular way	What's your favourite dish?
draw	***	v	/drɔː/	to create a picture by making lines with a pen or pencil	Artists in California draw leaves, hearts and other designs in your coffee.
droppings		n pl	/'drɒpɪŋz/	the faeces (=solid waste) of animals or birds	An Indonesian cat called Paradoxurus is especially fond of coffee beans and Kopi Luwak is made from its droppings!
drug	***	n C	/drʌɡ/	an illegal substance that affects someone physically or mentally when they take it (=put it into their body)	His food and the drugs that he took made him feel good, but killed him in the end.
face	***	n C	/feɪs/	the front part of your head, where your eyes, nose, and mouth are	You have tomato sauce on your face!
fascinating	**	adj	/'fæsɪneɪtɪŋ/	making you very interested or attracted	It's a fairly sad story, but a fascinating one, too.
flavour	**	n C	/'fleɪvə(r)/	the particular taste that food or drink has	These crisps are roast chicken flavour.
foodie		n C	/'fuːdi/	someone who enjoys eating or cooking different types of food and who talks a lot about food	Who is the biggest 'foodie' in the class?
fresh	***	adj	/freʃ/	fresh food has been recently picked, caught, or prepared	Fresh sauce is healthier than sauce in bottles.
fridge	*	n C	/'frɪdʒ/	a piece of equipment that is used for storing food at low temperatures	Elvis even had a fridge in his bedroom for his favourite snacks.
healthy	***	adj	/'heɪθi/	physically strong and not ill	We usually eat a lot of vegetables to make us healthy.
heart	***	n C	/'hɑː(r)t/	a shape that represents love	Artists in California draw leaves, hearts and other designs in your coffee.
ingredient	**	n C	/'ɪn'ɡriːdiənt/	one of the foods or liquids that you use in making a particular meal	Bolognese sauce from supermarkets is made from many different ingredients.
kill	***	v	/kɪl/	to make a person or other living thing die	His food and the drugs that he took made him feel good, but killed him in the end.
laboratory	**	n C	/'ləbərət(ə)ri/	a building or large room where people do scientific and medical experiments or research	The school has a new laboratory.
leaf	***	n C	/'liːf/	a flat thin green part of a tree or plant that grows on a branch or stem	Artists in California draw leaves, hearts and other designs in your coffee.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
lifestyle	**	n C	/ˈlaɪfˌstɑɪl/	the type of life that you have, for example the type of job or house you have or the type of activity you like doing	She leads a healthy lifestyle.
lively	**	adj	/ˈlaɪvli/	full of energy and enthusiasm	My dog is always lively in the mornings.
market	***	n C	/ˈmɑː(r)kɪt/	a public building or place where people sell goods on tables called stalls	We buy our food at the market.
marvellous	**	adj	/ˈmɑː(r)vələs/	extremely enjoyable or exciting	We've had a marvellous day.
measure	***	v	/ˈmeɪʒə(r)/	to be a particular size	It measured 8m.
microwave	*	n C / v	/ˈmaɪkrəˌweɪv/	an oven that cooks food very quickly by passing electricity through it, instead of using heat	Put it in the microwave for 5 minutes.
military service		n U	/ˈmɪlɪt(ə)rɪ sɜː(r)vɪs/	the period of time that someone spends in an army, navy, or air force	When he was doing his military service ...
movement	***	n C	/ˈmuːvmənt/	a group of people who share the same aim and work together to achieve it	'Slow food' is a movement that started in France in 1997.
occasion	***	n C	/əˈkeɪʒ(ə)n/	a special or important time or event	Today is a special occasion for us.
order	***	v	/ˈɔː(r)də(r)/	a request for food or drink in a restaurant or hotel	What did the people order to eat?
plant	***	n C	/plɑːnt/	a living thing that grows in soil, has leaves and roots, and needs water and light from the sun to live	the fruit of the coffee plant
presenter	*	n C	/prɪˈzɛntə(r)/	the person who introduces a television or radio programme	The radio presenter is in Bologna, not Rome.
preservative		n C	/prɪˈzɜː(r)vətɪv/	a chemical substance used for preventing food or wood from decaying	Their soups contain no artificial preservatives.
progress	***	n U	/ˈprəʊɡres/	the process of developing or improving	We've made a lot of progress this week.
scoop		n C	/skuːp/	a tool like a spoon with a deep round part, used for measuring or serving various substances	Elvis' last meal before he died was four scoops of ice cream with six chocolate cookies.
serve	***	v	/sɜː(r)v/	to provide food and drink for someone to eat at a meal	What kind of food and drink do you serve?
service	***	n U	/ˈsɜː(r)vɪs/	work or duties done for a person or an organization	The service in the restaurant was slower than usual.
shopping list		n C	/ˈʃɒpɪŋ lɪst/	a list of things that you want to buy	Tick the items on the shopping list that you can see.
silly	**	adj	/ˈsɪli/	not serious, important, or practical	That's a silly idea.
sparkling		adj	/ˈspɑː(r)k(ə)lɪŋ/	sparkling drinks are full of bubbles	Would you like still or sparkling water?
special	***	adj	/ˈspeʃ(ə)l/	different from and usually better than what is normal or ordinary	What is special about them?
speciality	*	n C	/ˌspeʃiˈæləti/	a food or drink that a person, a restaurant, or a region is well known for and that you cannot always get in other places	Spaghetti is a speciality of Bologna.

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stale	*	adj	/steɪl/	stale food such as bread is old and no longer fresh	The bread has gone a bit stale.
supermarket	**	n C	/ˈsu:pə(r),mɑ:(r)kɪt/	a very large shop that sells food and other products for the home	Bolognese sauce from supermarkets is made from many different ingredients.
taste	***	n / v	/teɪst/	the flavour that something creates in your mouth when you eat or drink it	Jamaican Blue Mountain is said to have the best taste.
taxi	***	n C	/ˈtæksi/	a car whose driver is paid to take you to a particular place, especially a fairly short distance	He ate 250g of chocolate and then 12 donuts in his taxi.
variety	***	n C	/vəˈraɪəti/	a collection or number of people, things, ideas etc that are all different from one another	There are more than 100 different varieties of coffee bean.
weak	***	adj	/wi:k/	a weak liquid contains a lot of water and not much of a substance that gives it taste or strength	I prefer my coffee weak.
weigh	**	v	/weɪ/	to have a particular weight	The heaviest tomato in the world weighed 5kg.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Work					
boss	***	n C	/bɒs/	the person who is in charge of you at work	I think you should speak to his boss!
application form	**	n C	/,æplɪ'keɪʃ(ə)n fɔ:(r)m/	a printed list of questions that you answer in order to try to get a job	Mr Mills, my interviewer, gave me application forms for six jobs.
apply for	***	v	/ə'plai /fə(r)/	to make an official request for a job or a place in a college or university, or for permission to do or have something	If I don't apply for the jobs, I lose my benefit!
be fired (from a job)	***	v	/bi: 'faɪə(r)d/	to be told that you can no longer work at your job	She was fired from the job.
career	***	n C	/kə'riə(r)/	a job or series of related jobs that you do, especially a profession that you spend a lot of your working life in	Tom Cruise was thinking of a career in the church.
CV (curriculum vitae)	*	n C	/,si: 'vi:/ (/kə,rɪkjʊləm 'vi:tai/)	a document giving details of your qualifications and the jobs you have had in the past that you send to someone when you are applying for a job	Send us a short letter/CV with your personal details.
deal (with)	***	v	/di:l/	to take action to do something, especially to solve a problem	Good police officers are calm people because they often have to deal with dangerous situations.
diploma		n C	/dɪ'pləʊmə/	a course of study at a college or university in a vocational subject (=one that prepares you for a particular job)	Diploma of Marketing and Sales
do (sth) for a living		phr	/du: (sth) fə(r) ə 'lɪvɪŋ/	to do a job to earn money to live	What do I do for a living?
earn	***	v	/ɜ:(r)n/	to receive money for work that you do	For a time, Tom Cruise earned a living in a New York restaurant.
education	***	n U	/,ɛdʒu'keɪʃ(ə)n/	someone's experience of learning or being taught	Could you tell me about your education?
in charge (of sth/sb)		phr	/ɪn tʃɑ:(r)dʒ/	if you are in charge, you have control over someone or something and are responsible for them	At the donut shop, Madonna was in charge of the coffee machine.
interview	***	n C	/'ɪntə(r),vju:/	a formal meeting in which someone asks you questions to find out if you are suitable for a job, course of study etc	I went for an interview at the Jobcentre today.
job	***	n C	/dʒɒb/	work that you do regularly to earn money	It was difficult to find a job.
office	***	n C	/'ɒfɪs/	a room or building where the people in an organization or department work	I've got a new job and no one talks to me in the office.
out of work		phr	/aʊt əv 'wɜ:(r)k/	unemployed	My sister is out of work.
pay rise		n C	/'peɪ raɪz/	an increase in your salary	She also got a small pay rise.
professional	***	adj	/prə'feʃ(ə)nəl/	relating to work that needs special skills and qualifications	Send us a short letter/CV with your personal details and information about your professional experience.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
(be/get) promoted	***	v	/prə'məʊtɪd/	to move someone to a job at a higher level	Two years later, she got promoted to 'senior assistant'.
promotion	***	n C / U	/prə'məʊʃ(ə)n/	a move to a higher level in a company, institution, or sport	To apply for a job or promotion, for example.
qualification	***	n C	/ˌkwɒlɪfɪ'keɪʃ(ə)n/	something such as a degree or a diploma that you get when you successfully finish a course of study	What qualifications have you got?
recruitment	*	n U	/rɪ'krʊ:tmənt/	the process of finding people to join the armed forces, or a company or organization	Listen to a conversation in a recruitment agency.
referee	**	n C	/ˌrefə'ri:/	someone who gives information about your abilities and work experience when you are applying for a new job	Include the names of two referees.
responsible (for sth)	***	adj	/rɪ'spɒnsəb(ə)l/	someone who is responsible for someone or something is in charge of them and must make sure that what they do or what happens to them is right or satisfactory	He was responsible for cleaning the tables.
retired	*	adj	/rɪ'taɪə(r)d/	no longer working because you have reached the age where you are officially too old to work	Become an assistant in a home for retired people.
salary	**	n C	/'sæləri/	a fixed amount of money that you earn each month or year from your job	Do you think the differences in salary are fair?
temporary	***	adj	/'temp(ə)rəri/	temporary workers do a job for a limited period of time	I have a temporary summer job.
training	***	n U	/'treɪnɪŋ/	the process of training people or of being trained for a profession or activity	You go on a training course.
well-paid		adj	/welpeɪd/	a well-paid person receives a good amount of money for work	It's very well-paid.
Jobs					
accountant	**	n C	/ə'kaʊntənt/	someone whose job is to prepare financial records for a company or person	My sister works as an accountant.
chauffeur		n C	/'ʃəʊfə(r)/	someone whose job is to drive a rich and important person around in their car, usually wearing a special uniform	Do you have a chauffeur?
computer	***	n C	/kəm'pjʊ:tə(r)/	a machine that stores programs and information in electronic form and can be used for a variety of processes, for example writing, calculating, and communicating on the Internet	Do a course in computer skills.
programmer	*	n C	/'prəʊ,græmə(r)/	someone whose job is to create computer programs	He's studying to be a computer programmer.
dentist	*	n C	/'dentɪst/	someone whose job is to examine and treat people's teeth	I need to go to the dentist.
doctor	***	n C	/'dɒktə(r)/	someone whose job is to treat people who are ill or injured	I have an appointment with the doctor at 12.
engineer	***	n C	/ˌendʒɪ'nɪə(r)/	someone who designs or builds things such as roads, railways, bridges, or machines	The bridge was designed by a famous engineer.
journalist	**	n C	/'dʒɜ:(r)nəlɪst/	someone whose job is to report the news for a newspaper, magazine, radio programme, or television programme	Earlier this year, successful journalist Pat Side was preparing an article.

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lawyer	***	n C	/ˈlɔːjə(r)/	someone whose profession is to provide people with legal advice and services	You should get yourself a good lawyer.
manager	***	n C	/ˈmænɪdʒə(r)/	someone whose job is to organize and control the work of a business or organization or a part of it	When they stop thinking about themselves, they are excellent managers.
nurse	***	n C	/nɜː(r)s/	someone who is trained to look after ill or injured people, usually in a hospital	She's a nurse so she often works at night.
police officer	*	n C	/pəˈliːs ˈɒfɪsə(r)/	a member of the police	Good police officers are calm people because they often have to deal with dangerous situations.
sales assistant		n C	/seɪls əˈsɪst(ə)nt/	someone whose job is to help customers and sell things in a shop	You can ask for help from the sales assistant.
social worker	*	n C	/ˈsəʊʃ(ə)l wɜː(r)kə(r)/	someone who is trained to give help and advice to people who have severe social problems	A social worker visits their family once a week.
teacher	***	n C	/ˈtiːtʃə(r)/	someone whose job is to teach	I had a great chemistry teacher when I was at school.
train driver		n C	/ˈtreɪn draɪvə(r)/	someone who drives a train as their job	The train was delayed because the train driver didn't arrive.
waiter	*	n C	/ˈweɪtə(r)/	a man or boy who brings food and drink to your table in a restaurant or café	I asked the waiter for another drink 20 minutes ago.
waitress	*	n C	/ˈweɪtrəs/	a woman or girl who brings food and drink to your table in a restaurant or café	I worked as a waitress last summer.
Personality					
ambition	**	n C / U	/æmˈbɪʃ(ə)n/	something that you very much want to do, usually something that is difficult to achieve	They have great ambition, but be careful of them if they do not get what they want.
ambitious	**	adj	/æmˈbɪʃəs/	determined to be successful, rich, famous etc	How ambitious are they?
emotion	***	n C / U	/ɪˈməʊʃ(ə)n/	a feeling that you experience, for example love, fear, or anger	They do not usually show their emotions.
emotional	***	adj	/ɪˈməʊʃ(ə)nəl/	affected by and expressing strong emotion, especially sadness or anger	They often live for their work and they are not very emotional people.
honest	**	adj	/ˈɒnɪst/	a person who is honest does not tell lies or cheat people, and obeys the law	They're honest and straightforward in the way they work.
imagination	**	n U	/ɪˌmædʒɪˈneɪʃ(ə)n/	the ability to think of clever and original ideas, possibilities, or solutions	They have lots of imagination and ideas, but they get bored quickly.
imaginative	*	adj	/ɪˌmædʒɪˈnætɪv/	used about someone who has new, different, or exciting ideas	They aren't the most imaginative people in the world.
independence	***	n U	/ˌɪndɪˈpendəns/	the ability to make decisions and live your life free from the control or influence of other people	Their independence is important to them.
independent	***	adj	/ˌɪndɪˈpendənt/	not depending on other people for help, or preferring to do things by yourself	Naturally skilled managers, they are independent and strong.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
(well) organized	*	adj	/ˈɔː(r)ɡənəɪzd/	an organized person arranges and plans activities carefully and effectively	They seem calm and organized, but Cancers have a secret sensitivity.
patience	*	n U	/ˈpeɪʃ(ə)ns/	the ability to wait for a long time without becoming angry or upset	The perfect boss has a lot of patience.
patient	***	adj	/ˈpeɪʃ(ə)nt/	someone who is patient is able to wait for a long time or deal with a difficult situation without becoming angry or upset	Strong, patient and skilled, Leos want to be boss.
sensitive	***	adj	/ˈsensətɪv/	likely to become angry or upset easily	They are more sensitive than they seem and they are good listeners.
sensitivity	**	n U	/ˌsensəˈtɪvətɪ/	a tendency to have strong emotional reactions, especially to be offended easily	They seem calm and organized, but Cancers have a secret sensitivity.
skill	***	n C / U	/skɪl/	the ability to do something well, usually as a result of experience and training	Well-organized and with very good people skills, they need to learn a bit more patience.
skilled	**	adj	/skɪld/	having the ability and experience to do something well	Naturally skilled managers, they are independent and strong.
Other words & phrases					
ability	***	n C / U	/əˈbɪləti/	the fact of being able to do something	Their main strength is their ability to change.
adviser	**	n C	/ədˈvaɪzə(r)/	someone whose job is to give advice on subjects they know a lot about, for example politics or financial matters	Speak to one of our experienced career advisers.
angry	***	adj	/ˈæŋɡri/	very annoyed	My boss was angry with me because I was late for the third time this week.
appearance	***	n U	/əˈpiərəns/	the way that someone or something looks	Improve her appearance.
assistant	**	adj / n C	/əˈsɪst(ə)nt/	someone whose job is to help another person in their work, for example by doing the easier parts of it	She works as a customer service assistant.
astrology		n U	/əˈstrɒlədʒi/	the study of the movement of the stars and planets and how some people think they influence people's characters and lives	Like it or not, astrology is important.
balance	***	n U	/ˈbæləns/	mental or emotional calm	Librans are a happy balance of many opposites.
basic	***	adj	/ˈbeɪsɪk/	forming the main or most important part of something, without which it cannot really exist	My mobile phone is only the most basic model.
billionaire		n C	/ˌbɪljəˈneə(r)/	someone who has more than a billion pounds or dollars	Millionaires don't use astrology. Billionaires do.
by chance		phr	/baɪ ˈtʃɑːns/	the way things happen without being planned or expected	By chance, she met another woman who had the same name as her and was the same age.
cash	*	v	/kæʃ/	to exchange a cheque for its value in notes and coins	I went to the post office to cash it.
celebrity	*	n C	/səˈlebrətɪ/	a famous person, especially in entertainment or sport	Have you ever met a celebrity?
cheque	**	n C	/tʃek/	a piece of printed paper that you can use instead of money to pay for things	Finally, my unemployment benefit cheque arrived.

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contain	***	v	/kən'teɪn/	if an area contains something, you will find that thing there	Somebody, somewhere will probably look at the astrological information it contains.
crazy	**	adj	/'kreɪzi/	not at all sensible or practical	But if I don't apply for the jobs, I lose my benefit! It's crazy!
cute		adj	/kju:t/	attractive, usually small, and easy to like	She thought the stars were cute.
dot	*	n C	/dɒt/	the way that you say the symbol (.) in an Internet or email address	Is there a dot between your first and second names in your email address?
downtown		adj / adv	/,daʊn'taʊn/	in or near the centre of a town or city, especially the business or shopping areas	He lives in downtown LA.
earring	*	n C	/'ɪərɪŋ/	a piece of jewellery that you wear on your ear	She's lost an earring.
gas	***	n C / U	/gæs/	a gas burned as fuel, for example to heat your house or cook food	I paid the gas and electricity.
haircut	*	n C	/'heə(r),kʌt/	the style that your hair has been cut in	Have you had a haircut?
horoscope		n C	/'hɒrə'skəʊp/	a description of someone's character and the likely events in their life that is based on astrology (=the position of the stars and the date they were born)	Have you read your horoscope yet?
hyphen		n C	/'haɪf(ə)n/	the short line (-), used for joining two written words or parts of words, or for dividing a word at the end of a line of writing	Sorry, was that a slash or a hyphen?
loads of		phr	/ləʊdz əv/	a lot of something	He made loads of famous films.
marketing	***	n U	/'mɑ:(r)kɪtɪŋ/	the ways in which a company encourages people to buy its products by deciding on price, type of customer, and advertising policy	He has a Diploma of Marketing and Sales.
mile	***	n C	/maɪl/	a unit for measuring distance, equal to 1.609 kilometres or 1,760 yards	I walked five miles in the cold and rain.
millionaire	*	n C	/'mɪljə'neə(r)/	someone who has more than a million pounds or dollars	Millionaires don't use astrology. Billionaires do.
movies		n pl	/'mu:vɪz/	the cinema or the film industry	Tom Cruise was thinking of a career in the church before finding work in the movies.
natural	***	adj	/'nætʃ(ə)rəl/	existing in nature and not produced or caused by people	With their natural intelligence, they understand situations quickly and know what to do next.
naturally	***	adv	/'nætʃ(ə)rəli/	as a basic quality or feature of someone or something	Naturally skilled managers, they are independent and strong.
philosophy	***	n U	/'fɪlə'səfi/	the study of theories about the meaning of things such as life, knowledge, and beliefs	She's studying philosophy at university.
post office	**	n C	/'pəʊst ɒfɪs/	a place where you can buy stamps, send letters and parcels, collect money given to you by the government etc	I went to the post office to cash the cheque.
recently	***	adv	/'ri:s(ə)ntli/	at a time that was not long ago, or that started not long ago	Have you been to the cinema recently?
sales		n pl	/seɪls/	The area of business which involves selling products or services	He has a Diploma of Marketing and Sales.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
situation	***	n C	/ˌsɪtʃuˈeɪʃ(ə)n/	the set of conditions that exist at a particular time in a particular place	Good police officers are calm people because they often have to deal with dangerous situations.
slash		n C	/slæʃ/	a line (/) that separates numbers, letters, or words in writing	Sorry, was that a slash or a hyphen?
smart	**	adj	/smɑ:(r)t/	clean and neat in appearance and dressed in nice fashionable clothes, especially in a slightly formal way	Mark always wears smart clothes to work.
star	***	n C	/stɑ:(r)/	a famous and popular person, especially an actor, entertainer, or sports personality	Match the speakers to the stars.
star sign		n C	/ˈstɑ:(r) saɪn/	one of the twelve signs of the zodiac that some people believe influence your character and what will happen to you in the future	If you haven't looked at your star sign yet, it's time that you did.
strength	***	n U	/streŋθ/	something that someone does very well	Their main strength is their ability to change.
stressed		adj	/strest/	affected by stress	I've got too much work to do and I'm feeling really stressed.
successful	***	adj	/səkˈsesf(ə)l/	used about someone who does well in their career or business	Earlier this year, successful journalist Pat Side was preparing an article.
suit	***	n C	/su:t/	a set of clothes made from the same cloth, usually a jacket with trousers or a skirt	James wore a suit to the meeting.
team	***	n C	/ti:m/	a group of people who work together	They work better on their own than in a team.
tidy (up)	*	v	/ˈtaɪdi/	to make a place look better by putting things in the correct place	Tidy up your desk.
traveller	**	n C	/ˈtræv(ə)lə(r)/	someone who is travelling or who often travels	Is this person a good traveller?
tutor	**	n C	/ˈtju:tə(r)/	a teacher in a college or university	Mr R. Dailly is a college tutor.
unemployed	***	adj	/ˌʌnɪmˈplɔɪd/	without a job	The other Pat Side was unemployed and looking for a job.
unemployment benefit	***	n C	/ˌʌnɪmˈplɔɪmənt ˈbenɪfɪt/	money provided by the government to someone who does not have a job	Finally, my unemployment benefit cheque arrived.
waste	***	v	/weɪst/	a situation in which time, money, or energy is used without bringing any useful result	Horoscopes are a waste of time.
worried	***	adj	/ˈwʌrɪd/	unhappy because you are thinking about your problems or about bad things that could happen	I've never worried about money too much.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Compound nouns with numbers					
20-million-dollar cheque		phr	/twenti mɪljən 'dɒlə(r) tʃek/	a piece of printed paper that you can use instead of money to pay for something which is worth 20 million dollars	The company wrote a 20-million dollar cheque.
thirteen-part show		phr	/,θɜ:(r)'ti:n 'pɑ:(r) tʃəʊ/	a television or radio programme divided into thirteen episodes	I watched a thirteen-part show.
eight-day trip		phr	/eɪt 'deɪ trɪp/	an occasion when you go somewhere and come back again after eight days	We went on an eight-day trip to France.
Computer actions					
arrow	**	n C	/'ærəʊ/	one of four computer keys marked with an up, down, left, or right arrow, used for moving the cursor	Click on the programme with the arrow key. ed: is this possible?
attach	**	v	/ə'tætʃ/	to send something such as a document or piece of extra information with a message	Attach your document to the message.
button	**	n C	/'bʌt(ə)n/	a small object that you press to make a machine start working or perform a particular action	Don't press that button!
click	*	n C / v	/klɪk/	the action of making a computer do something by pressing a button on the mouse	Click on the email icon.
connect	***	v	/kə'nekt/	to make it possible for someone to communicate using a telephone or computer network	Are you connected to the internet?
copy	***	v	/'kɒpi/	to make a copy that is the same as the original thing	Can you copy that document for me?
cursor		n C	/'kɜ:(r)sə(r)/	a small flashing line on a computer screen that you move to mark the point where you are going to type or do something	Move the cursor to the right a little bit.
delete	**	v	/dɪ'li:t/	to remove information stored in a computer	Please delete the attachment when you have read it.
disk	**	n C	/dɪsk/	a flat circular object on which information from a computer can be stored. Disks include hard disks, floppy disks, CDs, and DVDs	I'll put the files on a disk for you.
document	***	n C	/'dɒkjʊmənt/	a computer file that you can write in	First of all, find the document you want.
download		n C / v	/'daʊn'ləʊd/	to move information to your computer from another computer system or the Internet	Is it wrong to download essays from the internet?
edit	**	v	/'edɪt/	to make changes to a computer file on screen	You might have to edit that a bit.
format	**	n U / v	/'fɔ:(r)mæt/	the way that information is arranged and organized on a computer disk	I don't like the format of the report.
highlight	**	v	/'haɪlaɪt/	to mark a word, picture, file etc on a computer screen, usually before changing it or copying it	You highlight the word, then you click the spell check icon.
icon	*	n C	/'aɪkɒn/	a small picture on a computer screen that you choose by pressing a button with the mouse in order to open a particular program	Click on the email icon.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
insert	***	v	/ɪn'sɜ:(r)t/	to add something at a point in a document or series	You can insert the extra information here.
log off		v	/lɒg ɒf/	to finish using a computer system, for example by typing a particular word	Save your work before you log off.
log on		v	/lɒg ɒn/	to start using a computer system, for example by typing a particular word	Business students at university log on to the site and download essays.
look up		v	/lʊk ʌp/	to try to find a particular piece of information by looking in a book or on a list, or by using a computer	Look the word up in a dictionary.
memory stick		n C	/'mem(ə)ri stɪk/	a small disk drive that can store information for use in electronic equipment and that you carry around with you	Use a memory stick or a CD to save the work you have done.
message	***	n C	/'mesɪdʒ/	a piece of information that you send by email	Write your message.
paste		v	/'peɪst/	to move words, pictures etc on a computer screen from one place to another	We can copy and paste most of the information from the website.
print	***	n C / v	/'prɪnt/	to produce a copy of a computer document from a printer	If you're happy with the report then you can print it.
programme	***	n C / v	/'prəʊgræm/	a set of instructions stored inside a computer that allows the user to do a particular thing, for example produce a document or play a game	After that, you click on the 'Programmes' icon.
replace	***	v	/'riːpleɪs/	to take the place of something that was there before	We'll have to get a new printer to replace the old one.
save	***	v	/seɪv/	to make a computer keep information that you have put into it	Save your work before you log off.
screen	***	n C	/'skri:n/	the flat surface on a computer, television, or piece of electronic equipment where words and pictures are shown	Life in front of the computer screen
select	***	v	/'sɪˈlekt/	to choose something on a computer screen, usually from a menu (=list) of choices	Then, select English on your computer.
site	**	n C	/saɪt/	a place on the Internet where information is available about a particular subject, organization etc	On the site, they find the essay they need and download it.
software	***	n U	/'sɒf(t)weə(r)/	programs used by computers for doing particular jobs	I need money to buy the software.
synonym		n C	/'sɪnənɪm/	a word that has the same meaning as another word	If you don't know the word, use a synonym.
table	***	n C	/'teɪb(ə)l/	a way of showing detailed pieces of information, especially facts or numbers, by arranging them in rows and lines across and down a page	How many different sentences can you make from the table?
thesaurus		n C	/θɪ'sɔ:ɪrəs/	a book that contains lists of words that have similar meanings	I found some synonyms in the thesaurus.
tool	***	n C	/tu:l/	something that you use in order to perform a job or to achieve an aim	Click on the 'Programmes' icon and find 'Tools'.
type	*	v	/taɪp/	to write something using a keyboard	You type your address there.
undo	*	v	/'ʌnˈdu:z/	to give a computer an instruction to ignore the last change that you made to a document	I'm going to undo those changes.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Adjectives with infinitives					
dangerous	***	adj	/ˈdeɪndʒərəs/	likely to harm or kill someone, or to damage or destroy something	The world may become more dangerous.
difficult	***	adj	/ˈdɪfɪk(ə)l/	not easy to do, deal with, or understand	He will find it is difficult to get a good job.
easy	***	adj	/ˈiːzi/	not difficult to do, or not needing much work	It will be easy to use for people from all round the world.
healthy	***	adj	/ˈheɪlθi/	helping you to stay physically strong and not ill	It is healthy to eat vegetables.
illegal	**	adj	/ɪˈliːg(ə)l/	not allowed by the law	Downloading music from some websites is illegal.
impossible	***	adj	/ɪmˈpɒsəb(ə)l/	if something is impossible, no one can do it or it cannot happen	A hundred years ago many scientists said that space travel was impossible.
legal	***	adj	/ˈliːg(ə)l/	allowed by the law	Is it legal to help students with their homework?
possible	***	adj	/ˈpɒsəb(ə)l/	something that is possible might happen in the future	Can you think of any other possible problems that Emily will have?
safe	***	adj	/seɪf/	protected from being hurt, damaged, lost, stolen etc	Will it be a safer one, too?
unhealthy	**	adj	/ʌnˈheɪlθi/	not good for you in a physical way	It is unhealthy to smoke.
unusual	**	adj	/ʌnˈjuːʒuəl/	not normal, common, or ordinary	It's unusual to see him wearing jeans.
usual	***	adj	/ˈjuːʒuəl/	normal, or typical of what happens or of what people do in most situations	It is usual to knock before you come in.
Other words & phrases					
advanced	***	adj	/ədˈvɑːnst/	based on the most recent methods or ideas	American military technology is becoming more and more advanced.
airport	***	n C	/ˈeə(r),pɔː(r)t/	a place where planes arrive and leave, consisting of runways (=long roads where planes land and take off) and large buildings for passengers called terminals	When I said goodbye to my boyfriend at the airport, I was very sad.
alien	**	adj	/ˈeɪliən/	a person or creature from a planet other than Earth	They have to fight the alien to survive.
automatic	**	adj	/ˌɔːtəˈmætɪk/	an automatic machine or process works by itself rather than being operated by people	This talk will look at new developments in automatic translation machines.
blast off		v	/blɑːst ɒf/	if a spaceship blasts off, it leaves the ground	The spaceship blasted off towards the moon.
brilliant	***	adj	/ˈbrɪljənt/	very intelligent	He's a brilliant scientist.
businessman	**	n C	/ˈbɪznəsmæn/	a man who works in business, especially a manager	He's an important businessman.
consortium		n C	/kənˈsɔː(r)tɪəm/	a group of companies or people with similar interests or aims who have agreed to work together	Eurobit is a European television consortium.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
contestant		n C	/kən'testənt/	someone who takes part in a contest	The contestants will certainly need to be very fit.
crew	***	n C	/kru:/	the people who work on a ship, aircraft etc	A crew on a spaceship discover they have an alien on board.
cure	**	n C	/kjʊə(r)/	a medicine or treatment that makes someone who is ill become healthy	Scientists may find a cure for cancer.
development	***	n C	/dɪ'veləpmənt/	change, growth, or improvement over a period of time	This talk will look at new developments in automatic translation machines.
disease	***	n C	/dɪ'zi:z/	an illness that affects people or animals, especially one that is caused by infection	We will need to find cures for new diseases.
earth	***	n sing	/ɜ:(r)θ/	the planet on which we live	The Earth looks blue from space.
elderly	**	adj	/'eldə(r)li/	an elderly person is old	How will this change our society and how will we pay for the elderly?
energy	***	n U	/'enə(r)dʒi/	a form of power such as electricity, heat, or light that is used for making things work	Scientists are discovering the advantages of new energy sources.
equipment	***	n U	/'kwɪpmənt/	the tools, machines, or other things that you need for a particular job or activity	Satellites in space carry many different kinds of equipment.
essay	**	n C	/'eseɪ/	a short piece of writing by a student on a particular subject	Is it wrong to download essays from the internet?
exploration	**	n U	/'eksplə'reɪʃ(ə)n/	a journey to a place to learn about it or to search for something valuable such as oil	We will stop spending money on space exploration.
fact	***	n C	/fækt/	a piece of true information	<i>Star Wars</i> : fact or fiction?
fiction	**	n U	/'fɪkʃ(ə)n/	a report, story, or explanation that is not true	<i>Star Wars</i> : fact or fiction?
film	*	n C	/fɪlm/	a series of moving pictures with sound that you can watch at the cinema or at home	Let's have a drink before the film starts.
finances		n pl	/'faɪnənsəs/	decisions on how money is spent or invested	Who will look after the finances?
foreign	***	adj	/'fɔɪn/	from another country, or in another country	Learning a foreign language may soon be a thing of the past.
freaky		adj	/'fri:ki/	very strange and a little frightening	It's freaky that we're thinking exactly the same thing.
frightening	*	adj	/'fraɪt(ə)nɪŋ/	making you feel afraid	The future for the smaller countries of the world is extremely frightening.
game show		n C	/'geɪm ʃəʊ/	a television programme in which people play games or answer questions in order to win prizes	Where will the game show be filmed?
grow	***	v	/grəʊ/	used for describing the passing of time	The world is growing older.
hill	***	n C	/hɪl/	an area of land that is higher than the land surrounding it but smaller and lower than a mountain	She lives in a house in the Hollywood Hills.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
increase	***	v	/ɪn'kri:s/	to become larger in amount or number	This talk will explore how internet use will increase in the next 20 years.
invention	**	n C	/ɪn'venʃ(ə)n/	a machine, tool, or system that someone has made, designed, or thought of for the first time	When was the invention of the laser.
invisible	**	adj	/ɪn'vɪzəb(ə)l/	something that is invisible cannot be seen	The glass door is almost invisible.
knowledge	***	n U	/'nɒlɪdʒ/	all the facts that someone knows about a particular subject	Read books to improve your knowledge of English.
laser	**	n C	/'leɪzə(r)/	a piece of equipment that produces a powerful narrow line of light	Laser guns on military satellites will be unstoppable.
lend	***	v	/lend/	to give someone something for a short time, expecting that they will give it back to you later	Is Ash's father right to refuse to lend him the money?
litre	*	n C	/'li:tə(r)/	a unit for measuring an amount of liquid or gas in the metric system, containing 1000 millilitres	I've drunk a litre of water today.
luck	**	n U	/lʌk/	success that you have by chance and not because of anything that you do	We didn't have much luck in the competition.
machine	***	n C	/mə'ʃi:n/	a piece of equipment that does a particular job	This talk will look at new developments in automatic translation machines.
matrix	*	n C	/'meɪtrɪks/	an arrangement of connected things	<i>The Matrix</i> was a great movie.
medicine	**	n U	/'med(ə)s(ə)n/	the study and practice of treating or preventing illnesses and injuries	Think about the future of medicine.
military	**	adj	/'mɪlɪt(ə)ri/	relating to armies or armed forces and the way in which they are organized	American military technology is becoming more and more advanced.
modelling		n U	/'mɒd(ə)lɪŋ/	the job of working as a model	A modelling agency has offered a job in Japan to a sixteen-year-old English school student, Emily.
moon	**	n C	/mu:n/	an object similar to a planet that goes round another planet	Armstrong was the first man on the moon.
museum	***	n C	/'mju:zɪəm/	a building where many valuable and important objects are kept so that people can go and see them	There are a lot of interesting museums in London.
offer	***	v	/'ɒfə(r)/	to provide something such as a product or service	Are there any other websites that offer a similar service?
oil	***	n U	/ɔɪl/	a thick dark smooth liquid from under the ground, used for making petrol and other fuels	At the moment, most of our energy comes from oil.
permission	**	n U	/'pɜ:(r)'mɪʃ(ə)n/	the right to do something that is given to you by someone in authority	He has to get permission from his boss to leave work early.
pick (sth) up		v	/'pɪk (sth) ʌp/	to lift something up and take it away	I've dropped my pen – could you pick it up for me?
planet	**	n C	/'plænɪt/	a very large round object that moves around the Sun or another star	Scientists might find life on other planets.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
prisoner	***	n C	/ˈprɪz(ə)nə(r)/	someone who is in prison as punishment for a crime	Soon, there won't be enough room for all our prisoners.
privilege	**	n C	/ˈprɪvəlɪdʒ/	a special benefit that is available only to a particular person or group	John had some extra privileges after his promotion.
product	***	n C	/ˈprɒdʌkt/	something that is made, grown, or obtained in large quantities so that it can be sold	The iPod is a very popular product.
quest	*	n C	/kwest/	a long difficult search	Think of someone you know who would be a good contestant for <i>Star Quest</i> .
refuse	***	v	/rɪˈfju:z/	to say you will not do something that someone has asked you to do	Is Ash's father right to refuse to lend him the money?
risky	*	adj	/ˈrɪski/	involving the possibility of danger, harm, or failure	If he leaves now, it will be too risky.
rocket	*	n C	/ˈrɒkɪt/	a vehicle shaped like a tube that travels in space	The rocket is flying back from the moon at the moment.
satellite	**	n C	/ˈsætəlɪt/	an object that is sent into space to travel round the Earth in order to receive and send information	Laser guns on military satellites will be unstoppable.
science fiction	***	n U	/ˈsaɪəns fɪkʃ(ə)n/	books and films about imaginary future events and characters, often dealing with space travel and life on other planets	What science fiction films have you seen?
scientist	***	n C	/ˈsaɪəntɪst/	someone who is trained in science, especially someone whose job is to do scientific research	Scientists may find a cure for cancer.
similar	***	adj	/ˈsɪmɪlə(r)/	things that are similar share some qualities but are not exactly the same	Are there any other websites that offer a similar service?
society	***	n U	/səˈsaɪəti/	people in general living together in organized communities, with laws and traditions controlling the way that they behave towards one another	How will this change our society and how will we pay for the elderly?
source	***	n C	/sɔ:(r)s/	a person, place, or thing that provides something that you need or want	The advantages of new energy sources.
space	***	n U	/speɪs/	the whole of the universe outside the Earth's atmosphere	Satellites in space carry many different kinds of equipment.
space ship		n C	/ˈspeɪs,ʃɪp/	a vehicle that can travel in space	In <i>Alien</i> , a crew on a spaceship discover they have an alien on board and have to fight the alien to survive.
space station		n C	/speɪs ˈsteɪʃ(ə)n/	a laboratory in space that people can live in for long periods of time	Space stations may be the answer.
suggest	***	v	/səˈdʒest/	to offer an idea or a plan for someone to consider	But new theories of time suggest that they might be wrong.
survey	***	n C	/ˈsɜ:(r)veɪ/	a set of questions that you ask a large number of people or organizations	Choose one of the questions below for a class survey.
talk	***	n C	/tɔ:k/	an informal lecture about a subject	This talk will explore how internet use will increase in the next 20 years.

Word	Frequency of use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
text	***	n C	/tekst/	a short piece of writing that you discuss or answer questions about	Complete the text.
theory	***	n C	/'θiəri/	an idea that you believe is true although you have no proof	He's got an exciting new theory of time travel.
thirsty	*	adj	/'θɜ:(r)sti/	feeling that you want or need to drink something	Are you thirsty?
title	***	n C	/'taɪt(ə)l/	the name of a book, poem, film, play, or other work of art	Look at the titles for the talks.
translation	**	n C / U	/træns'leɪʃ(ə)n/	spoken or written words that have been changed into a different language	This talk will look at new developments in automatic translation machines.
trip	***	n C	/trɪp/	an occasion when you go somewhere and come back again	We went on an eight-day trip.
ultraviolet		adj	/,ʌltrə'vaɪələt/	ultraviolet light is beyond the normal range of colours that humans can see	They checked my ID card with ultraviolet light.
unstoppable		adj	/ʌn'stɒpəb(ə)l/	impossible to prevent or stop	Laser guns on military satellites will be unstoppable.
war	***	n C	/wɔ:(r)/	fighting between two or more countries that involves the use of armed forces and usually continues for a long time	<i>Star wars</i> : fact or fiction?
wind	***	n U	/wɪnd/	a natural current of air that moves fast enough for you to feel it	It might not be long before the sun, the wind and the sea become our main sources of energy.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
-ing & -ed adjectives					
amazing	**	adj	/ə'meɪzɪŋ/	very surprising	That's an amazing fact!
annoyed	**	adj	/ə'nɔɪd/	feeling slightly angry or impatient	I think my boss is annoyed with me.
annoying	**	adj	/ə'nɔɪŋ/	making you feel slightly angry or impatient	It was extremely annoying that you came home singing!
bored	**	adj	/bɔ:(r)d/	feeling impatient or dissatisfied, because you are not interested in something or because you have nothing to do	Mike sometimes feels bored at work.
boring	**	adj	/'bɔ:ɪŋ/	not at all interesting, and making you feel impatient or dissatisfied	It is the most boring place in the world.
depressed	**	adj	/dɪ'prest/	if you are depressed, you feel very unhappy because of a difficult or unpleasant situation that you feel you cannot change	It makes me feel depressed.
depressing	*	adj	/dɪ'presɪŋ/	something that is depressing makes you feel very unhappy and disappointed	I find that music a bit depressing.
disappointed	*	adj	/ˌdɪsə'pɔɪntɪd/	unhappy because something that you hoped for or expected did not happen or because someone or something was not as good as you expected	I was disappointed when we lost the game.
disappointing	*	adj	/ˌdɪsə'pɔɪntɪŋ/	not as good as you had hoped for or expected	The concert was a bit disappointing.
excited	**	adj	/ɪk'saɪtɪd/	very happy and enthusiastic because something good is going to happen, especially when this makes you unable to relax	I'm so excited.
exciting	**	adj	/ɪk'saɪtɪŋ/	making you feel excited	An exciting afternoon of international dance from Spain, France and Switzerland.
fascinated		adj	/'fæsɪneɪtɪd/	very interested or attracted by someone or something	He's fascinated by new technology.
fascinating	**	adj	/'fæsɪneɪtɪŋ/	making you very interested or attracted	I think that it is really fascinating.
frightened	*	adj	/'fraɪt(ə)nd/	feeling or showing fear, especially suddenly	I felt really frightened when I had to walk home alone.
frightening	*	adj	/'fraɪt(ə)nɪŋ/	making you feel afraid	I find him quite frightening.
relaxed	*	adj	/'rɪ'læksɪd/	calm and not worried	That kind of music makes me really relaxed.
relaxing		adj	/'rɪ'læksɪŋ/	pleasant and making you feel relaxed	I think that kind of music is really relaxing.
surprised	***	adj	/sə(r)'praɪzd/	having the feeling that you get when something unexpected happens	Yes, I was surprised.
surprising	***	adj	/sə(r)'praɪzɪŋ/	unusual, or unexpected	I heard some surprising news yesterday.
tired	***	adj	/'taɪə(r)d/	needing to rest or sleep	I'm really tired.
tiring		adj	/'taɪəɪŋ/	making you feel tired	She had a very tiring day.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
TV programmes					
chat show	*	n C	/ˈtʃæt ʃəʊ/	a television or radio programme in which famous people talk about themselves and their work	The guests on the chat show were really funny.
current affairs programme		n C	/ˈkʌrənt ˈfeə(r)z prəʊgræm/	a programme about political, social, and economic events that are happening now	Steve finds current affairs programmes boring.
documentary	*	n C	/ˌdɒkjʊˈment(ə)ri/	a film or television programme that deals with real people and events	The documentary was fascinating.
game show		n C	/ˈgeɪm ʃəʊ/	a television programme in which people play games or answer questions in order to win prizes	Kimberley won a lot of money on a game show.
sitcom		n C	/ˈsɪtkɒm/	a television or radio series about a particular group of characters who deal with situations in a humorous way	What's your favourite sitcom?
soap opera		n C	/səʊp ˈɒp(ə)rə/	a television or radio series about the imaginary lives of a group of people	She never watches soap operas.
sports programme		n C	/spɔː(r)tz prəʊgræm/	a television or radio broadcast about sport	The sports programme starts at 8 o'clock.
Films					
acting	*	n U	/ˈæktɪŋ/	the job or skill of performing in plays and films	Madonna won a top award for acting.
actor	***	n C	/ˈæktə(r)/	someone who performs in plays and films, especially as their job	The Razzies are given to actors and film directors for being bad.
actress	*	n C	/ˈæktɹəs/	a woman who performs in plays and films, especially as her job	Worst Actress of the 20th Century was won by Madonna.
costume	*	n C	/ˈkɒstjʊ:m/	clothes that performers wear in a play, film etc	I love her costume.
direct	***	v	/dɪˈrekt/	to be in charge of making a film or programme, or getting a play ready for performance, especially by telling the actors and technical staff what to do	Ridley Scott directed this story of ancient Rome.
director	***	n C	/dɪˈrektə(r); /daɪˈrektə(r)/	someone who is in charge of making a film or programme, or getting a play ready for performance, especially by telling the actors and technical staff what to do	The director used the most advanced technology.
extra	*	n C	/ˈekstrə/	someone who has a very small part in a film, for example as a member of a crowd	For a short time, Fidel Castro was employed by Hollywood studios as an extra.
producer	***	n C	/prəˈdjuːsə(r)/	someone whose job is to organize the work and money involved in making a film, play, television programme, CD etc	The producers divided this film into two parts.
role	***	n C	/rəʊl/	the character played by a particular actor in a film, play etc	Nicole Kidman plays the role of the cabaret singer.
setting	***	n C	/ˈsetɪŋ/	a particular time or place that a play, book, film etc happens in	What do you know about the stars, the director, the soundtrack, the setting and the story of these films?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
soundtrack		n C	/ˈsaʊn(d)ˌtræk/	the music that is played during a film or television programme, or a CD of this music	What do you know about the stars, the director, the soundtrack, the setting and the story of these films?
special effects		n pl	/ˈspeʃ(ə)l ɪfɛkts/	an unusual image or sound in a film, created artificially using various technical methods	The special effects in the film were amazing.
star	***	n C	/stɑː(r)/	a famous and popular person, especially an actor, entertainer, or sports personality	A famous TV star is invited on the show.
studio	***	n C	/ˈstjuːdiəʊ/	a room or rooms where music or a film, television show, or radio show is recorded	The TV studios were attacked last night.
Other words & phrases					
agent	***	n C	/ˈeɪdʒ(ə)nt/	something that causes change	In passive sentences, we often don't include the agent of an action.
album	**	n C	/ˈælbəm/	a CD, record, or cassette with several songs or pieces of music on it	At the end of the series, the winner is given a contract to make an album.
announce	***	v	/əˈnaʊns/	to make a public or official statement, especially about a plan, decision, or something that has happened	On the other side of town, the winners of the Golden Raspberries are announced.
arena	*	n C	/əˈriːnə/	a large area that is surrounded by seats, used for sports or entertainment	We saw Madonna perform at the Wembley Arena.
attack	***	v	/əˈtæk/	to use violence to harm a person, animal, or place	The studios of Loft Story were attacked.
attend	***	v	/əˈtend/	to be present at an event or activity	The first ceremony was attended by 250 people.
available	***	adj	/əˈveɪləb(ə)l/	able to be obtained, taken, or used	I'll see what seats we've got available.
award	***	n C	/əˈwɔː(r)d/	a prize or other reward that is given to someone who has achieved something	The Academy Awards started back in 1929.
bedtime		n U	/ˈbedˌtaɪm/	the time you usually go to bed	My son's bedtime is 9 o'clock.
boat	***	n C	/bəʊt/	a ship, especially one that carries passengers	We took the boat from England to France.
booking fee		n C	/ˈbʊkɪŋ fiː/	a charge added to an arrangement to buy a travel ticket, stay in a hotel room etc at a later date	There's a booking fee of \$5.
building	***	n C	/ˈbɪldɪŋ/	a structure made of a strong material such as stone or wood that has a roof and walls, for example a house	We're visiting a historic building.
cabaret		n C / U	/ˈkæbəreɪ/	entertainment in a restaurant or club, performed while you eat or drink	Nicole Kidman plays the role of the cabaret singer.
cable TV		n U	/ˈkeɪb(ə)l tiː viː/	a system for broadcasting television programmes in which signals are sent through underground wires	The ceremony is shown on cable TV channels and CNN reports the winners.
channel	***	n C	/ˈtʃæn(ə)l/	a television station and the programmes that it broadcasts	In Portugal, two TV channels got into trouble because they showed too much of the private lives of the people in the shows.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
circle	***	n C	/ˈsɜː(r)k(ə)l/	the upper floor of a theatre or cinema	They have tickets for the upper circle.
civilization	*	n C / U	/ˌsɪvəlɪz(ə)ʃ(ə)n/	a society that has developed its own culture and institutions	In Greece, Big Brother was described as ‘an insult to human rights and civilization’.
classical music	*	n U	/ˈklæsɪk(ə)l mjuːzɪk/	music written according to standard European forms or structures by people such as Mozart and Beethoven	Peter likes listening to classical music.
conduct	***	v	/kənˈdʌkt/	to stand in front of an orchestra or group of singers and direct the way they play or sing	Verdi’s masterpiece conducted by Patrick Davin
contestant		n C	/kənˈtestənt/	someone who takes part in a contest	One of the contestants sings a song with him or her.
contract	***	n C	/ˈkɒntrækt/	a written legal agreement between two people or businesses that says what each must do for the other or give to the other	At the end of the series, the winner is given a contract to make an album.
cost	***	v	/kɒst/	the amount of money that is needed in order to buy, pay for, or do something	A ticket for the ceremony costs \$10.
cruise	*	n C	/kruːz/	a journey on a ship for pleasure, especially one that involves visiting a series of places	The whole family enjoyed the cruise.
dance	***	n C / U	/dɑːns/	the activity of moving your feet and your body in a pattern of movements that follows the sound of music	An exciting afternoon of international dance from Spain, France and Switzerland.
designer	**	n C	/dɪˈzaɪnə(r)/	someone whose job is to decide how to make things or to decide their shape or appearance	Bill’s guests this week are Hollywood legend, Al Pacino and British designer Stella McCartney.
details	***	n C	/ˈdiːteɪl/	information	Could I take your details, please?
dream	***	n C / v	/driːm/	something good that you hope you will have or achieve in the future	For the TV producers, reality TV is a dream come true.
election	***	n C	/ɪˈleɪʃ(ə)n/	an occasion when people vote for someone to represent them, especially in a government	The 1981 American presidential election was won by Ronald Reagan, a movie actor.
entertainment	**	n U	/ˌentə(r)ˈteɪnmənt/	performances that people enjoy	What kinds of entertainment are available in your town?
entrance	***	n C	/ˈentrəns/	the place where you can enter a room, building, or area	The limousines arrive at the red-carpeted entrance to the luxury Kodak Theatre.
episode	**	n C	/ˈepɪsəʊd/	a part of a television or radio story that is broadcast separately and forms one of a series	The final episode of Big Brother was watched by 15 million people.
event	***	n C	/ɪˈvent/	an organized occasion such as a party or sports competition	Which of these events would you like to go to?
exhibition	***	n C	/ˌeksɪˈbɪʃ(ə)n/	a public show where art or other interesting things are put so that people can go and look at them	There’s a fascinating exhibition at the museum.
expedition	**	n C	/ˌekspeɪˈdɪʃ(ə)n/	a long journey organized for a particular purpose, especially to a dangerous or distant place	Lucy is organizing an expedition to the north pole.
fame	**	n U	/feɪm/	the state of being famous	Starring in a blockbuster film increased his fame.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
fantastic	**	adj	/fæn'tæstɪk/	extremely good or pleasant	It was a fantastic success.
festival	***	n C	/'festɪv(ə)l/	an event that is held to celebrate a particular thing or activity	The Rio de Janeiro Carnival is an amazing festival.
gallery	**	n C	/'gæləri/	a public building where you can look at paintings and other works of art	Going to a museum or art gallery
get into trouble		phr	/get ɪntə 'trʌb(ə)l/	a situation for which you are likely to be blamed, criticized, or punished	In Portugal, two TV channels got into trouble because they showed too much of the private lives of the people in the shows.
gorgeous	*	adj	/'gɔ:(r)dʒəs/	very beautiful	She's absolutely gorgeous.
human rights	*	n pl	/'hju:mən raɪtɪz/	the rights that everyone should have in a society, including the right to express opinions about the government or to have protection from harm	In Greece, Big Brother was described as 'an insult to human rights and civilization'.
iceberg		n C	/'aɪs,bɜ:(r)g/	a very large piece of ice floating in the sea with only a small amount of it above the surface of the water	An iceberg hits a ship.
idol		n C	/'aɪd(ə)l/	someone that you admire very much	Tom Cruise is my idol.
impressionist		n C	/'ɪm'preʃ(ə)nɪst/	a painter who works in the style of Impressionism	Paintings of London by the French impressionist
in-depth		adj	/'ɪndepθ/	thorough and detailed	An in-depth look at what is happening in the world this week.
insult	*	n C	/'ɪnsʌlt/	something that seems to show a lack of respect for someone or something	In Greece, Big Brother was described as 'an insult to human rights and civilization'.
invent	**	v	/'ɪn'vent/	to design or create something such as a machine or process that did not exist before	An early form of cinema was invented by the Lumière brothers in the 1890s.
investor	**	n C	/'ɪn'vestə(r)/	a person or organization that invests money	For the investors and businessmen, and for the stars themselves, the Oscars is big business.
jackpot		n C	/'dʒæk,pɒt/	a large amount of money that someone wins in a card game, the lottery, or another game involving money	The winner takes the jackpot prize of \$500,000.
kangaroo		n C	/'kæŋgə'ru:/	a large Australian animal that moves by jumping, has strong back legs, and carries its baby in a pouch (=pocket on the front of its body)	The prize-winning film about the life of an urban kangaroo.
knitting	*	n U	/'nɪtɪŋ/	the activity or process of knitting things	'Some of these people are so bad,' said Wilson, 'they should take up knitting.'
legend	**	n C	/'ledʒ(ə)nd/	someone who very many people know about and admire	Bill's guests this week are Hollywood legend, Al Pacino and British designer Stella McCartney.
limousine		n C	/'lɪmə'zi:n/	a large expensive comfortable car in which a screen separates the driver from the passengers	The limousines arrive at the red-carpeted entrance to the luxury Kodak Theatre.
line-up		n C	/'laɪnʌp/	the people who will perform at an event	The line-up at the festival was brilliant.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
loft	*	n C	/lɒft/	a space under the roof of a building, often used for storing things	Loft Story and the X Factor are the names of reality TV shows.
masterpiece	*	n C	/ˈmɑːstə(r),piːs/	an excellent painting, book, piece of music etc, or the best work of art that a particular artist, writer, musician etc has ever produced	Verdi's masterpiece conducted by Patrick Davin
matinee		n C	/ˈmætɪneɪ/	an afternoon performance of a play, film etc	We have tickets for the matinee.
musical		n C	/ˈmjuzɪk(ə)l/	a play or film in which there are a lot of songs	<i>Mamma Mia</i> – the Musical.
nominee		n C	/ˌnɒmɪˈniː/	someone who has been officially suggested for a job or a prize	This year's Oscar nominees.
old-fashioned	**	adj	/ˌəʊld ˈfæʃ(ə)nd/	no longer modern or fashionable	He has old-fashioned furniture in his flat.
painting	***	n C / U	/ˈpeɪntɪŋ/	a picture made using paint	Paintings of London by the French impressionist.
panic	**	n U / v	/ˈpænɪk/	a sudden strong feeling of fear or worry that makes you unable to think clearly or calmly	There was a panic when people thought the boat would sink.
paparazzi		n pl	/ˌpæpəˈrætsi/	photographers who follow famous people in order to take photographs of them that newspapers and magazines will buy	The stars are photographed by hundreds of hungry paparazzi.
performance	***	n C	/pə(r)ˈfɔː(r)məns/	the act of performing a play, dance, or other form of entertainment	At the theatre, do you prefer an evening performance or a matinee?
plus	***	prep	/plʌs/	used when adding something	All the goals from today's World Cup games plus news of today's play at Wimbledon.
pronounce	**	v	/prəˈnaʊns/	to say the sounds of letters or words	I can pronounce dates.
publish	***	v	/ˈpʌblɪʃ/	to make information available for everyone to read	The winners' names were published by the newspapers earlier that evening, so there were no surprises.
raspberry		n C	/ˈrɑːzbəri/	a small soft red fruit that grows on a bush	Meanwhile, on the other side of town in a Santa Monica hotel, the winners of the Golden Raspberry Awards (the Razzies) are announced.
reality	***	n C / U	/riˈæləti/	television programmes that do not use professional actors but show real events and situations involving ordinary people	The first reality TV show in the world was called Expedition Robinson and it was shown in Sweden in 1997.
record	***	n C	/ˈrekɔː(r)d/	a piece of music that you can buy on a CD, cassette, or record	The winner makes a record.
report	***	v	/rɪˈpɔː(r)t/	to give information about something in a news article or broadcast	The ceremony is shown on cable TV channels and CNN reports the winners.
requiem		n C	/ˈrekwiəm/	a piece of music that can be performed as part a Christian ceremony in which people pray for someone who has died	Verdi's Requiem – Verdi's masterpiece conducted by Patrick Davin
ridiculous	**	adj	/rɪˈdɪkjʊləs/	silly or unreasonable and deserving to be laughed at	Who will wear the most ridiculous dress?
series	***	n C	/ˈsiəriːz/	a set of television or radio programmes that are all about a particular subject, person, or group of people	Two years later in Holland, the first series of <i>Big Brother</i> was filmed.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
session	***	n C	/ˈseʃ(ə)n/	a period of time used for a particular activity	She's booked 5 sessions with the physiotherapist.
sink	**	v	/sɪŋk/	to disappear below the surface of the water	I hope the boat doesn't sink!
sold out		adj	/səʊld aʊt/	if an event is sold out, all the tickets for it have been sold	I'm sorry, sir, we're sold out.
spy	*	n C	/spaɪ/	someone whose job is to find out secret information about a country or an organization	The James Bond books were written by Ian Fleming, a British spy.
stalls	**	n pl	/stɔ:lz/	the seats in front of the stage on the lowest level of a theatre, cinema etc	Do you prefer to sit downstairs in the stalls or upstairs in the circle?
statue	**	n C	/ˈstætʃu:/	a human or animal image that is made of stone, wood, metal etc and is usually large	A librarian at the American Academy of Motion Picture Arts and Sciences said that the statue awards looked like her Uncle Oscar.
stay tuned		phr	/ˈsteɪ tju:nd/	to set a radio or television to a particular station or programme	Find out who gets this year's Razzies, and stay tuned for this year's Oscars ceremony.
survivor	*	n C	/sə(r)ˈvaɪvə(r)/	someone or something that still exists after an event that could have killed or destroyed them	The prize money for <i>Survivor</i> is \$1 million.
take part (in sth)		phr	/ˈteɪk pɑ:(r)t/	to be involved in an activity with other people	Thousands of young people apply to take part in this programme.
talented	*	adj	/ˈtæləntɪd/	someone who is talented is very good at something	Johnny Depp is a talented actor.
TV channel		n C	/ˈti: vi: tʃæn(ə)l/	a television station and the programmes that it broadcasts	In Portugal, two TV channels got into trouble because they showed too much of the private lives of the people in the shows.
unmissable		adj	/ʌnˈmɪsəb(ə)l/	a film, play etc that is unmissable is so good that you think everyone should see it	It's all good fun and it's unmissable television.
urban	***	adj	/ˈz:(r)bən/	relating to towns and cities, or happening there	Prize-winning film about the life of an urban kangaroo.
video tape		n C	/ˈvɪdiəʊˌteɪp/	a thin band of magnetic film in a plastic case, used mostly for recording television programmes	They send video tapes to the producers and a group of them are chosen to take part.
viewer	**	n C	/ˈvju:ə(r)/	someone who is watching, or who watches, television programmes	The viewers vote for their favourite programme.
weekly	**	adj	/ˈwi:kli/	happening every week	We have a weekly meeting in my office.
wharf		n C	/wɔ:(r)f/	a structure built for boats to stop at, at the edge of the land or leading from the land out into the water	We took a boat from Canary Wharf.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Animals					
cat	***	n C	/kæt/	an animal with soft fur, a long thin tail, and whiskers, that people keep as a pet or for catching mice	He has loved animals, especially cats, since he was a child.
dog	***	n C	/dɒg/	an animal kept as a pet, for guarding buildings, or for hunting	Some hotels have special services for dogs.
goldfish		n C	/'gəʊld, fɪʃ/	a small orange fish, often kept as a pet	Don't forget to buy food for the goldfish.
hamster		n C	/'hæmstə(r)/	a very small furry animal with a short tail, kept as a pet	Can you look after our hamster while we're away?
lizard	*	n C	/'lɪzə(r)d/	a small animal with a long tail and rough skin that lives mainly in hot places	Some Americans have strange pets (for example, pigs and lizards).
monkey	*	n C	/'mʌŋki/	an animal with a long tail that climbs trees and uses its hands in the same way that people do	We saw a monkey at the zoo.
parrot	*	n C	/'pærət/	a brightly coloured tropical bird that is often kept as a pet and can be taught to say a few words	They have taught their parrot to speak.
pig	**	n C	/pɪg/	an animal with no fur and a curly tail kept by farmers for its meat	George Clooney had a pet pig.
rabbit	**	n C	/'ræbɪt/	a small animal with long ears and soft fur that some people keep as a pet	She has a new pet rabbit.
rat	**	n C	/ræt/	an animal like a large mouse with a long tail	I found a rat in the basement.
Collocations with get					
get divorced		phr	/get dɪ'vɔ:(r)st/	to take legal action to end your marriage. If two people agree to stop living together, but do not legally end their marriage, they separate	I think that getting divorced is the most stressful because ...
get fired		phr	/get 'faɪə(r)d/	to be told by someone that you can no longer work at your job	He got fired because he was always late.
get ill		phr	/get ɪl/	to become unhealthy, because of a medical condition or an injury	She got very ill and took two months off work.
get into (financial) difficulties		phr	/get ɪntə (faɪnənʃ(ə)l) 'dɪfɪk(ə)ltɪz/	to get into a bad situation with a lot of problems	They got into financial difficulties and they closed their company.
get into trouble		phr	/get ɪntə 'trʌb(ə)l/	to get into a situation for which you are likely to be blamed or punished	They got into trouble with the police.
get married		phr	/get 'mæɪrɪd/	if someone marries someone else, they become the husband or wife of that person	They got married in a beautiful church.
get promoted		phr	/get prə'məʊtɪd/	to move to a job at a higher level	She got promoted because her work was so good.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Sport					
aerobics		n U	/ə'reʊbɪks/	very active physical exercises done while listening to music, often in a class	The most popular are walking, swimming, aerobics, cycling, tennis and golf.
champion	***	n C	/'tʃæmpiən/	someone who has won an important competition, especially in sport	It has a large number of world champions in many different sports.
cricket	**	n U	/'krɪkɪt/	a game played by two teams of 11 players who get points by hitting a ball with a bat and running between two sets of sticks called stumps	The most important events in the sporting calendar are the Grand Final of Australian Rules Football, international cricket matches, ...
cycling		n U	/'saɪklɪŋ/	to use a bicycle	The most popular are walking, swimming, aerobics, cycling, tennis and golf.
final	**	n C	/'faɪn(ə)l/	last in a series	The most important events in the sporting calendar are the Grand Final of Australian Rules Football, ...
golf	***	n U	/'gɒlf/	a game in which you use golf clubs to hit a small white ball into a hole in the ground	The most popular are walking, swimming, aerobics, cycling, tennis and golf.
horse racing		n U	/'hɔ:(r)s reɪsɪŋ/	a sport in which riders called jockeys race against each other on horses, sometimes jumping over tall wide objects called fences	The most important events in the sporting calendar are the Grand Final of Australian Rules Football, ... the Melbourne Cup (horse racing), ...
marathon	*	n C	/'mærəθ(ə)n/	a race in which people run on roads over a distance of 42 kilometres or about 26 miles	I would like to run a marathon.
motor racing		n U	/'məʊtə(r) reɪsɪŋ/	a sports event in which fast cars race on a special track	The most important events in the sporting calendar are the Grand Final of Australian Rules Football, ... and the Australian Grand Prix (motor racing).
race	***	n C	/'reɪs/	a competition that decides who is the fastest at doing something, especially running	The fastest woman ran the race in 2 hours 10 minutes and 30 seconds.
running	**	n U	/'rʌnɪŋ/	a sport which involves moving quickly using your legs and feet	She goes running every day.
soccer	*	n U	/'sɒkə(r)/	the game of football	The most important events in the sporting calendar are the Grand Final of Australian Rules Football, ... soccer matches, ...
squash		n U	/'skwɒʃ/	a game in which two players use rackets to hit a small ball against a wall	Do you want to play squash on Friday?
swimming	*	n U	/'swɪmɪŋ/	an activity in which you swim for enjoyment, for exercise, or in races	The most popular are walking, swimming, aerobics, cycling, tennis and golf.
tennis	**	n U	/'tenɪs/	a game in which two or four people use rackets to hit a ball across a net	The most popular are walking, swimming, aerobics, cycling, tennis and golf.
weight training		n U	/'weɪt treɪnɪŋ/	exercise that involves lifting weights, especially using equipment in a gym	I hurt myself doing weight training.

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yoga		n U	/ˈjəʊgə/	an activity that involves doing physical and breathing exercises to make you stronger and make your mind and body relax	They go to yoga class on Friday evenings.
Body & health					
adrenaline		n U	/əˈdrenəlɪn/	a chemical produced by your adrenal glands that makes your heart beat faster and gives you more energy when you are frightened, excited, or angry	When you feel under stress, your body produces more of the hormones adrenaline and cortisol.
antibiotic		n C	/ˌæntɪbaɪˈɒtɪk/	a drug that cures illnesses and infections caused by bacteria. Doctors often give people a course of antibiotics, when they have to take a fixed amount of medicine each day for several days	The doctor gave me a prescription for antibiotics.
appointment	***	n C	/əˈpɔɪntmənt/	an arrangement to see someone at a particular time, especially for a business meeting or to get a professional service	I'll make an appointment with the receptionist.
aspirin	*	n C / U	/ˈæspɪrɪn/	a drug, usually in the form of a pill, that you take to cure minor pains such as headaches	You should take some aspirin or paracetamol.
back	***	n C	/bæk/	the part of your body between your neck and your bottom, on the opposite side to your chest and stomach	She's got a pain in her back.
blood pressure		n U	/ˈblʌd preʃə(r)/	the pressure at which blood flows from your heart around your body	As a result, the body needs more oxygen and your heart rate and blood pressure go up.
brain	***	n C	/breɪn/	the organ inside your head that allows you to think and feel, and controls your body	Scientists have also discovered that stress can lead to the loss of brain cells.
breast cancer		n U	/ˈbreɪst kænsə(r)/	a disease affecting one of the two round soft parts on the front of a woman's body that produce milk when she has a baby	Doctors managed to cure her breast cancer.
breathe	**	v	/briːð/	to take air into your lungs through your nose or mouth and let it out again	Have you sometimes found it difficult to breathe?
cell	**	n C	/sel/	the smallest part of a living structure that can operate as an independent unit	Scientists have also discovered that stress can lead to the loss of brain cells.
check-up	**	v	/tʃek ʌp/	an examination by a doctor or dentist to make sure that you are healthy	I'm going for a check-up at the doctors' on Friday.
chest	***	n C	/tʃest/	the upper front part of your body between your neck and your stomach	She's also got pains in her chest and neck.
cold	***	n C	/kəʊld/	a minor illness that blocks your nose and makes you cough	Stress is also related to weight problems, coughs and colds.
cough	*	n C / v	/kɒf/	an illness in which you cough often and sometimes your throat and lungs hurt	He's got a cough.
diagnosis	**	n C	/ˌdaɪəɡˈnəʊsɪs/	a statement about what disease someone has, based on examining them	The doctor had problems finding a diagnosis for her illness.
ear	***	n C	/ɪə(r)/	one of the two body parts at the sides of your head that you hear with	Have you had any pain in your ear?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
examine	***	v	/ɪgˈzæmɪn/	if a doctor examines you, they look carefully at your body to check if you are healthy	The vet visited the house and examined the dog which had a cold!
exhausted	*	adj	/ɪgˈzɔːstɪd/	extremely tired and without enough energy to do anything else	I'm feeling exhausted so I can't come out tonight.
eye	***	n C	/aɪ/	one of the two body parts in your face that you use for seeing	The doctor looked into his eye with a flashlight.
flu	*	n U	/fluː/	a very common infectious disease that lasts a short time and makes you feel hot or cold, weak, and tired	She's got flu.
hangover		n C	/ˈhæŋ,əʊvə(r)/	the feeling of being tired and sick because you have drunk too much alcohol or taken too many drugs	He's got a hangover.
headache	*	n C	/ˈhedeɪk/	a pain in your head	How often have you had a headache in the last 12 months?
heart attack	*	n C	/ˈhɑː(r)t ətæk/	an occasion when someone suddenly has a lot of pain in their chest and their heart stops working	He died of a heart attack.
heart rate		n U	/ˈhɑː(r)t reɪt/	the movement of your heart as it makes blood flow round your body	As a result, the body needs more oxygen and your heart rate and blood pressure go up.
hormone		n C	/ˈhɔː(r)məʊn/	a chemical substance produced in animals and plants that controls things such as growth and sexual development	Which hormones does the body produce when it is under stress?
hurt	***	v	/hɜː(r)t/	to feel pain somewhere in your body	Where does it hurt?
illness	***	n C	/ˈɪlnəs/	the state of feeling ill or of having a disease	What illnesses are related to stress?
mouth	***	n C	/maʊθ/	the part of your face below your nose that you use to eat and speak	Could you open your mouth for me?
multiple sclerosis		n U	/ˈmʌltɪp(ə)l sklɪərəʊsɪs/	a serious illness affecting the nerve cells of the brain and spine that gradually makes it difficult for someone to move, speak, or see	They have raised more than four million pounds for a multiple sclerosis research centre.
muscle	***	n C	/ˈmʌs(ə)l/	a piece of flesh that connects one bone to another and is used for moving a particular part of your body	I think you've pulled a muscle.
neck	***	n C	/nek/	the part of the body that joins the head to the rest of the body	She's also got pains in her chest and neck.
nose	***	n C	/nəʊz/	the part of your face above your mouth that you use for smelling and breathing	He's got a broken nose.
operation	***	n C	/ˌɒpəˈreɪʃ(ə)n/	the process of cutting into someone's body for medical reasons	This is the first operation I've ever had.
oxygen	**	n U	/ˈɒksɪdʒ(ə)n/	a gas in the air that has no smell or taste, and that all animals depend on to breathe	As a result, the body needs more oxygen and your heart rate and blood pressure go up.
pain	***	n C	/peɪn/	a feeling that you have in a part of your body when you are hurt or ill	She's also got pains in her chest and neck.
painful	**	adj	/ˈpeɪnf(ə)l/	if part of your body is painful, you feel pain there	It's very painful.
paracetamol		n C / U	/ˌpærəˈsi:təməʊl/; /ˌpærəˈsetəməʊl/	a drug, usually in the form of pills, that you take to cure minor pains	You should take some aspirin or paracetamol.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
prescription	*	n C	/prɪ'skrɪpʃ(ə)n/	a piece of paper that a doctor gives you that says what type of medicine you need	Did the doctor give you a prescription?
skin	***	n U	/skɪn/	the outer layer of a person's or animal's body	Have you had any skin problems?
specialist	**	n C	/'speʃəlɪst/	someone whose training, education, or experience makes them an expert in a particular subject	She's got an appointment with a specialist.
stomach ache		n C / U	/'stʌmək eɪk//	pain in your stomach	How many stomach aches have you had?
stress	***	n U	/stres/	a worried or nervous feeling that stops you relaxing, caused, for example, by pressure at work or financial or personal problems	Are you suffering from stress?
suffer	***	v	/'sʌfə(r)/	to have a particular illness or physical problem	How many adults suffer from stress?
symptom	**	n C	/'sɪmptəm/	a sign that someone has an illness	Over half of the adult population has had stress-related symptoms in the last year.
temperature	***	n C / U	/'tempərɪtʃə(r)/	the measurement of how hot your body is	Her temperature is 39°.
throat	***	n C	/θrəʊt/	the area at the back of your mouth and inside your neck	His throat hurts.
treatment	***	n C	/'tri:tmənt/	the process of providing medical care	There's a new treatment, but it's very expensive.
vitamin	**	n C	/'vɪtəmɪn/	natural substances found in food that are necessary to keep your body healthy	You could try taking a vitamin tablet every morning.
weight	***	n U	/weɪt/	a measurement of how heavy a person or thing is	Stress is also related to weight problems.
X-ray	*	n C	/'eks reɪ/	a picture of the bones or organs inside someone's body taken using X-rays	Doctor, doctor, what did the X-ray of my head show?
Other words & phrases					
achievement	***	n C	/ə'tʃi:vmənt/	a particular thing that you have achieved	Her greatest achievement was to fly around the world.
affect	***	v	/ə'fekt/	to change or influence something	But stress can affect us all and the figures prove it.
arrival	***	n C / U	/ə'raɪv(ə)l/	the time when someone or something arrives at a place from somewhere else	His arrival at the meeting improved the discussion.
beauty therapist		n C	/'bju:ti 'θerəpɪst/	someone whose job is to help people with their personal appearance	Some jobs are more stressful than others, with teachers and police officers at the top of the scale and beauty therapists at the bottom.
bronze	**	n U	/brɒnz/	a piece of bronze like a coin, given as a prize to someone who comes third in a sports competition	She got the bronze in the 100m.
brush	**	v	/brʌʃ/	to make something clean or tidy using a brush	Ask a friend to brush your hair.
calendar	**	n C	/'kælɪndə(r)/	a list of important events and the dates they take place	The most important events in the sporting calendar are the Grand Final of Australian Rules Football, ...

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
canoe	*	n C / v	/kə'nu:/	a long narrow boat that you push through the water using a paddle	We're going to take a canoe down the river.
cause	***	n C	/kɔ:z/	an event, thing, or person that makes something happen	The most common cause of stress is over-work.
celebrate	***	v	/'selə,breit/	to do something enjoyable in order to show that an occasion or event is special	How do you want to celebrate your birthday?
continent	**	n C	/'kɒntɪnənt/	one of the very large areas of land on Earth that are usually divided into several countries	France and Egypt are on different continents.
contribute	***	v	/kən'trɪbjʊ:t/	to be one of the things that help to make something happen	Stress, itself, is not an illness, but it can certainly contribute to illnesses, some of them serious.
crazy about (sth)		adj	/'kreɪzi əbaʊt/	very much in love with someone or something	The writer gives four reasons for why he thinks that Americans are crazy about animals.
cry	***	v	/kraɪ/	to have tears coming from your eyes, especially because you are sad	How often have you wanted to cry?
deep	***	adj	/di:p/	going a long way down from the top or the surface	The water is very deep, so be careful!
desert	**	n C / U	/'dezə(r)t/	a large area of land with few plants and little water and where the weather is always dry	In the last seven days, Fiennes and Stroud have been to the Andes, the Amazon and the desert of Oman.
event	***	n C	/'ɪvent/	an organized occasion such as a party or sports competition	What are the most important sporting events in your country?
farm	***	n C	/'fɑ:(r)m/	an area of land used for growing crops or keeping animals	Is it a farm animal?
foundation	***	n C	/'faʊn'deɪʃ(ə)n/	the most basic part of something from which the rest of it develops	What they discovered became the foundation of modern medicine.
gardener	**	n C	/'gɑ:(r)d(ə)nə(r)/	someone whose job is to look after a garden	The gardener cuts the grass regularly.
gross national product (GNP)		n U	/'grəʊs næʃ(ə)nəl prɒdʌkt/	the total value of all the goods and services that a country produces in a year, including income received from money invested in other countries, but not income paid to foreign investors	That's about the same as the gross national product of a medium-sized South American country.
hockey	*	n U	/'hɒki/	a game played on grass by two teams of 11 players who try to score goals by hitting a ball with a curved stick called a hockey stick	'If Wayne doesn't sleep, he doesn't play good hockey', said the wife.
memory	***	n C	/'mem(ə)ri/	the ability to remember things	Doctor, doctor, I've got a memory problem.
official	***	adj	/'əʃɪʃ(ə)l/	done by people in authority	His official time was 2 hours and 10 minutes.
over-work		n U	/'i:ʊvə(r)'wɜ:(r)k/	to work harder than you should	The most common cause of stress is over-work.
point	***	n C	/'pɔɪnt/	the thing that you are trying to say	In the same newspaper was an article which proves my point.
previous	***	adj	/'pri:vɪəs/	a previous event, period, or thing happened or existed before the one that you are talking about	Our car has had 2 previous owners.
prove	***	v	/'pru:v/	to provide evidence that shows that something is true	But stress can affect us all and the figures prove it.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
raise	***	v	/reɪz/	to collect money for a particular purpose	They have raised more than four million pounds for a multiple sclerosis research centre.
scale	***	n C	/skeɪl/	a range of measurements in a particular system	Some jobs are more stressful than others, with teachers and police officers at the top of the scale and beauty therapists at the bottom.
spectator	*	n C	/spek'teɪtə(r)/	someone who watches a public activity or event, especially a sports event	There were 50,000 spectators at the game.
stopover		n C	/ˈstɒp,əʊvə(r)/	a stop during a journey, especially during a flight	We have a stopover in Amsterdam before flying to the US.
stress	***	n U	/stres/	a worried or nervous feeling that stops you relaxing, caused, for example, by pressure at work or financial or personal problems	Are you suffering from stress?
stressful		adj	/ˈstresf(ə)l/	involving or causing a lot of pressure or worry	How stressful is your work and day-to-day life?
stuff	***	n U	/stʌf/	a variety of objects or things	No, the really crazy stuff came from another article.
up to date	*	adj	/ʌp tu deɪt/	including the most recent news and information	I can get up to date news on my mobile phone.
vet		n C	/vet/	a doctor for animals. Vet is short for veterinary surgeon.	The vet visited the house and examined the dog which had a cold!
veterinary practice		n U	/ˈvet(ə)nri ˈpræktɪs/	the business of a veterinary surgeon	Dr Attas has run a veterinary practice, called CityPets, for the last ten years.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Personal possessions					
car	***	n C	/kɑ:(r)/	a road vehicle for one driver and a few passengers	I needed a car to get to work.
CD player		n C	/ˈsi: di: pleɪə(r)/	a piece of equipment used for playing CDs with music on them	Do you have a CD player at home?
computer	***	n C	/kəmˈpjʊ:tə(r)/	a machine that stores programs and information in electronic form and can be used for a variety of processes, for example writing, calculating, and communicating on the Internet	Go to Tottenham Court Road for computers, hi-fi, TVs and other electronic equipment.
credit card	**	n C	/ˈkredɪt kɑ:(r)d/	a small plastic card that you use to buy things now and pay for them later	She wanted a credit card to pay for meals in restaurants.
lipstick		n C/U	/ˈlɪp, stɪk/	a coloured substance in the form of a small stick that women put on their lips, or a stick of this	Debbie is putting on lipstick in the bathroom.
motorbike	*	n C	/ˈməʊtə(r), baɪk/	a road vehicle that has two wheels and an engine and looks like a large heavy bicycle	I've just bought a new motorbike.
MP3 player		n C	/ˈem pi: θri: pleɪə(r)/	a piece of equipment used for playing MP3 files	She wanted an MP3 player to listen to music on the train.
pen	**	n C	/pen/	an object that you use for writing or drawing with ink	Can I borrow your pen?
phone	***	n C	/fəʊn/	a telephone	You mustn't use your mobile phone on a plane.
sunglasses		n pl	/ˈsʌŋ, glɑ:sɪz/	glasses with dark lenses that you wear to protect your eyes when the sun is bright	I can't find my sunglasses.
TV	***	n C	/ˈti: vi:/	television	Go to Tottenham Court Road for computers, hi-fi, TVs and other electronic equipment.
watch	**	n C	/wɒtʃ/	a small clock that you carry with you, usually on your wrist	I'm not wearing a watch.
Clothes					
boot	***	n C	/bu:t/	a type of shoe that covers all of your foot and part of your leg	She's got a new pair of boots.
cardigan		n C	/ˈkɑ:(r)dɪgən/	a jacket knitted from wool, that you fasten at the front with buttons or a zip	I like your cardigan.
changing room		n C	/ˈtʃeɪndʒɪŋ ˌru:m/	a room in which people can change their clothes before and after playing a sport	Of course, the changing room is over there.
dress	***	n C	/dres/	a piece of clothing that covers a woman's body and part of her legs	That dress really suits you.
fit	***	v	/fɪt/	if clothes fit, they are the right size for you	Do all their clothes fit?
flip flops		n pl	/ˈflɪp flɒpz/	a rubber shoe without a top or back, held to your foot by a strap in the shape of a 'V' that goes between your toes	Philip Dale was told to go home and change out of his casual shorts and flip flops.
go with		v	/gəʊ wɪð/	to be provided or offered together with something	Will that go with something you are wearing?

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
gown		n C	/gaun/	a piece of formal clothing like a loose coat sometimes worn by judges, teachers, lawyers, and members of universities	At some colleges, they also have to wear the gowns at dinner.
jacket	***	n C	/ˈdʒækɪt/	a short coat that covers the upper part of the body and is made in many styles for different occasions and different kinds of weather	I'm looking for a black jacket.
jeans	*	n pl	/dʒi:nz/	trousers made of heavy cotton cloth called denim that you wear in informal situations	Do you think jeans are too casual?
jersey		n C	/ˈdʒɜ:(r)zi/	a warm piece of clothing that covers your upper body and arms	I'm wearing a jersey because it's cold.
scarf	*	n C	/ska:(r)f/	a piece of cloth that you wear round your neck or head to keep warm or to make yourself look nice	She put on a scarf and left the house.
shirt	***	n C	/ʃɜ:(r)t/	a piece of men's clothing that covers the top part of the body	Your tie doesn't go with your shirt.
shorts	*	n pl	/ʃɔ:(r)ts/	short trousers that end at or above the knees	Shorts and flip flops are not formal enough.
skirt	**	n C	/skɜ:(r)t/	a piece of clothing for a woman or girl	Women can wear skirts and shorts.
sock	*	n C	/sɒk/	a soft piece of clothing that you wear on your foot inside your shoe	I can't find two socks that are the same colour.
suit	***	n C	/su:t/	a set of clothes made from the same cloth, usually a jacket with trousers or a skirt	That suit fits you.
suit	***	v	/su:t/	if a style or something that you wear suits you, it makes you look good	That dress really suits you.
sweatshirt		n C	/ˈswetʃɜ:(r)t/	a piece of clothing made of thick cotton that you wear on the upper part of your body for exercise or informal activities	In most state schools, children can't wear a school sweatshirt.
tie	**	n C	/taɪ/	a long narrow piece of cloth that a man wears around his neck under the collar of a shirt	Why do men have to wear hot trousers and ties?
top	***	n C	/tɒp/	a piece of clothing that covers the upper part of your body	I have the same top as you.
trainers	*	n pl	/ˈtreɪnə(r)z/	strong, comfortable shoes which are designed for doing sports in, but which many people wear as informal clothing	Amy bought some new running trainers.
trousers	**	n pl	/ˈtraʊzə(r)z/	a piece of clothing covering the body from the waist to the feet, divided into separate parts for each leg and worn by both men and women	Why do men have to wear trousers?
try on		v	/traɪ ɒn/	to put on a piece of clothing in order to see how it looks and whether it fits	You enjoy shopping and you like trying on lots of different things.
T-shirt		n C	/ti:ʃɜ:(r)t/	a soft shirt that usually has short sleeves and no collar	He's wearing shorts and a T-shirt.
underwear	*	n U	/ˈʌndə(r),weə(r)/	clothing that you wear next to your skin under your other clothes	I need to buy some new underwear.
Other words & phrases					
antique	*	n C	/ænˈti:k/	an old object such as a piece of furniture or jewellery that is valuable because it is rare, beautiful, or well made	Portobello Road is famous for its street market (weekends), but it also has a lot of interesting antique shops.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
awful	**	adj	/ˈɔːf(ə)l/	used for emphasizing how unpleasant someone or something is	The wine was good but the food was awful.
bargain	**	n C	/ˈbɑː(r)ɡɪn/	something you buy that costs much less than normal	Wow! 50% off is a real bargain.
bloke	**	n C	/bləʊk/	a man	Tim's a great bloke.
branch	***	n C	/brɑːntʃ/	a shop or office representing a large company or organization in a particular area	With the opening this week of a new branch of Home Comforts, Kyra Komac now has 25 stores in her successful international chain of home and furniture shops.
candle	**	n C	/ˈkænd(ə)l/	a stick of wax with a string in it called a wick that you burn to give light	She started making candles.
case	***	n C	/keɪs/	a legal matter that will be decided in a court	The case continues.
casual	**	adj	/ˈkæʒʊəl/	casual clothes are comfortable, and suitable for wearing in informal situations	The company thinks that Mr Dale's clothes are too casual.
chain	***	n C	/tʃeɪn/	a group of businesses such as shops, hotels, or restaurants that all belong to the same person or company	Kyra Komac now has 25 stores in her successful international chain of home and furniture shops.
clearly	***	adv	/ˈklɪə(r)li/	in a way that people can easily see, hear, or understand	Mr Dale's contract says very clearly "Employees must wear suitable clothes in the workplace."
client	***	n C	/ˈklaɪənt/	someone who pays for the services of a professional person such as a doctor or lawyer	He often takes his clients out to dinner.
contract	***	n C	/ˈkɒntrækt/	a written legal agreement between two people or businesses that says what each must do for the other or give to the other	Mr Dale's contract says very clearly "Employees must wear suitable clothes in the workplace."
department store	**	n C	/dɪˈpɑː(r)tment stɔː(r)/	a large shop divided into separate sections, each section selling a different type of thing	Oxford Street is London's main shopping street with all the international chains (Gap, H & M, Zara, etc), large department stores and two mega-stores for CDs, DVDs and games.
discrimination	**	n U	/dɪˌskrɪmɪˈneɪʃ(ə)n/	unfair treatment of someone because of their religion, race, or other personal features	But the really important question here is the question of sexual discrimination.
electronic	***	adj	/ˌelekˈtrɒnɪk/	involving the use of electronic equipment, especially computers	Go to Tottenham Court Road for computers, hi-fi, TVs and other electronic equipment.
employee	***	n C	/ɪmˈplɔɪiː/; /ˌemplɔɪˈiː/	someone who is paid regularly to work for a person or an organization	Companies cannot tell their employees what to wear.
enormous	***	adj	/ɪˈnɔː(r)məs/	very large in size or quantity	There are three enormous bookshops and many small specialist bookshops.
formal	***	adj	/ˈfɔː(r)m(ə)l/	correct or conservative in style, and suitable for official or serious situations or occasions	Shorts and flip flops are not formal enough.
furniture	***	n U	/ˈfɜː(r)nɪtʃə(r)/	the chairs, tables, beds, cupboards etc that you put in a room or house so that you can live in it	We sell everything from designer furniture to silver jewellery.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
garage	**	n C	/ˈgærɑːʒ/; /ˈgærɪdʒ/	a place that repairs or sells cars	I went to a garage to look at the new cars.
give sb a hand		phr	/gɪv (sb) ə hænd/	to give someone support or information so that they can do something more easily	When I got older, I gave my mum a hand and I really enjoyed it.
gold	***	n U	/gəʊld/	a valuable yellow metal used for making jewellery	Is that ring made of gold?
human rights	*	n pl	/ˈhjuːmən raɪtɪz/	the rights that everyone should have in a society, including the right to express opinions about the government or to have protection from harm	This is a question of human rights.
hurry	**	n	/ˈhʌrɪ/	if you are in a hurry, you do something quickly because you do not have much time	I was in a hurry to leave.
image	***	n C	/ˈɪmɪdʒ/	the opinion of yourself, your company, or your community that you deliberately try to create in the minds of other people	We must think about our image.
impress	**	v	/ɪmˈpres/	if someone or something impresses you, you admire them	She wanted to impress her clients.
incense		n U	/ˈɪnsens/	a substance that creates a strong but pleasant smell when burned	In the first store, we only sold incense and candles.
instead (of)	***	adv	/ɪnˈsted/	used for saying that one person, thing, or action replaces another	Instead of the usual ‘Good morning’ from his boss, Philip Dale was told to go home and change.
investment	***	n C	/ɪnˈves(t)mənt/	the process of spending money in order to improve something or make it more successful	There has been lots of investment in new technology.
jewellery	**	n U	/ˈdʒuːəlri/	objects that you wear as decoration	We sell everything from designer furniture to silver jewellery.
joke	**	n C	/dʒəʊk/	something you say or do that is intended to make people laugh	My mum told me jokes and stories so I didn’t get bored.
judge	***	v	/dʒʌdʒ/	to form an opinion about something after considering all the details or facts	You can judge a person’s personality by their clothes.
medium	**	adj	/ˈmiːdiəm/	between small and large in size	He’s got brown hair and he’s medium height.
mega-store		n C	/ˈmegəˌstɔː(r)/	a very large shop, especially one that sells many different types of products	Oxford Street is London’s main shopping street with all the international chains (Gap, H & M, Zara, etc), large department stores and two mega-stores for CDs, DVDs and games.
metallic		adj	/mɪˈtæɪlɪk/	consisting of or containing metal	It’s a small, metallic object.
mum	**	n C	/mʌm/	a mother	When I got older, I gave my mum a hand and I really enjoyed it.
overtime	*	n U	/ˈəʊvə(r)ˌtaɪm/	extra hours that someone works at their job	I worked overtime to earn more money.
professionalism		n U	/prəˈfeɪʃ(ə)nəˌlɪz(ə)m/	the qualities and skills that someone with a professional job is expected to have	It’s a question of professionalism.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
recommend	***	v	/ˌrekəˈmend/	to say that someone or something is good and worth using, having, or experiencing	Are there any shops that you don't recommend?
roof	***	n C	/ru:f/	the top outer part of a building	You get a great view of the city from the roof of the building.
sell out		v	/ˈsel aʊt/	if a shop sells out of something, it sells all that it has so that there is no more available	They were sold out in 20 minutes!
seriously	***	adv	/ˈsɪəriəsli/	in a way that is bad or dangerous enough to make you worried	They weren't seriously injured in the accident.
sexy	*	adj	/ˈseksi/	sexually attractive	She thought it was very sexy.
shape	***	n C	/ʃeɪp/	the outer form of something	I spent my free time making candles of all different shapes and sizes.
sign	***	n C	/saɪn/	a flat object with words or pictures on it, put in a public place to provide information or advertise something	The sign in the window says 'vacancies'.
silver	**	n C	/ˈsɪlvə(r)/	a light grey bright metal used for making jewellery, coins, silverware, etc	We sell everything from designer furniture to silver jewellery.
size	***	n C	/saɪz/	how large or small something is	It's the right size for you.
smart	**	adj	/sma:(r)t/	clean and neat in appearance and dressed in nice fashionable clothes, especially in a slightly formal way	It's important to look smart at work and when you go out.
spokeswoman	**	n C	/ˈspəʊks,wʊmən/	a female spokesperson	'This is work, not a holiday on the beach,' said a company spokeswoman.
stall	**	n C	/stɔ:l/	a large table or a small building that is open at the front, used for selling things or for giving people information	When I was little, my mother began selling vegetarian food from a stall at Camden Market.
store	***	n C	/stɔ:(r)/	a shop of any size	In the first store, we only sold incense and candles.
suitable	***	adj	/ˈsu:təb(ə)l/	right for a particular purpose, person, or situation	Employees must wear suitable clothes in the workplace.
uniform	**	n C	/ˈju:nɪfɔ:(r)m/	a set of clothes that you wear to show that you are part of a particular organization or school	Children at this school don't have to wear a uniform.
vegetarian		adj	/ˌvedʒəˈteəriən/	someone who chooses not to eat meat or fish	When I was little, my mother began selling vegetarian food from a stall at Camden Market.
wax		n U	/wæks/	a soft natural or artificial substance that becomes liquid when heated, used for making candles and models, for making wooden furniture shine, and for protecting objects from water	My mum gave me some money to buy some wax to make more candles.
wheel	***	n C	/wi:l/	a round object that turns round and round to make a car, bicycle, or other vehicle move	One of the wheels has fallen off my bike.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Phrasal verbs					
call (sth) off		v	/kɔ:l (sth) ɒf/	to decide that something will not happen	Unfortunately, the concert was called off.
carry on (+ verb + -ing)		v	/'kæri ɒn/	to continue doing something	Are you going to carry on studying next year?
give (sth) up		v	/gɪv (sth) ʌp/	to stop doing something that you do regularly	He has decided to give up smoking.
pick (sb) up		v	/pɪk (sth) ʌp/	to go and meet someone or something that you have arranged to take somewhere in a vehicle	James came to pick us up at our guest house.
put (sth) off		v	/pʊt (sth) ɒf/	to delay doing something, especially because you do not want to do it	The meeting was put off until next week.
sort (sth) out		v	/sɔ:(r)t (sth) aʊt/	to do what is necessary to deal with a problem, disagreement, or difficult situation successfully	She needs to sort out her money problems.
take off		v	/'teɪk ɒf/	to remove something, especially a piece of clothing	I'm going to take off my coat it's too hot in here.
Festivals					
band	***	n C	/bænd/	a small group of musicians who play popular music such as jazz or rock	All the bands in the carnival have a Mas camp.
carnival		n C	/'kɑ:(r)nɪv(ə)l/	a lively festival in which people walk through the streets playing music, dancing, and often wearing unusual colourful clothes	Venice has a carnival.
costume	*	n C	/'kɒstjʊ:m/	clothes that performers wear in a play, film etc	They bought costumes that cost \$250.
display	***	n C	/dɪ'spleɪ/	a performance that is intended to entertain people	There was a huge firework display at the end of the concert.
fireworks	*	n pl	/'faɪə(r),wɜ:(r)ks/	an object that explodes when you light it and produces coloured lights and loud noises	We really enjoyed the fireworks.
float		n C	/fləʊt/	a large vehicle decorated and driven as part of a parade	We joined the people around the float.
mask	**	n C	/mɑ:sk/	something that you wear to cover part or all of your face in order to hide who you are or for decoration	It is famous for its beautiful masks.
parade	*	n C	/pə'reɪd/	a public celebration in which a large group of people move through an area, often with decorated vehicles and bands playing music	I've never seen a bigger parade in my life.
procession	*	n C	/prə'sesj(ə)n/	a line of people or vehicles moving in a slow and formal way as part of an event	By this time, the procession was a lot bigger.
(loud) speaker		n C	/(,laʊd)'spi:kə(r)/	a piece of electrical equipment that allows sounds or voices to be heard loudly at a distance	Looking out of our upstairs window, we saw a float which was covered in (loud) speakers.
Countries & languages					

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Arabic		n	/ˈæɹəbɪk/	the language that most people speak in the Middle East and in most countries of North Africa	He's moving to the Middle East so he's learning Arabic.
Brazil		n	/brəˈzɪl/	a large country in South America	Brazil opens rainforest reserve.
China		n	/ˈtʃaɪnə/	a large country in Asia	The company does a lot of business with China.
Chinese		n	/ˌtʃaɪˈniːz/	someone from China; the group of related languages that people speak in China	We often go to a restaurant that serves Chinese food.
France		n	/frɑːns/	a country in Europe	He succeeded in swimming between England and France.
French		n	/frentʃ/	someone from France; the language that people speak in France, Belgium, and several other countries	I'm sorry, I don't speak French.
German		n	/ˈdʒɜː(r)mən/	someone from Germany; the official language of Germany, Austria, and Liechtenstein, and one of the official languages of Switzerland	The German explorer, Alexander von Humboldt, travelled through the Amazon jungle and collected plants.
Greece		n	/ɡriːs/	a country in southern Europe	We went on holiday to Greece last summer.
Greek		n	/ɡriːk/	a person from Greece; the language that people speak in modern Greece	Most English that you hear and see around the world is spoken or written by non-native speakers – between, for example, a Greek and a German.
Hungarian		n	/ˈhʌŋˈɡeəriən/	a person from Hungary; the language that people speak in Hungary	We met some Hungarians on holiday.
Hungary		n	/ˈhʌŋɡəri/	a country in Europe	Have you ever been to Hungary?
Italian		n	/ɪˈtæljən/	someone who is Italian is from Italy; relating to Italy, or its language or culture	Most English that you hear and see around the world is spoken or written by non-native speakers – between, for example, a Russian and an Italian.
Italy		n	/ɪtəlɪ/	a country in southern Europe	This is my colleague from Italy.
Japan		n	/dʒəˈpæn/	a country in Asia	I think this was made in Japan.
Japanese		n	/ˌdʒæpəˈniːz/	the language that people speak in Japan; someone from Japan	I love Japanese food.
Latin		n	/ˈlætɪn/	someone from a European country such as Italy or Spain whose language developed from Latin	English has become the Latin of the modern world.
Poland		n	/ˈpəʊlənd/	a country in eastern Europe	We went to Poland for the weekend.
Polish		n	/ˈpəʊlɪʃ/	someone who is Polish comes from Poland; relating to Poland, or its language or culture	Do you know if he's German or Polish?
Portuguese		n	/ˌpɔː(r)tʃuˈɡiːz/	the language that people speak in Portugal. Portuguese is also the official language of Brazil.	The Portuguese explorer, Gil Eannes, was the first European to sail past Cape Bojador on the coast of Africa.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Russia		n	/ˈrʌʃə/	a large country in Asia	I'm going to fly to Russia on Saturday.
Russian		n	/ˈrʌʃ(ə)n/	someone who is Russian is from Russia; relating to Russia, or its language or culture	Most English that you hear and see around the world is spoken or written by non-native speakers, for example, between a Russian and an Italian.
Saudi Arabia		n	/ˈsɑːdi əreɪbiə/	a country in western Asia	She really enjoyed her trip to Saudi Arabia.
Spain		n	/speɪn/	a country in southern Europe	He's on a business trip in Spain at the moment.
Spanish		n	/ˈspæniʃ/	someone who is Spanish is from Spain; relating to Spain, or its language or culture	Do you speak Spanish?
Turkey		n	/ˈtɜː(r)ki/	a country in Europe	I want to book a cheap flight to Turkey.
Turkish		n	/ˈtɜː(r)kiʃ/	Someone who is Turkish is from Turkey; relating to Turkey, or its language or culture.	Turkish food is delicious.
Global issues					
clone	*	n C / v	/kləʊn/	to create an animal or plant in a laboratory that is an exact copy of another using the original animal's or plant's DNA	Scientists clone 12 sheep.
crime	***	n C / U	/kraɪm/	an illegal activity or action	Police need more money to fight online crime.
environment	***	n C / U	/ɪnˈvaɪrənmənt/	the conditions and influences in which people carry on a particular activity	We have a great working environment here.
genetic engineering		n U	/dʒəˈnetɪk ˌendʒɪnɪərɪŋ/	the practice or science of adding genes to a living thing, especially in order to make it more suitable for a particular purpose	Scientists are making a lot of progress with genetic engineering.
genetically modified		adj	/dʒəˈnetɪkli ˈmɒdɪfaɪd/	a genetically modified plant or animal has had its genetic structure changed in order to make it more suitable for a particular purpose	The shop doesn't sell any genetically modified food.
global warming	*	n U	/ˈɡləʊb(ə)l ˈwɔː(r)mɪŋ/	the slow increase in the temperature of the Earth caused partly by the greenhouse effect increasing the amount of carbon dioxide in the atmosphere	Global warming is an important issue.
health	***	n U	/helθ/	relating to medical care	Oxfam trains health workers and sets up schools, for example.
homeless	*	adj	/ˈhəʊmləs/	without a place to live	New hostels for homeless men have been built.
minimum wage		n C	/ˈmɪnɪməm weɪdʒ/	the smallest amount of money that an employer is legally allowed to pay a worker	European Parliament to vote on minimum wage.
nature conservation		n C	/ˈneɪtʃə(r) ˌkɒnsə(r)veɪʃ(ə)n/	the management of land and water in ways that prevent it from being damaged or destroyed	He works for a big nature conservation charity.
organic food		n C	/ɔː(r)ˈɡæɪnɪk fuːd/	organic food or drink is produced using only a small number of artificial chemicals	The woman doesn't want to eat organic food.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
poverty	**	n U	/ˈpɒvə(r)ti/	a situation in which someone does not have enough money to pay for their basic needs	Oxfam's aim is a simple one: to work with others to find lasting solutions to poverty and suffering.
protester	*	n C	/prəˈtestə(r)/	someone who publicly shows their opposition to something such as a law or policy	Protesters destroy fields.
rainforest	*	n C / U	/ˈreɪnˌfɔːrɪst/	a forest in a tropical region of the world where it rains a lot	Brazil opens rainforest reserve.
Other words & phrases					
academic	***	adj	/ˌækəˈdemɪk/	relating to education, especially education in colleges and universities	English is the main language of business, academic conferences and tourism.
achievement	***	n C	/əˈtʃiːvmənt/	a particular thing that you have achieved	Other people think that his achievements are a waste of time and money.
adventurer		n C	/ədˈventʃ(ə)rə(r)/	someone who uses slightly dishonest methods to become rich or achieve high social status	Do you know of any explorers or adventurers from your country?
aeroplane	*	n C	/ˈeərəˌpleɪn/	an aircraft with wings and at least one engine	What kind of aeroplane are we flying in?
attempt	***	n C	/əˈtempt/	an effort to do something	He almost called off his attempt to fly around the world.
balloon	*	n C	/bəˈluːn/	a large strong bag filled with gas or hot air that can float in the air	Steve Fossett's balloon took off from a town in Western Australia.
ballooning		n U	/bəˈluːnɪŋ/	the activity of flying in a hot-air balloon	He gave up ballooning after this journey.
charity	***	n C / U	/ˈtʃærəti/	an organization to which you give money so that it can give money and help to people who are poor or ill, or who need advice and support	All the money will be donated to charity.
climatologist		n C	/ˌklaɪməˈtɒlədʒɪst/	someone who undertakes the scientific study of climate	Climatologists are discovering more and more about global warming.
coast	***	n C	/kəʊst/	an area of land beside a sea	The Portuguese explorer, Gil Eannes, was the first European to sail past Cape Bojador on the coast of Africa.
collect	***	v	/kəˈlekt/	to get things and keep them together for a particular reason	The German explorer, Alexander von Humboldt, travelled through the Amazon jungle and collected plants.
compare	***	v	/kəmˈpeə(r)/	to consider how things or people are similar and how they are different	Compare your answers with another group.
confirm	***	v	/kənˈfɜː(r)m/	to prove that something is true	Scientists have confirmed the theory.
delay	**	v	/dɪˈleɪ/	to do something later than is planned or expected	He had to delay his departure because of a problem with the wind.
departure	**	n C	/dɪˈpɑː(r)tʃə(r)/	an occasion when someone leaves a place, for example to go on a journey	He had to delay his departure because of a problem with the wind.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
determination	**	n U	/dɪ,tɜ:(r)mɪ'neɪʃ(ə)n/	the refusal to let anything prevent you from doing what you have decided to do	She showed a lot of determination to finish the race.
dialect	*	n C	/'daɪələkt/	a way of speaking a language that is used only in a particular area or by a particular group	These different dialects and accents depend on people's social class and the geographical area where they live.
dirt	*	n U	/dɜ:(r)t/	soil or mud (=soil mixed with water)	Everyone is brown, because they cover themselves with dirt, mud, or oil.
easily	***	adv	/'i:zɪli/	without difficulty or effort	They won the game easily.
emergency	***	n C	/'ɪmɜ:(r)dʒ(ə)nsɪ/	an unexpected situation involving danger in which immediate action is necessary	If there is an emergency, please stay calm.
endurance		n U	/'ɪndʒʊərəns/	the ability to continue doing something physically difficult or continue dealing with an unpleasant situation for a long time	They showed a lot of endurance to finish the race.
epic		adj	/'epɪk/	an event or activity that lasts a long time and is sometimes difficult or complicated	They went on an epic journey.
explorer		n C	/'ɪksplɔ:(r)rə(r)/	someone who travels to a place that other people do not know much about in order to find out what is there	The Scottish explorer, Mungo Park, travelled on horse and on foot along/into the Niger River in West Africa.
field	***	n C	/'fi:ld/	an area of land used for keeping animals or growing food	Protesters destroy fields.
flood	**	n C	/'flʌd/	a large amount of water that covers an area that was dry before	Oxfam responds to emergencies, providing food and shelter for people who have lost their homes in floods, hurricanes and war.
forest	***	n C	/'fɒrɪst/	a large area of land covered by trees and other plants growing close together	Forest fires in Southern France.
fortunate	**	adj	/'fɔ:(r)tʃənət/	lucky, especially because you have more advantages than other people	We were fortunate that the weather stayed fine.
generous	**	adj	/'dʒenərəs/	giving people more of your time or money than is usual or expected	She's very generous with her money.
geographical	**	adj	/'dʒi:ə'græfɪk(ə)l/	relating to an area or place, or to its geography	These different dialects and accents depend on people's social class and the geographical area where they live.
glider		n C	/'glɑɪdə(r)/	a light plane with no engine that people fly in for pleasure	He flies his glider most weekends.
gliding		n U	/'glɑɪdɪŋ/	the activity of flying in a glider	Louise went gliding for the first time yesterday.
guest house		n C	/'gest,haʊs/	a small hotel or private home where people can pay to spend the night	They stayed in a guest house that was near the town centre.
guide	***	n C	/'gaɪd/	someone whose job is to look after a group of people who are visiting a place and give them information about it	The tour guide took them around the walls of the old city and back to their starting point.
handsome	**	adj	/'hæns(ə)m/	a handsome man or boy has a very attractive face	He's a very handsome man.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
helicopter	**	n C	/ˈhelɪkɒptə(r)/	an aircraft with large metal blades on top that spin and lift it into the air	The helicopter took off one hour late.
helium		n U	/ˈhiːliəm/	a gas that is lighter than air, often used for lifting large balloons	The balloon was filled with helium.
hero	**	n C	/ˈhɪərəʊ/	someone who has done something brave, for example saving a person's life or risking their own life	For some people, Steve Fossett is a hero.
horse	***	n C	/hɔː(r)s/	a large animal that people ride	The Scottish explorer, Mungo Park, travelled on horse and on foot along/into the Niger River in West Africa.
hostel		n C	/ˈhɒst(ə)l/	a building where people can stay and get meals if they have no home or have been forced to leave their home	New hostels for homeless men
hurricane		n C	/ˈhʌrɪkən/; /ˈhʌrɪkeɪn/	a violent storm with extremely strong winds and heavy rain	Oxfam responds to emergencies, providing food and shelter for people who have lost their homes in floods, hurricanes and war.
inspiration	**	n U	/ˌɪnspəˈreɪʃ(ə)n/	a sudden feeling of enthusiasm, or a new idea that helps you to do or create something	She had the idea in a moment of inspiration.
lasting	*	adj	/ˈlɑːstɪŋ/	continuing to exist or have an effect for a long time	Oxfam's aim is a simple one: to work with others to find lasting solutions to poverty and suffering.
middle-class	*	adj	/ˈmɪd(ə)l klɑːs/	the social class that consists mostly of educated people who have professional jobs: can be followed by a singular or plural verb	It is possible, for example, that a middle-class speaker from the south of England will find it difficult to understand a working-class speaker from the north.
mud	**	n U	/mʌd/	very soft wet earth	Everyone is brown, because they cover themselves with dirt, mud or oil.
native speaker	*	n C	/ˈneɪtɪv ˌspiːkə(r)/	someone who has learnt a particular language from the time that they began to speak	Most English that you hear and see around the world is spoken or written by non-native speakers.
newsreader		n C	/ˈnjuːzˌriːdə(r)/	someone whose job is to read the news on television or radio	If you listen to Standard English (the language that TV newsreaders use, for example) in Britain or the US, there are no problems of understanding at all.
ocean	**	n C	/ˈəʊʃ(ə)n/	one of the large areas of salt water that cover most of the Earth	Amelia Earhart was the first woman to fly over the Atlantic Ocean.
onion	**	n C	/ˈɒnjən/	a round vegetable with thin dry skin and many layers inside that tastes and smells very strong	He put the chopped onions in the pan.
opera	**	n C / U	/ˈɒp(ə)rə/	a type of play performed by singers and an orchestra	The summer festival in Verona is for music lovers. They like opera.
politician	***	n C	/ˌpɒləˈtɪʃ(ə)n/	someone who has a job in politics, especially a Member of Parliament	Politicians will find solutions to the world's problems.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
property	***	n U	/ˈprɒpə(r)ti/	things, especially valuable things, that are owned by someone	The world is changing and English is no longer the property of the British, Americans or Australians.
respond	***	v	/rɪˈspɒnd/	to react to something by taking a particular course of action	Oxfam responds to emergencies, providing food and shelter for people who have lost their homes in floods, hurricanes and war.
rhinoceros		n C	/raɪˈnɒs(ə)rəs/	a large animal with very thick grey skin and one or two horns on its nose	Who will save the Javan rhinoceros?
sail	**	v	/seɪl/	to travel somewhere by boat or ship	How long does it take to sail across the lake?
sailing		n U	/ˈseɪlɪŋ/	the sport or activity of travelling across water in a sailing boat	He set new world records for sailing.
sailor	*	n C	/ˈseɪlə(r)/	someone who works on a boat or ship	As a sailor, he set a record for sailing around the world.
soca		n U	/ˈsəʊkə/	a style of music from Trinidad and Tobago	Soca is a kind of music which is played at carnival time.
social class		n C	/ˈsəʊʃ(ə)l klɑːs/	one of the groups into which people in a society are divided according to their family background, education, job, or income	These different dialects and accents depend on people's social class and the geographical area where they live.
solo	*	adj / adv	/ˈsəʊləʊ/	done by one person alone, without any help	Steve Fossett flew solo in a balloon around the world.
solution	***	n C	/səˈluːʃ(ə)n/	a way to solve a problem or to deal with a bad situation	We should find solutions to our own problems before we try to help the rest of the world.
solve	***	v	/sɒlv/	to find a solution to something that is causing difficulties	It is the job of the United Nations (not national governments) to solve the world's problems.
speed	***	n C / U	/spiːd/	the rate at which someone or something moves	It's impossible to fly faster than the speed of light.
steel	**	n U	/stiːl/	a strong metal made from a mixture of iron and carbon	We finally decided to join it behind another huge float with a steel band.
suffering	*	n C / U	/ˈsʌfərɪŋ/	mental or physical pain or problems	Oxfam responds to emergencies, providing food and shelter for people who are suffering and have lost their homes in floods, hurricanes and war.
virus	***	n C	/ˈvaɪrəs/	a simple living thing that is smaller than bacteria and that can enter your body and make you ill	Researchers find new flu virus.
wage	***	n C	/weɪdʒ/	an amount of money that you earn for working, usually according to how many hours or days you work each week or month	European Parliament to vote on minimum wage.
wealthy	**	adj	/ˈwelθi/	a wealthy person, organization, or country is one that has a large amount of money, land, and other valuable things	In the same way, a wealthy Californian may not understand a working-class New Yorker.

Word	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
working-class	*	adj	/ˈwɜː(r)kɪŋ klɑːs/	the social class that consists of people who do not have much money, education, or power and who work mainly in manual jobs (=jobs that involve physical work): can be followed by a singular or plural verb	It is possible, for example, that a middle-class speaker from the south of England will find it difficult to understand a working-class speaker from the north.